

# GET READY FOR SCHOOL!

The first day of school is an exciting time for young kids. Below are key tips to help prepare your child for the first day of preschool or kindergarten.

Plus, here is a certificate to honor the first day!



**Set a schedule.** Help ease the transition into school by setting a regular bedtime and morning routine each day.



**Meet the teacher.** Before the first day of school, introduce your child to his or her new teacher and the school surroundings. This will help your child know what to expect on the first day.



**Practice at home.** Spend time with your child doing classroom activities at home. Practice storytime and learning how to use supplies like glue sticks, scissors and crayons.



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## Certificate of Achievement

\_\_\_\_\_  
(Name)

successfully completed the first day at

\_\_\_\_\_  
(Name of school or child care program)

on

\_\_\_\_\_  
(Date)



\_\_\_\_\_  
**First 5 Yuba**

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