



## Announcements

- First Five Yuba 09/10 Grantee Information please [CLICK HERE](#) for an updated version of the list. It includes newly funded projects.
- Save the Date-First Five Yuba will be holding a Partners' meeting on October 2nd from 11AM-1PM. Lunch will be provided. To RSVP please contact Claudia Contreras at 530-749-4877 or by e-mail at [ccontreras@co.yuba.ca.us](mailto:ccontreras@co.yuba.ca.us) More details to follow.

## Why is it Important?

A young child's early experiences lay the foundation for approaches to learning, language development, problem solving, social skills, and life-long health habits. Families, communities, and schools play critical roles in supporting and nurturing this foundation. Children entering Kindergarten have a wide range of experiences and the more quality opportunities they have to develop their skills in the early years, the better prepared they will be to face the rigors of elementary school.



## Important Dates to Remember!

- ☺ 9-7 Labor Day First Five Yuba Office Closed
- ☺ 9-9 Dental Collaborative Task Force Meeting 11AM
- ☺ 9-9 Medical Dental Task Force Meeting 12PM
- ☺ 9-10 Advisory Committee Meeting 12PM
- ☺ 9-12 Free Movie in the Park 8PM
- ☺ 9-24 Commission Meeting 3:30PM
- ☺ 9-25 Last day @ Farmers Market
- ☺ 9-26 Community Health Fair 10AM
- ☺ 10-2 Partners' Meeting 11AM-1PM

## Community Announcements and Events

- Marysville Friday Night Farmer's Market Children's Area Schedule of Events– [CLICK HERE](#) for list.
- Learn to Stop Using Tobacco! For a list of FREE classes please [CLICK HERE](#).
- Fremont-Rideout is going TOBACCO FREE. The new Tobacco-FREE policy will be enforced as of November 17, 2009 at ALL Fremont-Rideout Health Group campuses. For more information please [CLICK HERE](#).
- Community Health Fair held Saturday, September 26, 2009 from 10AM-2PM at the Yuba Feather Lions Community Hall please [CLICK HERE](#) for more information. If you are interested in having a booth for your organization please contact Kandee Swindle at 530-692-1651.
- Yuba-Sutter Counties 2009 Low Cost-No Cost People Services Directory. Please [CLICK HERE](#) for more information.

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## Partner Announcements and Information

### Yuba County Recreation Presents:

- **FREE MOVIE IN THE PARK!**  
September 12th beginning at 8PM at the corner of 3rd and D Street in Marysville-Grab your pajamas, blanket and lawn chairs for a FREE movie in the park! Snack and drinks available for purchase. Please [CLICK HERE](#) for more information.
- **TUMBLING/GYMNASTICS**  
All classes will be held at the Allyn Scott Youth & Community Center 1830 B Street Marysville TUESDAY EVENINGS. For more information please [CLICK HERE](#).
- **COMMUNITY FIELD TRIP!**  
Kids! Grab your parents and take a field trip to the Exploratorium in San Francisco on Saturday, October 17th please [CLICK HERE](#) for more information.

- **Harmony Health Family Resource Center**-Calendar of events, please [CLICK HERE](#) for more information.
- **Peach Tree Healthcare-First Five Read and Learn Project**-will soon have their books that will be provided at well baby checks for parents to read to their children. Please contact Tom Walther at 530-741-6245x107 for more information.
- **Yuba County Child Development Behavioral Specialist**-Will be holding a PREVENTING POWER STRUGGLES workshop. This workshop is for anybody who has ever struggled to get a child to go to bed, eat their veggies or wear a coat. It will be held Wednesday, September 16, 2008 from 9:30AM-11:30AM at the 1,2,3 Grow School in Camptonville. [CLICK HERE](#) for more information.

- **ABC Family Resource Center-****AmeriCorps Members**-are providing various **FREE** Groups & Workshops please click on a topic of interest for more information: [M.O.M. Mothers on the Move](#) held every Tuesday from 8:30AM-10AM. [Nurtured Heart Parenting Classes](#) held every Thursdays from 6PM-8PM. [Computer Literacy](#) held every Wednesday from 8:30AM-10AM. [Scrapbooking](#) held every 2nd & 4th Thursday of the month from 2PM-4PM. [Kids at Play](#) held every Wednesdays from 10AM-12PM.



