

SUTTER YUBA MENTAL HEALTH SERVICE

# Resource Listing: Sutter County

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Prevent & Early Intervention Team Project

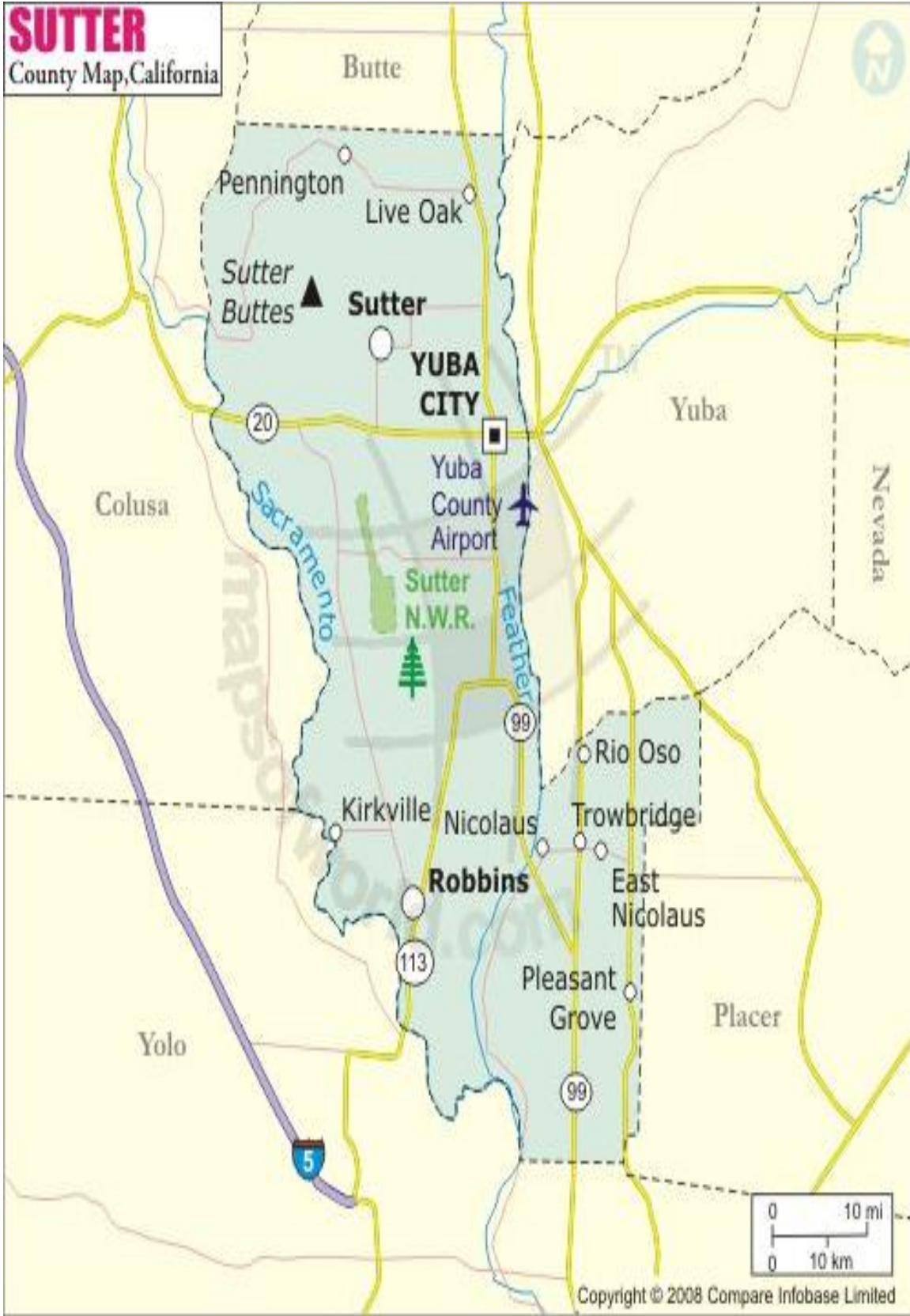
2/22/2011



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## **Emergency Services & Additional Resources**

### **Mental Health**

Mental Health Services	822-7200
Toll Free	1-888-923-3800
Children's Services	822-7513
Suicide Prevention/Psychiatric Emergency	673-8255
Mental Health America Yuba Sutter	822-7178
Patient Rights Advocate	632-3202

### **Substance Abuse**

Options for Change	822-7200
First Steps Prenatal Drug Program	822-7263
Alcoholics Anonymous	673-9380
Narcotics Anonymous	877-6361
Al Anon Family Group	673-9380
Nar-Anon Family Group	877-6361
Pathways	674-4530
Teen Hotline	1-800-852-8336

### **Medical Care**

Sutter County Medical Clinic	822-7240
Peach Tree Clinic (Yuba County)	749-3242

### **Housing, Employment & Other Assistance**

Yuba Co. Dept. of Social Services	749-6311
One Stop Yuba Co.	741-6213
Yuba Co RCC (Job Training)	749-4850
Salvation Army Family Services	216-4530
Twin Cities Rescue Mission	743-8777
The Depot	216-4530 ext 4559

### **Domestic Violence & Sexual Assault Services**

Casa de Esperanza	674-5400
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### **Suicide Prevention Hotline**

Yellow Ribbon Lifeline	1-800-273-8255 or 1-800-784-2433
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## Educational Entities

### List of school districts in [Sutter County, California](#)

- [Brittan Elementary School District](#)

#### **Brittan Elementary School**

brittan.k12.ca.us  
(530) 822-5155  
2340 Pepper St  
Sutter, CA

- [Browns Elementary School District](#)

#### **Browns Elementary School District**

1248 Pacific Ave  
Rio Oso, CA 95674  
**(530) 633-252**

- [East Nicolaus Joint Union High School District](#)

www.eastnicolaus.k12.ca.us  
(530) 656-2255  
2454 **Nicolaus** Ave  
Trowbridge, CA

- [Franklin Elementary School District](#)

(530) 822-5151  
332 N Township Rd  
Yuba City, CA

- [Live Oak Unified School District](#)

2201 Pennington Road,  
**Live Oak, CA** 95953  
Phone (530) 695-5400  
Fax (530) 695-5403 ...  
[www.lousd.k12.ca.us](http://www.lousd.k12.ca.us)

- [Marcum-Illinois Union Elementary School District](#)

El Centro Blvd  
East Nicolaus, CA 95659 Sutter  
(530) 656-2407 - 2452

- [Meridian Elementary School District](#)

15898 Central St  
**Meridian, CA**  
(530) 696-2604

- [Nuestro Elementary School District](#)

3934 Broadway Rd  
Live Oak, CA 95953 Sutter  
(530) 822-5100

- [Pleasant Grove Joint Union Elementary School District](#)

3075 Howsley Rd  
Pleasant Grove, CA 95668 Sutter  
(916) 655-3235

- [Sutter Union High School District](#)

sutterhigh.k12.ca.us  
2665 Acacia Ave, **Sutter**, CA  
**(530) 822-5161**

- [Winship-Robbins Elementary School District](#)

4305 South Meridian Rd  
Meridian , CA 95957 Sutter County  
(530) 696-2451

- [Yuba City Unified School District](#)

750 Palora Avenue,  
**Yuba City, California** 95991  
Phone: (530) 822-5200  
[www.ycusd.k12.ca.us](http://www.ycusd.k12.ca.us)

**Adventist Christian School**



A K-8 Seventh Day Elementary School Since  
1915

**(530) 673-7645** [Web Site](#) [Yellow Page Ad](#)  
[More Info](#)

369 Harding Rd  
Yuba City, CA [Map](#)

[Yuba Community College College District Marysville, California](#)

Miriam M. Root  
Public Information Officer  
Director Community Ed/Campus Life  
[mroot@yccd.edu](mailto:mroot@yccd.edu)  
2088 North Beale Rd  
Marysville CA 95901  
Phone (530) 741-6726 Fax (530) 749-3884

