



FIRST 5

YUBA

www.first5yuba.org

First Five Yuba Updates

February 2012

WELCOME

The First Five Yuba Commission would like to welcome their **new** Executive Director Coreena Conley! Coreena brings many years of experience which include 20 years of senior management expertise in fiscal, financial and business management, economic and community development, government, non-profit sectors and much more. We are very pleased to have her on our team! [CLICK HERE](#) to view her bio.

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Calendar Theme of the Month

Healthy Smiles

- Caring for baby teeth is important even though they will eventually fall out
- Use a clean washcloth or soft child's toothbrush to clean your baby's gums and teeth every day
- Avoid putting children to bed with a bottle
- When babies and children use their own spoon or fork, the spread of germs is reduced
- Help your child brush teeth at least twice a day by age 3. Your child will need your help until he or she is about 8 years
- Offer your child water; limit sugar intake by reducing juice and soda
- Offer healthy snacks
- Take your child for a dental checkup at least once a year, starting at about 12 months of age
- Schedule visits at the dentist for a time of day when children are well-rested and cooperative

Children begin to follow through on simple tasks to take care of themselves and to help others.

***Based on the 40 Developmental Assets which are positive factors within young people, families, communities, schools and other settings that research has found to improve and promote the healthy development of young people.*

Partner/Community Announcements and Resources

The Happy Tooth Mobile

[CLICK HERE](#) to view a list of the 2011-2012 schedule.

Regional Waste Management Authority

Yuba and Sutter Counties, CA—A new pilot program for the Door-to-Door Home Collection of Household Hazardous Waste for residents of Yuba and Sutter Counties is now available through March 2013. [CLICK HERE](#) for more information.

The Network of Care for Veterans & Service Members

[CLICK HERE](#) to view website.

First 5 California

[CLICK HERE](#) to view the 2010-2011 Annual Report for First 5 California.

Partner/Community Events

Parent Nurtured Heart Training

5 Week Course, Closed Group is held every Thursday Evening in the Holly Oak Complex in Yuba City.

[CLICK HERE](#) for more information.

Training will be held on:

February 16, 23, and

March 1, 8, 15 2012

2012 Family Conference

This FREE conference, given entirely in Spanish, is for families of children ages 0-12 who live in Yuba and Sutter Counties. [CLICK HERE](#) to view the Conference Schedule. Conference will be held: **Saturday, February 4, 2012 from 8:00AM—1:30PM**

RVR Enterprises presents:

The 6th Annual Cinco De Mayo Festival held at the Yuba-Sutter Fairgrounds. [CLICK HERE](#) for more information. Event will take place on:

Sunday, May 6, 2012

RAM California presents:

FREE Health Care Clinics-Services are provided for the uninsured and underinsured. All patients are seen on a first come first served basis.

[CLICK HERE](#) for more information.

Dates are as followed:

March 30—April 2, 2012 in Sacramento at Cal Expo

ABC Family Resource Center -AmeriCorps Program

Come join us for some scrapbooking fun. You bring the pictures and we will provide you with all the materials and scrapbook. [CLICK HERE](#) for more information. Starting February 6th, dates are as followed:

Olivehurst Family Resource Center

Every First and Third Monday of the month from 10AM—12PM

Cedar Lane Family Resource Center

Every First and Third Tuesday of the month from 2PM—4PM

Partner/Community Events Continued

Family Soup Presents:

Caregiver Support Groups held twice a month on

***Tuesdays at 10:30AM—11:30AM
and Thursdays 6:30PM—7:30PM***

[CLICK HERE](#) for more information.

Fathers Support Group

This is an open ongoing sixteen week Fathers Support Group designed to provide education, training and support to fathers with various roles in their children's lives. [CLICK HERE](#) for more information. Groups are held on:

Mondays from 4:30PM—5:30PM at the Holly Oak Complex in Yuba City

Monthly Program Calendars

School Readiness Program:

[Linda School](#) [Ella School](#) [Cedar Lane School](#)

AmeriCorp Program:

[ABC Family Resource Center](#)

Newsletters from other Organizations

[The Wellness Letter](#)

[First 5 San Joaquin Newsletter](#)

[Economic Development Corporation \(EDC\) Yuba-Sutter](#) [Community Link](#)

[Family Friendly Schools](#)

[History in the Making Newsletter](#)

[Military Child Education Newsletter](#)

[California Smokers' Helpline](#)

[Healthy Families Newsletter](#)

[Earlychildhood Newslink](#)

[Yuba-Sutter Transit Newsletter](#)

[First 5 California Newsline](#)

Job Opportunities

The County of Sonoma:

Invites applications for a Bilingual First 5 Sonoma County Executive Director. Applications are being accepted through February 13, 2012. [CLICK HERE](#) for more information.

County of Yuba Health and Human Services Department:

Invites request for proposal for a Peer Educator For Nutritional Education Services. These "Peer Educators" will be trained to teach people about the importance of good nutrition and physical activity. The Peer Educators will assist with the County's Supplemental nutrition Assistance Program Education (SNAP-Ed) program. Proposal closing date is February 15, 2012 at 5:00PM. [CLICK HERE](#) to view full requirements for applying.

Health and Human Services is seeking a Registered Dietitian for Nutritional Education Services to provide consultation to the Project Coordinator and Peer Educators as they carry out nutritional education activities in the community and to assist in the development of a County Nutrition Action Plan for the new HHSD Community Nutrition Program. Proposal closing date is February 15, 2012 at 5:00PM. [CLICK HERE](#) to view full requirements for applying.

Trainings and Conferences

First 5 California and the Water Cooler Joint Conference

Hear from prominent experts in the field of early care and education, nationally recognized child advocates, political leaders and philanthropists, including keynote speakers: Mark Shriver, Rob Reiner, Sterling Speirn, and Linda Darling-Hammond. [CLICK HERE](#) for more information. Conference will be held February 8-9 at the Sheraton Grand Sacramento Hotel.

Spectrum Training Systems, Inc. presents:

"Behavioral Interventions for Challenging Students," with Howard Knoff, Ph.D. Held **March 12-13, 2012**.

"Behavior and School Success on the Autism Spectrum," with Jed Baker, Ph.D. & Laine Holiday Willey, E.d.D. held **April 17-18, 2012**.

Both workshops will be held in Lakewood, CA [CLICK HERE](#) for registration information.

2012 Yolo County Child Development Conference

Workshop Topics Include: Behavioral Challenges, Infant/Toddler/Preschool, Special Needs, Child Development, Parenting and more! (Some workshops available in Spanish) [CLICK HERE](#) for registration information. Workshop will be held **March 24, 2012 from 8:30AM—4:30PM**.

Important Dates to Remember

February 20, 2012—President's Day—First Five Yuba Office CLOSED

February 23, 2012—First Five Yuba Commission Meeting