## Resources and Research

- **Nurturing the "Grand" in Grandchildren**-How grandparents can help young children reach their full potential. For more information please [CLICK HERE](#) for English or [CLICK HERE](#) for Spanish.
- **Putting the "Parent" in Grandparent**-Grandparents can help their grandchildren grow up healthy and happy. Please click on a language for tips and information. [ENGLISH](#) or [SPANISH](#).
- **National Forum on Early Childhood Program Evaluation**, a Science-Based Framework for Early Childhood Policy. For more information please [CLICK HERE](#).
- **Deployment and Coming Home: The Realities for Infants and Toddlers in Military Families.** By Erin Carroll, Zero to Three. (Zero to Three, Washington, DC) July 2009. Full text at: [http://www.zerotothree.org/site/DocServer/MilitaryFamilies\\_FINAL.pdf?docID=9221](http://www.zerotothree.org/site/DocServer/MilitaryFamilies_FINAL.pdf?docID=9221)  
"Being a part of a military family presents a multitude of unique stresses that are not typically at hand for other families. Military families live in an ongoing state of anxiety and tension, which at times can be significantly emotional and uncertain for

everyone in the family. In particular, deployment and homecoming of military family members can create a highly emotional situation that impacts every family member, including those who may be too young to clearly communicate their concerns. For infants and toddlers the separation or frequent changes often associated with being part of a military family can have a significant impact on their development. This feature article details the challenges families face before, during, and after deployment, as well as policy recommendations that support infants and toddlers in military families."

- **Parsing the Achievement Gap II.** By Paul E. Barton and Richard J. Coley. (Educational Testing Service, Princeton, New Jersey) 2009. Full text at: <http://www.ets.org/Media/Research/pdf/PICPARSINGII.pdf>  
"Syntheses of many research studies establish that 16 factors related to life experiences and conditions are correlated with cognitive development and academic achievement. This report asks whether there are differences in these 16 correlates of

achievement' among different population groups that mirror the large and persistent gaps that are found in school achievement. The answer is yes, there are differences in these correlates of achievement among racial/ethnic and income groups, and those differences do mirror the achievement gaps. The unavoidable conclusion is that if we are to close the gaps in achievement, we must first close the gaps in these life experiences and conditions.

- **Early Childhood Care and Education grants. By the Rosie's for All Kids Foundation.** For more information: <http://www.forallkids.org/ite69d7.html?module=article&pageid=56>  
The Early Childhood Care and Education program offers the following types of grants: Tuition Subsidies.... Small Renovations, Supplies, and Equipment Upgrades.... Playground Construction.... Staff Development Opportunities.... Grant Range: Early Childhood Care and Education grants range from \$5,000 to \$15,000.

## Resources and Research Continued

- **Understanding the Child Welfare System in California: A Primer for Service Providers and Policymakers.** Second edition. By Diane F. Reed and Kate Karpilow. (California Center for Research on Women and Families, Berkeley, California) June 2009. Full text at: [http://www.ccrwf.org/wp-content/uploads/2009/03/final\\_web\\_pdf.pdf](http://www.ccrwf.org/wp-content/uploads/2009/03/final_web_pdf.pdf)

Since the release of the 1st edition of this primer, California's child welfare system has moved to an outcomes-based approach; and state and local policymakers and providers have intensified their efforts to identify effective practice, secure improved outcomes, maximize efficient use of resources, and most importantly, protect and nurture abused and neglected children. This 2nd edition of 'Understanding the Child Welfare System in California' provides an overview of this complex system - its history, structure, and funding streams. It also presents a profile of the children in the system and summarizes the issues and challenges being addressed to optimally serve the children and families of California.

- **Connect for Kids: Toolkit for Funding.** Toolkit at: <http://www.connectforkids.org/node/245>

The library at your daughter's elementary school has about as many reading materials as a doctor's office waiting room. Can you arrange for more books? - Your neighbors work until 6:30, but school lets out at 3:00, leaving the kids with nowhere to go, can you start an after-school program? You've been active in a local organization, but need more money to do the job right, or tackle a new problem, where can you turn for help? Whether you're an individual with an idea to help your community, or already at work on behalf of kids and families, you can make a difference - you just need adequate funding to do so. Connect for Kids has compiled some resources to help you.