## Early Childhood and School-Age Programs

### Full Day Programs:

<p><b>Browns Elementary Preschool</b> Center-based program Ages 2 - 5 yrs. Full and part-time care (530) 633-2523</p>	<p><b>Kidz Town Preschool</b> Center-based program Ages 2 yrs. - 6 yrs. Full and part-time care (530) 673-5821</p>
<p><b>Creative Kids</b> Center-based program Ages 0 - 12 yrs. Full and part-time care (530) 751-0678</p>	<p><b>Little Rascals Preschool</b> Center-based program Ages 2 yrs. - 10 yrs. Full and part-time care (530) 673-5731</p>
<p><b>E Center Head Start Programs</b> Center-based program Ages 3 yrs. – 5 yrs. <i>Eligibility based on income</i> (530) 741-2995</p>	<p><b>Mother's House Preschool</b> Center-based program Ages 2 yrs. - 5 yrs. Full and part-time care (530) 822-5421</p>
<p><b>Fusion Preschool Academy</b> Center-based program Ages 0 yrs. - 5 yrs. Full and part-time care (530) 674-7595</p>	<p><b>Mother Goose Nursery School</b> Center-based program Ages 2 yrs. 6 mos. - 6 yrs. Full and part-time care (530) 674-3644</p>
<p><b>Grace Christian Preschool</b> Center-based program Ages 2 yrs. 6 mos. - 5 yrs. Full and part-time care (530) 674-7210</p>	<p><b>New Adventures Preschool</b> Center-based program Ages 2 yrs. - 5 yrs. Full and part-time care (530) 822-5421</p>
<p><b>Guru Ram Das Khalsa Preschool</b> Center-based program Ages 2 yrs. - 5 yrs. Full and part-time care (530) 755-9845</p>	<p><b>Noah's Ark Preschool</b> Center-based program Ages 2 yrs. - 12 yrs. Full and part-time care (530) 674-5464</p>
<p><b>Holy Angels Preschool</b> Center-based program Ages 3 yrs. - 5 yrs. Full and part-time care (530) 673-4200</p>	<p><b>Yuba Sutter Rainbow Montessori</b> Center-based program Ages 2 yrs. 6 mos. - 6 yrs. Full and part-time care (530) 673-1330</p>

<p><b>YCUSD Bernard Drive Children's Center</b> Center-based program Ages 18mo.- 5 yrs. (530) 822-5235</p>	<p><b>YCUSD Mahal Children's Center</b> Center-based program Ages 2yrs.9mo.-5 yrs. (530) 821-2202</p>
<p><b>YCUSD April Lane Children's Center</b> Center-based program Ages 2yrs.9mo.-5 yrs. (530) 822-5235</p>	

**Part-Day Programs:**

<p><b>Good Shepherd Nursery School</b> Center-based program Ages 2 yrs. 9 mos. - 5 yrs. MW &amp; TTH, A.M and TWTH, PM (530) 673-5858</p>	<p><b>Joyful Noise Nursery School</b> Center-based program Ages 3 yrs. - 5 yrs. MWF, A.M. and P.M. (530) 673-4808</p>
<p><b>Jack and Jill Playschool</b> Center-based program Ages 3 yrs. - 5 yrs. Parent participation program (530) 673-5539</p>	<p><b>YCUSD Park Avenue</b> Prekindergarten Ages 3 yrs. – 4 yrs M-F, A.M. and P.M. (530) 822-5235</p>
<p><b>YCUSD State Preschools (April Lane, Bernard, Bridge, King)</b> Center-based program Ages 3 yrs. – 4 yrs (530) 822-5235</p>	<p><b>YCUSD State Preschools (Andros Karperos, Lincoln, Mahal Part Day)</b> Center-based program Ages 3 yrs. – 4 yrs (530) 821-2202</p>

**School-Age Programs:**

<p><b>Basic &amp; Beyond</b> Center-based program Grades 5 – 12 yrs. Full and part-time care (530) 674-3644</p>	<p><b>Twin Cities Martial Arts Academy</b> Center-based program Ages 5 yrs. - 12 yrs. Part-time care (530) 673-2559</p>
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<p><b>Kidz Time</b>  Center-based program  Ages 2 – 15 yrs.  Full and part-time care  (530) 671-2255</p>	
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**FAITH COMMUNITY**

	<p><b><u><a href="#">Project Relief Ministries</a></u></b>  Helping The Children &amp; Elderly Of Native Americans  <b>(888) 835-9496</b> <a href="#">Web Site</a> <a href="#">More Info</a></p>	<p>Serving Yuba City, CA</p>
	<p><b><u><a href="#">Crossroads Community Church</a></u></b>  Saturday At 7 pm &amp; Sunday At 10 am  <b>(530) 751-9168</b> <a href="#">Web Site</a></p>	<p>445 B St  <b>Yuba City, CA</b> <a href="#">Map</a></p>
	<p><b><u><a href="#">Laguna Family Fellowship</a></u></b>  Celebrating Life in God's Family.  <b>(916) 685-5700</b> <a href="#">Yellow Page Ad</a></p>	<p>PO Box 2310  <b>Elk Grove, CA</b> <a href="#">Map</a></p>



**Light Of The Valley**

A Congregation Of The Lutheran Church

(916) 691-3568 [Yellow Page Ad](#)

9270 Bruceville Rd  
Elk Grove, CA [Map](#)



**Church Of The Nazarene Yuba City**

" A Church For People Like You"  
(530) 671-1130 [Web Site](#) [More Info](#)

600 N George Washington Blvd  
Yuba City, CA [Map](#)

**First United Methodist Church**

Traditional Worship 8:30AM-  
Christian Education  
(530) 673-5858 [Web Site](#) [More Info](#)

3101 Colusa Hwy  
Yuba City, CA [Map](#)



**St. Andrew Presbyterian Church**

Visit Our Website Or Call For More Information  
(530) 673-7353 [Web Site](#) [More Info](#)

1390 Franklin Rd  
Yuba City, CA [Map](#)

**Free Grace Baptist Church**

Preaching The Gospel Of The Sovereign Grace Of God  
(530) 742-7490 [Web Site](#) [More Info](#)

PO Box 1884  
Yuba City, CA [Map](#)

**Gray Ave Christian Church**

Press On Toward The Goal  
(530) 674-5084 [Web Site](#) [More Info](#)

1524 Gray Ave  
Yuba City, CA [Map](#)

**Truth Tabernacle**

Christ Centered Bible Study  
(530) 742-7761 [More Info](#)

5206 Tulip Rd  
Marysville, CA [Map](#)

**Word-A-Live Family Church**

Pastors Mike & Sandra Chipchase-  
(530) 432-9155 [Web Site](#) [More Info](#)

10532 Spenceville Rd  
Penn Valley, CA [Map](#)

**Sutter Community Church**

Discover Authentic Friendships  
(530) 755-0408 [More Info](#)

