#### Parent Child Model

1,2,3 Grow offers activities that encourage positive one-to-one interactions between the parent/ caregiver and child, thereby increasing quality time for bonding and learning. Additionally it provides a safe learning environment for young children to develop physically, socially, emotionally, and intellectually.

## Whole Child Learning

Instructors use evidence-based curriculum and resources to build a strong foundation and love of learning, while encouraging self expression and independence. In utilizing outdoor learning environments, our program helps strengthen physical and emotional connectivity to the child's environment. 1,2,3 Grow students and families utilize and maintain a small community garden. From cultivation to harvest, students experience a handson connection to the foods they eat.

#### Social Emotional Development

1,2,3 Grow instructors recognize the importance of social emotional development and support students in gaining a positive sense of themselves, respect for others, emotional well-being, and social skills while fostering a positive approach to learning.

#### **CCP Sponsored Program**

Camptonville Community Partnership Po Box 218 Camptonville, CA 95922 Phone (530) 288-9355 www.camptonville.com

"Rural people working together for a safe, sustainable, and healthy community"

#### Funded by First 5 Yuba County

"First 5 Yuba County strategically supports the use of community resources and services to enhance the well-being of children 0-5 and their families."







# 1, 2, 3 Grow

Instructor Lead, Parent Participation Child Enrichment Kindergarten Readiness Program



## Age Appropriate Curriculum Caterpillars (Birth-18mo)

1,2,3 Grow offers an exploratory space where infants can grow into toddlers, experiencing new things and developing social skills. Our program is uniquely designed to support the growth and development of the small child.

#### Sprouts (18mo-3yr)

In the toddler months, vocabularies grow and fine motor skills strengthen. 1,2,3, Grow supports the social-emotional develops of toddlers through play and peer involvement. Routines and play are the building blocks of success.

#### Blossoms (3yr-5yr)

Preschool is an important bridge to kindergarten. 1,2,3 Grow offers a dynamic Kindergarten Readiness Program. Thematic curriculum ensures a fun learning environment that supports the preschool student in self-discovery and lays a foundation for the love of learning.

#### **Kindergarten Readiness**

In supporting the 4-5 year olds transition to kindergarten, instructors utilize kindergarten readiness curriculum and partner with the elementary school by scheduling monthly visits to the kindergarten classroom.

#### **Parent Focused Activities**

Quarterly workshops provided by First 5 Yuba and Yuba County Office of Education offer parents increased knowledge of child development and school readiness related topics. Information sharing is a fundamental part of the 1,2,3 Grow program, in addition to building strong relationships and ensuring families feel supported.



# "The art of teaching is the art of assisting discovery"

- Mark Van Doren

#### **Healthy Habits**

Healthy habits, like eating nutritious foods, regular tooth brushing and cleaning up after oneself are among the many ideas fostered throughout the 1,2,3 Grow program.

Healthy snacks are provided and identify the 5 major food groups: fruits, vegetables, dairy, protein and grains. Foods are provided by parent donations and program staff. This allows students to experience the joys of trying new things while nourishing their bodies.

Tooth brushing is an important habit to practice. By incorporating this activity into their routine, students gain confidence in their ability to maintain good oral health. 1,2,3 Grow partners with the Tooth Mobile annually for more in-depth support such as dental screenings.

Clean-up is a habit that is reinforced throughout the day in multiple ways, from individual responsibilities to group cooperation. 1,2,3 Grow incorporates a routine that allows children to be active participants in the care of their environments.