- **Keeping Children Healthy in California's Child Care Environments: Recommendations to Improve Nutrition and Increase Physical Activity.** Executive Summary. By the Strategic Assessment of the Child Care Nutrition Environment Advisory Group. (California Department of Education, Sacramento, California) 2009.

Full text at: <http://www.cde.ca.gov/ls/nu/he/documents/keepchildhealexecsumm.pdf>

Child care settings are ideal environments for promoting healthy eating habits and physical activity. Until recently, many actions aimed at improving children's health and fitness have focused largely on schools. However, 33 percent of California's low-income children enter school already overweight or obese. Therefore, interventions to curb this epidemic should begin before children enter school and before they develop poor health habits that lead to overweight and obesity.... Joining forces, Superintendent O'Connell and the Secretary of the California Health and Human Services Agency (CHHS), Kim Belshé, convened a stakeholder group of child care experts from state and local child care and development agencies and advocacy groups. Superintendent O'Connell and Secretary Belshé charged the Strategic Assessment of the Child Care Nutrition Environment Advisory Group... with (1) conducting a strategic assessment of factors associated with poor nutrition, inactivity, and overweight among young children; and (2) providing recommendations on how best to improve nutrition and increase physical activity in child care settings.

- **Swine Flu (H1N1) and Child Care: Resources to Help You Prepare for, Plan and Respond to a Possible Outbreak.** By the National Association of Child Care Resource and Referral Agencies. (NACCRRRA, Arlington, Virginia) 2009. Interactive web page.

Full text at: <http://www.naccrra.org/news/swine-flu>  
A dangerous form of the flu virus, known as swine flu or H1N1, continues to spread throughout the United States. As of May 4, more than 1000 confirmed or probable cases of the virus have been reported from 44 states. As parents, providers, and child care professionals, it is particularly important that we prepare and plan for a potential swine flu outbreak. Young children are particularly vulnerable to the illness and often times experience serious complications. Consequently, it is important that we protect the children in child care centers, family child care homes and schools, as they accommodate a large proportion of our young children.



## Trainings/Conferences

- **Working together with the California Department of Education** and other state agencies and organizations, First 5 California is a participating member of California's Center on the Social and Emotional Foundations for Early Learning (CSEFEL) grant leadership team. This grant from the national CSEFEL office will support professional development designed to promote social and emotional competence in California children. The attached Save the Date flyer is announcing upcoming training sessions for "Essential CSEFEL" in several cities around the State. We encourage you to take this opportunity to explore the CSEFEL frameworks to inform your own program development and design efforts with the CSEFEL goals and outcomes in mind. We hope to see many of you there. [CLICK HERE](#) for flyer. First Five Yuba staff plans to attend this training, if you are interested in carpooling please contact Jenny Sharkey at 530-749-4876 or email at [jsharkey@co.yuba.ca.us](mailto:jsharkey@co.yuba.ca.us).
- **The Grantsmanship Training Program**<sup>SM</sup> was the first grants training ever offered. Designed for both the novice and the experienced grantseeker, this intensive 5-day workshop combines expert instruction with practical exercises to take you step-by-step through all the stages of planning programs, locating funding sources, and writing grant proposals. Participants' current needs and programs are the basis of all class research and proposal writing exercises. Graduates of this workshop also receive a full year of [membership services](#), which include access to online funding databases, discounts on publications, a proposal review by your trainer, and more. For more information please visit <http://www.tqci.com/>.
- **Great Beginnings for Infants & Toddlers** a two part seminar will be held *September 11th & 12th* and *October 2nd & 3rd* at the Feather River Academy Boyd Hall 1895 Lassen Boulevard Yuba City. This seminar is designed to support continuous improvement efforts in working with and caring for infants and toddlers. For more information please [CLICK HERE](#).
- **PACE 40th Annual Education Conference. By the Professional Association for Childhood Education.** October 15-17, 2009. Hilton Pasadena, Pasadena, California. For more information and to register: <http://www.pacenet.org/conferences.html> "PACE has merged its Leadership and Fall Conferences into one extraordinary event! We are expecting more than 600 child care owners, directors, teachers and administrators."