2900 Acacia Ave  
Sutter, CA [Map](#)

**Emmanuel Faith Tabernacle**

5286 Feather River Bl

<p>Sun School 9:45 A.M. * Morning Workshop 10:45 A.M. <b>(530) 743-8555</b></p> <p><b><u><a href="#">First Lutheran Church-LCMS</a></u></b> Contemporary and Traditional Services <b>(530) 673-8894</b> <a href="#">Web Site</a></p> <p><b><u><a href="#">Calvary Temple Assembly Of God</a></u></b> <b>(530) 673-1572</b> <a href="#">Yellow Page Ad</a> <a href="#">More Info</a></p>	<p><b>Linda, CA</b> <a href="#">Map</a></p> <hr/> <p>850 Cooper Ave <b>Yuba City, CA</b> <a href="#">Map</a></p> <hr/> <p>2620 Colusa Hwy <b>Yuba City, CA</b> <a href="#">Map</a></p>
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<p><b><u><a href="#">Christ Temple Community Church</a></u></b> <b>(530) 674-8122</b> <a href="#">See reviews on Yahoo! Local</a></p> <p><b><u><a href="#">Church Of Jesus Christ Of Lds</a></u></b> <b>(530) 673-6180</b> <a href="#">See reviews on Yahoo! Local</a></p> <p><b><u><a href="#">Church Of The Living God</a></u></b> <b>(530) 671-2596</b> <a href="#">See reviews on Yahoo! Local</a></p> <p><b><u><a href="#">Church On The Move</a></u></b> <b>(530) 755-4688</b> <a href="#">See reviews on Yahoo! Local</a></p> <p><b><u><a href="#">Cooper Avenue Baptist Church</a></u></b> <b>(530) 673-9278</b> <a href="#">See reviews on Yahoo! Local</a></p> <p><b><u><a href="#">Cornerstone Church-Yuba City</a></u></b> <b>(530) 674-3087</b> <a href="#">See reviews on Yahoo! Local</a></p> <p><b><u><a href="#">Crossroads Community Church</a></u></b> <b>(530) 751-9168</b> <a href="#">See reviews on Yahoo! Local</a></p> <p><b><u><a href="#">De Alabanza Temple</a></u></b> <b>(530) 870-8907</b></p> <p><b><u><a href="#">Faith Tabernacle</a></u></b> <b>(530) 671-1655</b> <a href="#">See reviews on Yahoo! Local</a></p> <p><b><u><a href="#">Fellowship Center</a></u></b> <b>(530) 674-3740</b> <a href="#">See reviews on Yahoo! Local</a></p> <p><b><u><a href="#">First Baptist Church-Yuba City</a></u></b> <b>(530) 671-1750</b> <a href="#">See reviews on Yahoo! Local</a></p>	<p>2181 Live Oak Blvd <b>Yuba City, CA</b> <a href="#">Map</a></p> <p>520 Clark Ave <b>Yuba City, CA</b> <a href="#">Map</a></p> <p>242 Percy Ave <b>Yuba City, CA</b> <a href="#">Map</a></p> <p>398 Aylor Ave <b>Yuba City, CA</b> <a href="#">Map</a></p> <p>804 Cooper Ave <b>Yuba City, CA</b> <a href="#">Map</a></p> <p>700 Washington Ave <b>Yuba City, CA</b> <a href="#">Map</a></p> <p>445 B St <b>Yuba City, CA</b> <a href="#">Map</a></p> <p>725 Orange St <b>Yuba City, CA</b> <a href="#">Map</a></p> <p>760 Spiva Ave <b>Yuba City, CA</b> <a href="#">Map</a></p> <p>303 Garden Hwy <b>Yuba City, CA</b> <a href="#">Map</a></p> <p>916 Plumas St <b>Yuba City, CA</b> <a href="#">Map</a></p>
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<a href="#"><u>First Church Of Christ Scntst</u></a> <b>(530) 673-1712</b> <a href="#">See reviews on Yahoo! Local</a>	535 Brown Ave <b>Yuba City, CA</b> <a href="#">Map</a>
<a href="#"><u>First Lutheran Church</u></a> <b>(530) 673-8894</b> <a href="#">See reviews on Yahoo! Local</a>	850 Cooper Ave <b>Yuba City, CA</b> <a href="#">Map</a>
<a href="#"><u>First Reformed Church</u></a> <b>(530) 755-2272</b> <a href="#">See reviews on Yahoo! Local</a>	9882 Garden Hwy <b>Yuba City, CA</b> <a href="#">Map</a>
<a href="#"><u>Fusion Christian Fellowship</u></a> <b>(530) 821-2224</b> <a href="#">See reviews on Yahoo! Local</a>	467 Garden Hwy <b>Yuba City, CA</b> <a href="#">Map</a>

[St Isidore's Catholic Church](#) **(530) 673-1573** 222 Clark Ave, Yuba City, CA

**Embassy of Heaven Church Group**

[Hope Point Nazarene Church](#)

www.ycnaz.org  
 (530) 671-1130

- [600 N George Washington Blvd, Yuba City, CA](#)

[Fusion Christian Fellowship](#)

www.fusioncf.org  
 (530) 821-2224

- [1242 Bridge St, Yuba City, CA](#)

[Church of Glad Tidings](#)

churchofgladtidings.com  
 (530) 671-3160

- [1179 Eager Rd, Live Oak, CA](#)

**Family Resource Centers  
 Sutter County**

Family Soup  
 1650 Sierra Ave  
 Suite 106 Yuba City, CA 95993  
 Phone: (530) 751-1925

Hands Of Hope Resources For Homeless Families  
 909 Spiva Ave  
 Yuba City CA 95991-4326

Phone: (530) 755-3491

<http://www.ychandsofhope.org/ContactUs.html>

## **Employment Entities**

One Stops – Each County

### **Sutter County One-Stop**

256 Wilbur Avenue

Yuba City, CA 95991

**Tel:** 530-822-5120

**Fax:** 530-822-5139

**TTY:** 530-822-5104

#### **Mailing Address:**

Sutter County One-Stop

P.O. Box F

Yuba City, CA 95992

### **Tribal TANF**



### **Friday Night Live**

301 4th Street Suite A

Marysville, Ca 95901

Phone Number:

(530) 742-5483

Email Address:

[live@fridaynightlive.com](mailto:live@fridaynightlive.com)

Website Address:

[www.fridaynightlive.com/](http://www.fridaynightlive.com/)

### **Veterans**

Listed below are four PTSD Support Groups that meet in our area:

Veteran PTSD Support Group Wends nights 7:00 p.m. Veterans Building Yuba City

chaired by David Schaffer LCSW from Chico Vet Center (530) 899-8549

Veteran Spouse PTSD Support Group one Wends night per month 7:00 p.m.  
Veterans  
Building Yuba City

Point Man Christian based Veteran PTSD Support Group Tues. nights 7:00 p.m.  
Veterans  
Building Yuba City

Operation R.E.C.O.N. Calvary Christian Center starting in the summer of 2009  
(530) 673-6035

Marvin D. King Jr.  
Yuba-Sutter  
Veteran Service Officer  
1114 Yuba Street  
Suite 150 Box 7  
Marysville, CA 95901  
(530) 749-4967

## **Resources for Disabled or Disability Services**

FREED Center for Independent Living  
508 J Street  
Marysville, CA 95901  
(530) 742-4474, V/TTY  
(530) 742-4476  
[www.freed.org](http://www.freed.org)

### **Foster Care Agency's**

Environmental Alternatives  
Melody Vance- Executive Director  
530-518-1889

Children's Hope  
755-4990 or 846-4955  
Receptionist will direct call

Triad Family Services  
671-5542

New Millennium Foster Family Agency  
743-7106  
Elizabeth Mohorovich

Foster Care and Kinship Care Education-  
Pre- and ongoing licensing education  
Yuba Community College  
Call Leah Eneix  
530-741-6750

Post Adoption Support & Resources

Rebecca Buchmiller  
[rbuchmiller@sierraff.org](mailto:rbuchmiller@sierraff.org)  
1-800-268-2967

(also facilitates a support group for pre and post adoptive parents)

**Yuba-Sutter Foster Adoptive Parent Association**

Contact: Leah Eneix  
2785 Plute Rd  
Marysville, CA 95901  
Phone: 530-743-8437

Post Adoption Support & Resources

Donna Salisbury  
[dsalisbury@sierraff.org](mailto:dsalisbury@sierraff.org)  
1-800-268-2967

(also facilitates a support group for pre and post adoptive parents)

**Yuba-Sutter Foster Adoptive Parent Association**

Contact: Leah Eneix  
2785 Plute Rd  
Marysville, CA 95901  
Phone: 530-743-8437

Live Oak Information-

Lunch Bunch- (high school free lunch sponsored by Local churches)  
Contact- Cindy Langford 695-2206

Live Oak Community Resource Center/The Spot- Youth and Family Community  
Center Sponsored by Live Oak Assembly of God  
Contact- Sandy Hanaford 695-2100

Rotating Shelter Project  
<http://yubasutterfews.homestead.com/Index.html>  
Hands Of Hope  
(FEWS intake location)

909 Spiva Ave  
Yuba City, CA 95991-4326  
(530) 755-3491

Salvation Army

Salvation Army Family Services & Administration & Worship Cen  
401 Del Norte Ave Yuba City, CA 95991-4113  
Local: (530) 671-7283  
[www.salvationarmyusa.org](http://www.salvationarmyusa.org)  
Cold Weather Shelter Project  
The Depot

The Mission

**Twin City Rescue Mission**

local.yahoo.com  
(530) 743-8777  
940 14th St  
**Marysville, CA**  
[http://www.donatenorthvalley.com/index\\_files/Page519.htm](http://www.donatenorthvalley.com/index_files/Page519.htm)

**A Hand Up Ministry Rbc**

local.yahoo.com  
(530) 671-1260

- [1297 Market St, #B, Yuba City, CA](#)

**Ethnic Services**

Hmong Alliance

**NONPROFIT SERVICE-BASED ORGANIZATIONS**

Hmong American Association  
1559 North Beale Road  
Marysville, CA 95901  
Phone: (530) 743-5849

Hmong Women's Heritage  
2251 Florin Road, Suite 104  
Sacramento, CA 95822  
Phone: (916) 394-1405  
Fax: (916) 392-9326

\*This is a very influential group in the region and a great resource for information

Hmong Cultural Center of Butte County  
1640 Lincoln Street  
Oroville, CA 95965  
(530) 534-7474

FAITH-BASED ORGANIZATIONS  
Marysville Hmong Alliance Church  
627 B Street  
Marysville, CA 95901  
530-755-3529

Marysville Hmong Ministry (Marysville First United Methodist Church)  
XF. Wang Pao Thao  
730 David St.  
Marysville, CA 95901  
Cell: 916-801-9186  
Home: 530-743-4807; Church: 530-743-3007

T. Txwjlaug - Chong Kao Thao  
1752 Josephine Way  
Yuba City, CA 95993  
Phone: 530-755-2547  
Oroville Hmong Ministry

XF. Txawj Kuam Yaaj  
108 Nelson St.  
Oroville, CA 95965

EVENTS  
November - Hmong New Year Festival  
Yuba-Sutter Fairgrounds

#### MEDIA

Radio – KZFR 90.1 FM

<http://www.kzfr.org/>

\*Carries several hours of Hmong programming on the weekends

#### **List of Community Entities for East Indian PEI Outreach:**

##### **American Punjabi Cultural Incorporation**

**Contact:** Joginder Singh Pardesi, President and host of local Punjabi  
Television Program and Active Community Member

**Address:** 1492 Franklin Road  
Yuba City, CA 95993

**Email:** [americanpunjabiculturalinc@yahoo.com](mailto:americanpunjabiculturalinc@yahoo.com)

**Phone Number:** 674-0376 or 713-2050

### **City Council**

**Contact:** Tejinder Maan

**Address:** 1201 Civic Center Blvd.  
Yuba City, CA 95993

**Email:** [councilfeedback@yubacity.net](mailto:councilfeedback@yubacity.net)

**Phone Number:** 822-4601

### **Counseling Services**

**Contact:** Jasvinder Gill, MS, MFT

**Address:** 1110 Civic Center Blvd., Ste. 202a  
Yuba City, CA 95993

**Phone Number:** 821-0236

### **Del Norte Clinic Richland Family Health Center**

**Contact:** BJ, Dr. Hari Goyal

**Address:** 334 Samuel Drive  
Yuba City, CA 95991

**Phone Number:** 674-9200

**Fax Number:** 674-5667

### **Mahal Plaza**

**Contact:** Jaswinder Sandhu, Jaspreet Clar & Narinder Kaur-Roye, Mahal  
Children's Center

**Address:** 1719 Franklin Road  
Yuba City, CA 95993

**Email:** jaswinder.sandhu@chdcorp.org

**Phone Number:** 671-6810, Mahal Children's Center-821-2202

**Fax Number:** 671-7506

### **Mayor**

**Contact:** John Dukes

**Address:** 1201 Civic Center Blvd  
Yuba City, CA 95993

**Email:** councilfeedback@yubacity.net

**Phone Number:** 822-4601

### **Migrant Education**

**Contact:** Sukhi Kang, Juvencio Chavez, and Maria

**Address:** 1670 Sierra Avenue, Suite 602  
Yuba City, CA 95993

**Email:** [skang@bcoe.org](mailto:skang@bcoe.org), [jchavez@bcoe.org](mailto:jchavez@bcoe.org), marvizu@bcoe.org

**Phone Number:** 822-3270 extension 11

**Fax Number:** 671-5947

### **Pathways**

**Contact:** Gulam Masih (DUI Program and Substance Abuse Early  
Intervention

Treatment Services in Punjabi), Gordon Duncan

**Address:** 430 Teegarden Avenue  
Yuba City, CA 95991

**Email:** [gulammasih@hotmail.net](mailto:gulammasih@hotmail.net)

**Phone Number:** 673-6035, 671-7748, 300-4380

### **Pediatricians**

1.     **Contact:** Dr. Pushpa Raman  
  
          **Address:** 480 Plumas Street  
                    Yuba City, CA 95991  
  
          **Phone Number:** 749-3530
  
2.     **Contact:** Dr. Tajinder Singh Ghuman  
  
          **Address:** 481 Plumas Street  
                    Yuba City, CA 95991  
  
          **Phone Number:** 674-1400
  
3.     **Contact:** Dr. Sumit Johl  
  
          **Address:** 887 Plumas Street  
                    Yuba City, CA 95991  
  
          **Phone Number:** 674-5396

### **Physicians**

1.     **Contact:** Dr. Maninderjit Atwal  
  
          **Speciality:** Gynecology  
  
          **Address:** 969 Plumas Street, Suite 103  
                    Yuba City, CA 95991  
  
          **Phone Number:** 749-3585
  
2.     **Contact:** Dr. Narinder Bajwa  
  
          **Speciality:** Cardiology

**Address:** 481 Plumas Street, Suite 201  
Yuba City, CA 95991

**Phone Number:** 674-2851

3. **Contact:** Dr. Narinder Basra

**Speciality:** Internal Medicine

**Address:** 870 Shasta Street  
Yuba City, CA 95991

**Phone Number:** 674-4103

4. **Contact:** Dr. Gurmail Brar (Sutter North Medical Foundation)

**Speciality:** Family Practice

**Address:** 460 Plumas Street  
Yuba City, CA 95991

**Phone Number:** 749-3370

5. **Contact:** Dr. Rupinder Brar

**Speciality:** Cardiology

**Address:** 969 Plumas Street, Suite 200  
Yuba City, CA 95991

**Phone Number:** 674-2851

6. **Contact:** Dr. Rajpreet Dhesi

**Speciality:** Rehabilitation

**Address:** 481 Plumas Street  
Yuba City, CA 95991

**Phone Number:** 674-2434

7. **Contact:** Dr. Davinder Dhillon

**Speciality:** Critical Care Medicine, Pulmonary, Sleep Medicine

**Address:** 1162 Live Oak Blvd

Yuba City, CA 95991

**Phone Number:** 743-5428

8. **Contact:** Dr. Ajaipal Gill

**Speciality:** Pulmonary, Sleep Medicine

**Address:** 414 G Street  
Marysville, CA 95901

**Phone Number:** 749-9270

9. **Contact:** Dr. Hari Goyal (Del Norte Family Health Center)

**Speciality:** Family Practice

**Address:** 935A Market Street  
Yuba City, CA 95991

**Phone Number:** 673-9420

**Fax Number:** 673-9451

10. **Contact:** Dr. Karanbir Grewal

**Speciality:** Cardiologist

**Address:** 481 Plumas Street  
Yuba City, CA 95991

**Phone Number:** 674-2851

11. **Contact:** Dr. Madhu Jodhani

**Speciality:** Hematology, Oncology

**Address:** 481 Plumas Street, Suite 102  
Yuba City, CA 95991

**Phone Number:** 671-3175

12. **Contact:** Dr. Harpreet Johl

**Speciality:** Family Practice

**Address:** 6000 Lindhurst Avenue, Suite 601A  
Marysville, CA 95901

**Phone Number:** 749-3242

13. **Contact:** Dr. Jasbir Kang

**Speciality:** Internal Medicine

**Address:** 481 Plumas Street, Suite 104  
Yuba City, CA 95991

**Phone Number:** 674-2434

14. **Contact:** Dr. Balwinder Malhi

**Speciality:** Internal Medicine

**Address:** 901 Plumas Street  
Yuba City, CA 95991

**Phone Number:** 674-2800

15. **Contact:** Dr. Jagraj Nijjar

**Speciality:** Internal Medicine, Infectious Disease

**Address:** 970 Plumas Street  
Yuba City, CA 95991

**Phone Number:** 674-9675 or 674-9737

16. **Contact:** Dr. Arjinderpal Sekhon

**Speciality:** Internal Medicine, Pulmonology

**Address:** 1085 Gray Avenue  
Yuba City, CA 95991

**Phone Number:** 790-4000

**Punjabi American Heritage Society**

**Contact:** Ravie or Bhajan Aujla or Rani Rai

**Address:** P.O. Box 621  
Yuba City, CA 95992

**Email:** [rkalkat@ventanagroup.com](mailto:rkalkat@ventanagroup.com), bhajanaujla@gmail.com,  
[Punjabiamerican@gmail.com](mailto:Punjabiamerican@gmail.com), ranikrai@hotmail.com

**Phone Number:** Ravie or Bhajan @ 674-2434, Rani Rai at 822-7338 ext.  
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### **Punjabi American Youth Club of Yuba City High School**

**Contact:** Kim Webb, Activities Director

**Address:** 850 B Street  
Yuba City, CA 95991

**Email:** [kwebb@ycusd.k12.ca.us](mailto:kwebb@ycusd.k12.ca.us)

**Phone Number:** 674-4939

### **Schools**

#### **1. April Lane School**

**Contact:** Raquel Huizar, Harpreet Kaur (Child Development Program)

**Address:** 800 April Lane  
Yuba City, CA 95991

**Phone Number:** 822-5235

#### **2. Andros Karperos Middle School**

**Contact:** Harjinder Bassi (ext. 2054), Jasminder Johl (ext. 2005), Sabraj Singh  
(ext. 2065), Palwinder Mann (ext. 3003), Child Development  
Program  
Staff Narinder Kaur-Roye, Cindy Gill

**Address:** 1666 Camino De Flores  
Yuba City, CA 95993

**Email:** [hbassi@ycusd.k12.ca.us](mailto:hbassi@ycusd.k12.ca.us), [cgill@ycusd.k12.ca.us](mailto:cgill@ycusd.k12.ca.us)

**Phone Number:** 822-4440, Narinder Kaur-Roye's Phone Number is 821-2202

**Fax Number:** 671-5356

### 3. Barry Elementary School

**Contact:** Rajveer Bains (ext. 120), Paul Basi (ext. 111), Gurdish Dhugga (ext. 127), Bhagwant Hothi (ext. 103), Harjit Johl, Counselor (124), Joginder Sekhon (Migrant Education)

**Address:** 1255 Barry Road  
Yuba City, CA 95991

**Email:** [rkbains@ycusd.k12.ca.us](mailto:rkbains@ycusd.k12.ca.us), [BHothi@ycusd.k12.ca.us](mailto:BHothi@ycusd.k12.ca.us), [GBasi@ycusd.k12.ca.us](mailto:GBasi@ycusd.k12.ca.us), [hjohl@ycusd.k12.ca.us](mailto:hjohl@ycusd.k12.ca.us), [GDhugga@ycusd.k12.ca.us](mailto:GDhugga@ycusd.k12.ca.us), [JSekhon@ycusd.k12.ca.us](mailto:JSekhon@ycusd.k12.ca.us)

**Phone Number:** 822-5220

**Fax Number:** 822-7262

### 4. Bridge Street School

**Contact:** Harpreet Phagura (ext. 125), Surjit Hayer (ext. 120), Harneel Dale, Counselor (ext. 107)

**Address:** 500 Bridge Street  
Yuba City, CA 95991

**Email:** [hphagura@ycusd.k12.ca.us](mailto:hphagura@ycusd.k12.ca.us), [shayer@ycusd.k12.ca.us](mailto:shayer@ycusd.k12.ca.us), [hdale@ycusd.k12.ca.us](mailto:hdale@ycusd.k12.ca.us)

**Phone Number:** 822-5225

### 5. Butte Vista School

**Contact:** Jaswinder Peterson, Principal (ext. 1102), Prabhjot Johl (ext. 1202), Bakhsh Bachra (ext. 1208), Jas Bains, Psychologist (ext. 3009), Sam Sidhu, Speech Pathologist (ext. 1103)

**Address:** 2195 Blevin Road

Yuba City, CA 95993

**Email:** [jpeterston@ycusd.k12.ca.us](mailto:jpeterston@ycusd.k12.ca.us), [pjoh@ycusd.k12.ca.us](mailto:pjoh@ycusd.k12.ca.us),  
[bbachra@ycusd.k12.ca.us](mailto:bbachra@ycusd.k12.ca.us), [jbains@ycusd.k12.ca.us](mailto:jbains@ycusd.k12.ca.us),  
[ssidhu@ycusd.k12.ca.us](mailto:ssidhu@ycusd.k12.ca.us)

**Phone Number:** 822-5034

## 6. Central Gaither School

**Contact:** Joginder Sekhon

**Address:** 8403 Bailey Road  
Yuba City, CA 95993

**Email:** JSekhon@ycusd.k12.ca.us

**Phone Number:** 822-5230

**Fax Number:** 822-5004

## 7. Gray Avenue School

**Contact:** Tejinder Grewal, ELD (Reading)/Teen Living, Harminder Gill,  
Ruby

Gill, Jaspal Dulay, Harneel Dale, Inderjit Rai (ext. 1013)

**Address:** 808 Gray Avenue  
Yuba City, CA 95991

**Email:** irai@ycusd.k12.ca.us

**Phone Number:** 822-5240

## 8. King Avenue School

**Contact:** Rushpal Bains (ext. 123), Joginder Sekhon

**Address:** 630 King Avenue  
Yuba City, CA 95991

**Email:** [RBains@ycusd.k12.ca.us](mailto:RBains@ycusd.k12.ca.us), JSekhon@ycusd.k12.ca.us

**Phone Number:** 822-5250

## 9. Park Avenue School

**Contact:** Ginder Chima (ext. 717), Gurjit Grewal (ext. 705)

**Address:** 100 Morton Street  
Yuba City, CA 95991

**Email:** [gchima@ycusd.k12.ca.us](mailto:gchima@ycusd.k12.ca.us), [ggrewal@ycusd.k12.ca.us](mailto:ggrewal@ycusd.k12.ca.us)

**Phone Number:** 822-5265

## 10. RiverBend Elementary School

**Contact:** Jevan Bains, Assistant Principal (3105), Mrs. Biring (ext. 3107),  
Satjit  
Dhami (ext. 1117), Monica Atwal (ext. 1118), Sabraj Singh (ext.  
1130)

**Address:** 301 Stewart Road  
Yuba City, CA 95991

**Email:** [jsbains@ycusd.k12.ca.us](mailto:jsbains@ycusd.k12.ca.us), [mbiring@ycusd.k12.ca.us](mailto:mbiring@ycusd.k12.ca.us)

**Phone Number:** 822-3100

**Fax Number:** 822-3140

## 11. River Valley High School

**Contact:** Lata Bains, Bhupinder Thakhar (Cafeteria Staff), Inderjit Bajwa  
(Foreign Language), Gurinder Bains, Mukta Sharma, Lal Chima  
(ext.  
2530)

**Address:** 801 El Margarita Road  
Yuba City, CA 95993

**Email:** [lbains@ycusd.k12.ca.us](mailto:lbains@ycusd.k12.ca.us), [ibajwa@ycusd.k12.ca.us](mailto:ibajwa@ycusd.k12.ca.us),  
[gbains@ycusd.k12.ca.us](mailto:gbains@ycusd.k12.ca.us), [msharma@ycusd.k12.ca.us](mailto:msharma@ycusd.k12.ca.us),  
[lchima@ycusd.k12.ca.us](mailto:lchima@ycusd.k12.ca.us)

**Phone Number:** 822-2500, Lata Bains-822-2696

**Fax Number:** 822-2520

## 12. Yuba City High School

**Contact:** Jaswant Bains, Parent Liasion (ext. 4904), Harbajan Dheri (ext. 4622),

Program  
Amandeep Kandola, Counselor (ext. 4907), Mandip Virk, ELD  
(ext. 4630), Inderjit Bajwa (ext. 4663)

**Address:** 850 B Street  
Yuba City, CA 95991

**Email:** [jbains@ycusd.k12.ca.us](mailto:jbains@ycusd.k12.ca.us), [hdheri@ycusd.k12.ca.us](mailto:hdheri@ycusd.k12.ca.us),  
[akondola@ycusd.k12.ca.us](mailto:akondola@ycusd.k12.ca.us), [mvirk@ycusd.k12.ca.us](mailto:mvirik@ycusd.k12.ca.us),  
[ibajwa@ycusd.k12.ca.us](mailto:ibajwa@ycusd.k12.ca.us)

**Phone Number:** 674-4900

**Fax Number:** 671-7814

### **Sikh Temples**

1. **Contact:** Head Granthi Giani Gurdev S Khalsa or Balraj Dhillon, President

**Address:** 2468 Tierra Buena Road  
Yuba City, CA 95993

**Phone Number:** 673-9918 or 673-7944

2. **Contact:** Head Granthi Giani Kashmir Singh or Gian Johl, Board Member

**Address:** 2269 Bogue Road  
Yuba City, CA 95993

**Phone Number:** 671-9816 or 671-7237

3. **Contact:** Sohan Singh Cheema, President or Narinder S. Rai, Secretary

**Address:** 9939 P Street  
Live Oak, CA 95953

**Phone Number:** 695-8908 or 682-1023

### **Sutter County Health Department**

**Contact:** Daljinder Nagra or Amerjit Bhattal

**Address:** 1445 Circle Drive  
Yuba City, CA 95993

**Email:** [dnagra@co.sutter.ca.us](mailto:dnagra@co.sutter.ca.us) or [abhattal@co.sutter.ca.us](mailto:abhattal@co.sutter.ca.us)

**Phone Number:** 822-7240 or 822-7215

**Sutter County Library Literacy Program**

**Contact:** Tejinder Kaur or Mary Alice Shumate

**Address:** 750 Forbes Avenue  
Yuba City, CA 95991

**Phone Number:** 822-7272

**LGBT Resources**



Stonewall Alliance  
Sacramento Gay and Lesbian Center  
LGBT Support Group Holly Oak Complex

**Anger Management, Domestic Violence and Parenting Referral**

Sutter Co. Victim Witness	822-7345
Yuba County Victim Witness	741-6275
APL Counseling	741-3876

**24 HOUR CRISIS INTERVENTION**

Casa de Esperanza (domestic violence) 2040	674-
Psychiatric Emergency Line	673-8255
Yuba County <b>Adult Protective Services</b> 6471	749-
Yuba County <b>Child Protective Services</b> 6361	749-
24 Hour Line	749-6288
Sutter County <b>APS &amp; CPS</b>	822-7227

Youth Crisis Line 1-800-843-5200  
Child Abuse Care Line 1-800-422-4453

### DRUG & ALCOHOL OUTPATIENT

APL Counseling 741-3876  
FOR Families 749-6798  
Pathways 674-4530  
Options for Change 822-7200  
First Steps Women's 822-7263  
Salvation Army Depot 742-0867

### RESIDENTIAL LONG TERM

Feather River Men's Center 695-8006  
Pathways 742-6677  
Re-entry Office 885-4509  
(Men and Women or 216-7077

Salvation Army Depot  
Or 634-6061

Salvation Army Stockton (Men)  
1-209-466-3871

Salvation Army San Francisco (Women) & (Men)  
1-415-643-8000

Salvation Army Chico (Men's)  
342-2199 ex. 8108

Twin Rivers Crisis Center 751-8077  
The Well – Chico 343-1935

### TRANSITIONAL HOUSING

Re-entry Office 885-4509  
(Men and Women or 216-7077  
Buddy's House 674-1049  
(Men & Women) or 933-4156  
Victory Outreach 755-4040  
Winds of Change 354-1345

New Leaf Transitional Living\* 1254 High Street Auburn, CA 95603  
(530) 889-9195

*\*New Leaf can provide Yuba County Cal Works female clients transitional living after they leave Progress House. They would transfer their aid to Placer County, pay a portion of their cash grant for rent, and proceed to build a clean and sober life.*

**OPIATE DETOX**

A.E.G.I.S. 742-7747  
Addiction Treatment Services 749-8640  
Clean and Sober Detox - Fair Oaks  
(916)-965- DETOX (3386)  
D & A Detox – Orangevale  
(916)-364-7660  
Yuba Co. Health Dept. – Dr. Joe Cassady  
749-6781 and/or 682-8648

**SELF HELP**

NA Hotline (888) 423-3428  
AA & AI Anon Hotline 673-9380  
California Teratogen Information Services (Effects of drugs, infectious  
diseases & physical agents which may be harmful to fetus)  
1-800-532-3749  
Co-Dependency (Options) 822-7200  
(First Steps) or 822-7263  
A.C.T.S. 682-8772 and/or 742-7761  
Fathers First 682-8772

**PREVENTION**

Sutter-Yuba Mental Health 822-7200  
Substance Abuse Steering Coalition (Community Coalition)  
674-1885 ext. 109  
Friday Night Live 742-5483

**EMPLOYMENT**

Sutter Co. Cal Works 822-7133  
Yuba County One Stop 741-4218  
[Active Adults 55+](#) 822-5120  
[Yuba County Schools](#) 741-6213

[FREED - Foundation of Resources for Equality and Employment for the Disabled](#)  
(530) 742-4474

**COLUSA COUNTY**

Department of Behavioral Health  
& Alcohol/Drug Services 458-0520  
Counseling Center 458-0516  
Department of Health 458-0380  
Department of Social Services 458-0250



**Feather River Tribal Health**

**Phone Number:** (530) 751-8454

**Address:** 1231 Plumas Street Yuba City, CA 95991

Services include: medical, dental, and mental health

**Gridley Family Health Center**

**Phone Number:** (530) 846-9080 **Address:** 520 Kentucky Street Gridley, Ca

Services include: medical care, children's physicals, vasectomy, family planning, CHDP, immunizations, physicals for sports, school and DMV.

**Harmony Health Medical Clinic**

**Phone Number:** (530) 742-5049

**Address:** 1908 North Beale Rd. Suite D. Marysville, CA 95901

Harmony Health Medical Clinic, and Family Resource Center offers additional services.

**Live Oak Family Care Center**

**Phone Number:** (530) 695-0700.

**Address:** 9980 Live Oak Blvd Live Oak

Service provided: Community Clinic

**Marysville Immediate Care Clinic**

**Phone Number:** (530) 749-4556 **Address:** 710 4th Street Marysville, ca 95901

Service provided: urgent, but not life threatening, medical attention. No appointment needed, all patients are welcomed regardless of ability to pay. Medi-Cal and Medicare gladly accepted. Open 8 AM-12 Midnight

**Mobile Clinic (Del Norte Clinics Inc.)**

**Phone Number:** *Sorry, no phone number information available for this agency.*

**Address:** (530) 674-4261

Medical and Dental Services

**Mountain Health Associates**, (530) 755-0856

**Address:** 118 C St Marysville, CA 95901

Health services to Hmong clients

**Northern Sacramento Valley Rural Health Project**

**Phone Number:** (530) 743-4611

**Address:** 4941 Olivehurst Avenue, Olivehurst, CA 95961

Services include: outpatient medical care, nutritional counseling, and complete dental care. English, Spanish and Punjabi-speaking staff members are available. Referrals to specialists made if indicated.

**Oregon House Community Clinic**

**Phone Number:** *Sorry, no phone number information available for this agency.*

**Address:** *Sorry, no address information available for this agency.*

Services include: comprehensive medical care for men, women and children, CHDP exams, gynecological and family planning services, free breast screening and mammogram referrals, and all types of other medical care. Medi-CAL, Medicare and other insurance accepted.

**Oregon House Community Clinic**

**Phone Number:** *Sorry, no phone number information available for this agency.*

**Address:** 8676 Marysville Road Oregon House, Ca

Mon, Tue, Thu, Fri. 9AM to 2PM &  
Wed. 9AM to 5PM

Services include: Comprehensive medical care for men, women, and children. CHDP exams, gynecological and family planning services, free breast screening and mammogram referrals, and all types of other medical care. Medi-Cal, Medicare and other insurance accepted.

**Peach Tree Clinic**

**Phone Number:** (530) 749-3242

**Address:** 6000 Lindhurst Ave. Suite 601A Marysville, CA 95901

Complete medical facility with lab, radiology, physicians, interns, and Nurse practitioners. Clinic is conducted Wednesday afternoons.

**Richland Family Health**

**Phone Number:** (530) 674-9200 **Address:** 334 Samuel Dr. Yuba City, Ca

Health care services

**Sutter County Health Department**

**Phone Number:** 822-7215

**Address:** 1445 Veterans Circle Dr. Yuba City, Ca 95993

Services include: well baby/child clinic, family planning, pregnancy counseling, prenatal clinic, immunizations, HIV & STD testing and treatment, public health nursing services, injury prevention, tobacco and AIDS/HIV education, dental education, outpatient clinic, including acute and chronic care, check-ups & sports, DMV &.....

### [Sutter County Infant Program](#)

**Phone Number:** *Sorry, no phone number information available for this agency.*

**Address:** *Sorry, no address information available for this agency.* Services provided to families in Yuba and Sutter counties with infants who have significant delays in their development. Staff includes a special education teacher, an occupational therapist, a speech therapist and a nurse. Services may be provided in the home or in the program center.

### [Yuba City Indian Health Center](#)

**Phone Number:** **Address:** 1231 Plumas Street Yuba City, Ca

General Medical care

### [Yuba County Health Department](#)

Phone Number: (530) 741-6366

Address: 5730 Packard Avenue, Suite 100, Marysville, CA 95901

## [HOUSING](#)

### [Esplanade House](#)

**Phone Number:** (530) 891-2977

**Address:** 181 E. Shasta Ave Chico , CA 95973

The Esplanade House program offers families without housing a comfortable and safe place to live while they work towards finding permanent housing and stability. The program provides transitional shelter for families for up to 180 days.

### [Hands of Hope](#)

**Phone Number:** (530) 755-3491

**Address:** P.O. Box 88 Yuba City , CA 95992

“Hands of Hope” offers hope and a welcoming presence through supportive and survival services. Affirming the spiritual and human dignity and worth of all persons, regardless of life circumstance, faith, cultural, racial, or ethnic tradition, HANDS OF HOPE is a non-profit outreach program offering services and guidance in a spirit of mutual respect and hospitality to all who enter our door.

### [New Life Community Services](#)

**Phone Number:** (831) 427-1007

**Address:** 707 Fair Ave Santa Cruz, CA 95060

Services include: assistance to low income families with children who are homeless, chemically addicted or both. Shelter, addiction treatment, re-entry education, and other services are provided to allow individuals the ability to

become productive and responsible members of the social mainstream.

**Salvation Army**

**Phone Number:** (530) 216-4530

**Address:** 401 Del Norte Ave Yuba City, CA 95991

Services include: temporary shelter/rent and eviction assistance. Call for appointment.

**Twin Cities Rescue Mission**

**Phone Number:** (530) 743-8777

**Address:** 940 14th St Marysville , CA 95901

Services include: residential services for single men, homeless services for men & women

**HOUSING SEARCH ASSISTANCE**

**Consolidated Area Housing Authority of Sutter County**

**Phone Number:** (530) 671-0220

**Address:** 448 Garden Highway Yuba City, CA 95992

Services include: housing services

Casa de Esperanza

674-2040

**Temp. housing for victims of Domestic Violence and Sexual Assault.**

**Habitat for Humanity**

**Phone Number:** (530) 742-2721

**Address:** 330 Ninth St. Marysville , CA 95901

Volunteer to build in order to own home. Volunteer to build in order to get own home. Call for present job site. Cal-Works clients do not qualify because they do not meet the minimum income requirements. For those who do, this program builds homes in exchange for 500 hours of "sweat equity", and the cost of building the home monthly payment s for a 3-beadroom home are approx \$380.00 a month.

**Section 8 Sutter County**

**Phone Number:** (530) 671-0220

**Address:** 448 Garden Highway Yuba City, CA 95992. Applications accepted Tues/Thurs 8:30-2:30

**Sutter County Housing Authority**

**Phone Number:** (530) 671-0220

**Address:** 448 Garden Highway Yuba City, CA 95992

Services include: Housing for low income, seniors, disabled, or agricultural workers

**Yuba County Community Development Block Grant Housing**

**Phone Number:** (530) 749-5453

**Address:** 915 8th Street Suite 130 Marysville , CA 95901

The mission of the Housing and Community Services Division is to assist low-income residents of Yuba County in achieving self-sufficiency. It is envisioned this will be accomplished by advocating on behalf of the poor, identifying community needs, developing new approaches to remove obstacles causing poverty, and providing innovative and effective programs to eliminate the conditions of poverty.

**Yuba-Sutter Veteran Service Office**

**Phone Number:** (530) 749-4967

**Address:** 1114 Yuba Street Suite 150 Marysville , CA 95901 Services include: Compensation Claims, Pension Claims, Medical Care, Education, Death/Burial Benefits, Life Insurance, Employment Counseling, Job Referrals, Social Services, Health Services, Alcohol & Drug Recovery Services, Recovery Services and Social Security.

**LEGAL ASSISTANCE**

**California Rural Legal Assistance**

**Phone Number:** (530) 742-5191

**Address:** 511 D Street Marysville, CA 95901

CRLA is a private non-profit law firm. It was founded in 1966 to provide free legal assistance throughout rural California. They have 23 offices, from El Centro and Oceanside to Maryville. Each office offers full representation in major litigation, consultations, and advice at no charge to persons whose income is below certain limits.

**Family Law Facilitator**

**Phone Number:** (530) 749-7685

**Address:** 120 Fifth Street Marysville, CA 95901

**The Family Law Facilitator is a free service to all unrepresented Yuba County residents.**

**Family Law facilitator- County of Sutter**

Phone Number: (530) 822-3305  
Address: 430 Center St. Y.C. 95991

**Sutter-Yuba Mental Health Services | Patient Rights Advocate**

Phone Number: (530) 632-3202  
Address: 1965 Live Oak Blvd Yuba City , CA 95991

**Patients, family members and friends of patients have an Advocate Available to support patient's questions and respond to patient grievances.**

**Other Resources**

**California Exceptional People (CEPS)**

Phone Number: (530) 790-7501 FAX  
Address: 1193 Live Oak Blvd., Y.C. Ca.

**California Association of Addiction Recovery Resources/  
Board for Certification of Addiction Specialists**

2921 Fulton Ave.  
P.O. Box 214127  
Sacramento, CA 95821

Office: (916) 338-9460  
Fax: (916) 338-9468  
Email: [caarr@caarr.org](mailto:caarr@caarr.org)

**Department of Alcohol and Drug Programs**

1700 K Street, Sacramento, CA 95811

Resource Center

(916) 327-3728  
1-800-879-2772

Prevention Services Branch

(916) 324-4398

Treatment Services Branch

(916) 324-5523

Licensing and Certification Division

(916) 322-9897

Division of Administration

(916) 323-2061

**Alta California Regional Center**

Phone Number: (530) 674-3070      Address: 1506 Starr Drive Y.C. Ca. 95991

**Benefits Managements Payee Service**

(866) 622-3098 or (916) 340-7000

**C & J Payee Service**

Phone Number: (530) 743-3017

**Rodriguez Counseling**

**1212 F St Marysville**

**530-933-5282**

**New Directions**

**1000 Lincoln Rd, Ste, H, # 208**

**530-713-0685**

**Violence Prevention Resource Directory**

Domestic Violence Victim/Prevention Services

**(530) 674-5400**

**Fax Number:**

**(530) 674-3035**

**Website Address:**

[www.casadeesperanzasite.com/](http://www.casadeesperanzasite.com/)

Domestic Violence Shelter Services

**Casa de Esperanza**

**P.O. Box 56**

**Yuba City, CA 95992-0056**

(530) 674-5400

(530) 674-2040

Sexual Violence (Rape) Victim/Prevention Services

**Casa de Esperanza**

**P.O. Box 56**

**Yuba City, CA 95992-0056**

(530) 674-5400

(530) 674-2040

**Yuba County Probation Department**

**4240 Dan Avenue**

**Olivehurst, CA 95961**

(530) 741-6275

<http://www.co.yuba.ca.us/departments/probation/victimserv.aspx>

Victim/Witness Services

**Yuba County Probation Department**

**4240 Dan Avenue**

**Olivehurst, CA 95961**

(530) 741-6275

<http://www.co.yuba.ca.us/departments/probation/victimserv.aspx>

Adult Protective Services

**Adult Protective Services County Contact List**

**California Department of Social Services**

<http://www.dss.cahwnet.gov/cdssweb/entres/pdf/apscolist.pdf>

Child Protective Services

**Child Welfare Services County Contact List**

**California Department of Social Services**

<http://www.childsworld.ca.gov/res/pdf/CPSEmergNumbers.pdf>

Batterers Intervention Programs (Approved)

**Probation Department**

**215 5th Street, Suite 154**

**Marysville, CA 95901**

(530) 749-7550

<http://www.co.yuba.ca.us/Departments/Probation/>

Robbie Mitchell

[robbie@yubasuttermarriage.com](mailto:robbie@yubasuttermarriage.com)

[www.YubaSutterMarriage.com](http://www.YubaSutterMarriage.com)

## Local Psychiatrist Listing

Hugo Biertuempfel, MD  
PO Box 1520  
Yuba City, CA 95992  
(530) 822-7200

Bruce Burns, MD  
Sutter Yuba Mental Health  
1965 Live Oak Blvd  
Yuba City, CA 95991  
(530) 822-7200

Zhila Haghbin, MD  
Sutter Yuba Mental Health  
1965 Live Oak Blvd  
Yuba City, CA 95991  
(530) 822-7200

Thomas Lancaster, MD  
1230 Pearsall Way  
Yuba City, CA 95991  
(530) 671-1619

Abraham Linn, MD  
Sutter Yuba Mntl Hlth Svc  
1965 Live Oak Blvd, Sutter Yuba Mental Hlth Sv  
Yuba City, CA 95991  
(530) 470-2598  
Charles Schiro, MD  
Psychiatric Services  
856 Richland Rd # C  
Yuba City, CA 95991  
(530) 673-5331

Gerardo Toribio, MD  
Sutter Yuba Mental Health  
1282 Stabler Ln Ste 630  
Yuba City, CA 95993  
(530) 822-7200

Blake Schroeder, MD  
216 Firestone Dr  
Roseville, CA 95678  
(858) 571-5001

Peter Van Auken, MD  
101 Cirby Hills Dr, Cirby Hills Center  
Roseville, CA 95678  
(916) 366-5420

Francy Mateus, MD  
8155 Watt Ave Ste 191  
Antelope, CA 95843  
(916) 263-5116  
Helen Crawford, MD  
133 Argall Way Ste D  
Nevada City, CA 95959  
(530) 265-3602

George Heitzman, MD  
PO Box 1118  
Nevada City, CA 95959  
(530) 265-5811

Emmett Miller, MD  
PO Box 803  
Nevada City, CA 95959  
(650) 328-7171

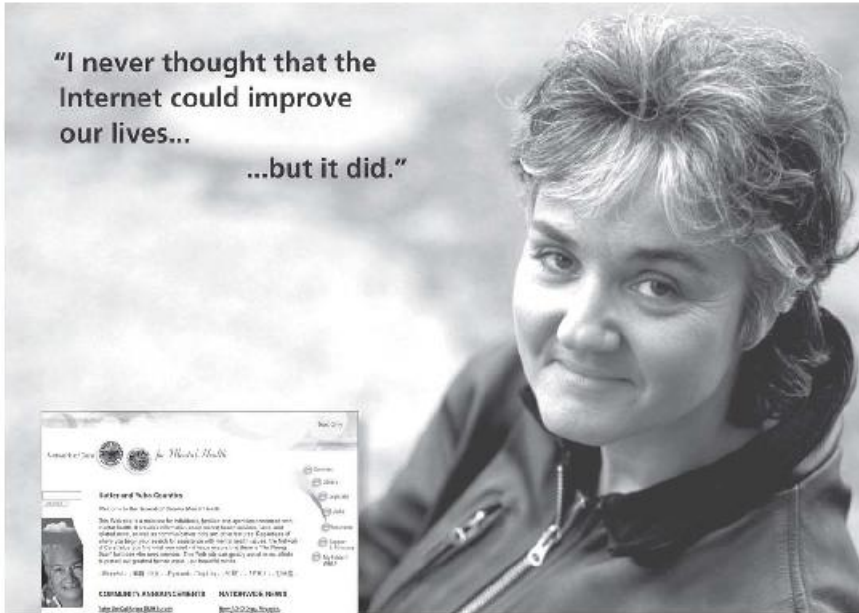
Charles Sternberg, MD  
411 Coyote St  
Nevada City, CA 95959  
(530) 272-4051

Network of Care: a Web site for people with mental illness



# It's all about mental health.

"I never thought that the Internet could improve our lives...  
...but it did."



It's easy, even for beginners, to use Network of Care.

Network of Care is a comprehensive, Internet-based community resource for people with mental illness, as well as their caregivers and service providers. This easy-to-use Web site provides an extensive directory to put people in touch with the right services at the right time. It also offers vital information about diagnoses,

insurance and advocacy, as well as daily news from around the world concerning mental health. This unique, one-stop information tool enables you to find pertinent mental-health Web sites, keep personal records, and communicate directly with elected officials to make your voice heard in the legislative halls.

[www.sutter.networkofcare.org](http://www.sutter.networkofcare.org)

[www.yuba.networkofcare.org](http://www.yuba.networkofcare.org)



This Network of Care for Mental Health Web site is sponsored by the California Mental Health Services Act and the California Department of Mental Health, along with your local mental health agency. For more information, please contact John Floe, Prevention Services Coordinator at Sutter - Yuba Mental Health Services: 530-674-1885 ext 114 or email [JFloe@co.sutter.ca.us](mailto:JFloe@co.sutter.ca.us).