



FIRST5 YUBA COUNTY

2023-2024 Evaluation Summary

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Medical and Dental Homes

Developmental Screenings

Behavioral Consultations

Special Needs Advocacy

Recreation & Enrichment

Playgroups

2021-26

Strategic

Framework

Parent Education

Home Visitation

Family Literacy

Workforce Development

Policy & Systems Advocacy

Communications & Engagement

Coordinated Service Delivery

Increased use of medical care

- Increased prenatal care
- Increased use of dental care
- Increased developmental screenings
- Increased use of early intervention services
- Increased achievement of developmental milestones
- Increased physical fitness and safety
- Increased understanding of child development and approaches for positive parent-child interaction
- Increased protective factors
- Increased screening/referral for social determinants (e.g., perinatal mood and anxiety disorders (PMADs), Adverse Child Experiences (ACEs)
- Reduced tobacco use
- Increased frequency of reading with children
- Increased quality of early care and education
- Increased policies supporting child health and development
- Maximized revenue and resources
- Increased engagement and reach
- Increased partnerships, capacity, coordination, and integration

Child Health & Development

- Reduced low birth weight
- Increased breastfeeding
- Reduced dental caries
- Reduced developmental delays / special needs
- Reduced unintentional injuries/ reduced drownings

Resilient Families

- Reduced perinatal mood and anxiety disorders
- Increased family stability
- Reduced child poverty
- Reduced child maltreatment

Quality Early Learning

- Increased early literacy
- Increased enrollment in quality preschool

Strong Systems

- Increased sustainability
- Increase coordination
- Increased quality

Kindergarten Readiness

Evaluation Goals





Celebrate achievements:





Glean lessons learned:

Can our services be improved?



Understand systems change:

Where are we making lasting changes to build or strengthen systems?

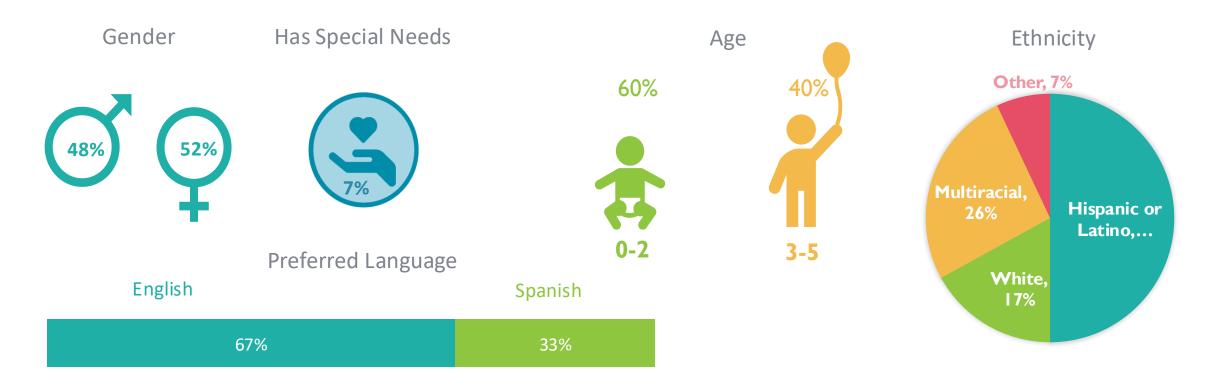


Demographics of First 5 Yuba Participants



Child Demographics

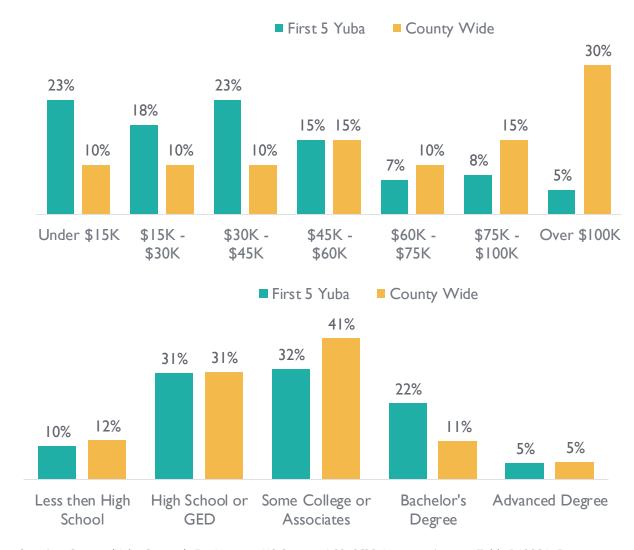
- 12,929 children and 10,617 caregivers (duplicated) ages 0-5 were served by First 5 grantees
- 100 parents filled out the Annual Survey (FIF) and provided demographic information on 136 children





Family Socio-Economic Status

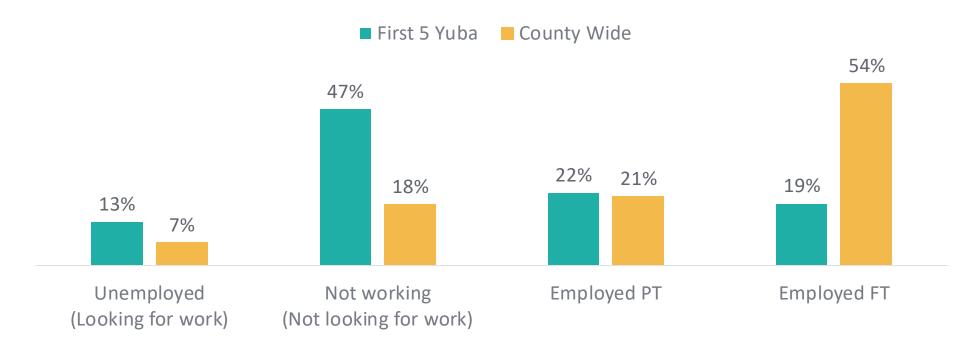
- First 5 participants had lower average income than the countywide population.
- 87% made less than the county median income of \$80,396.
- 42% of First 5 participants lived in poverty, which is significantly above the 17.1% rate for county children ages 0-5.
- Education attainment levels of First 5
 participants were similar or slightly above
 the countywide levels.





Employment and Family Composition

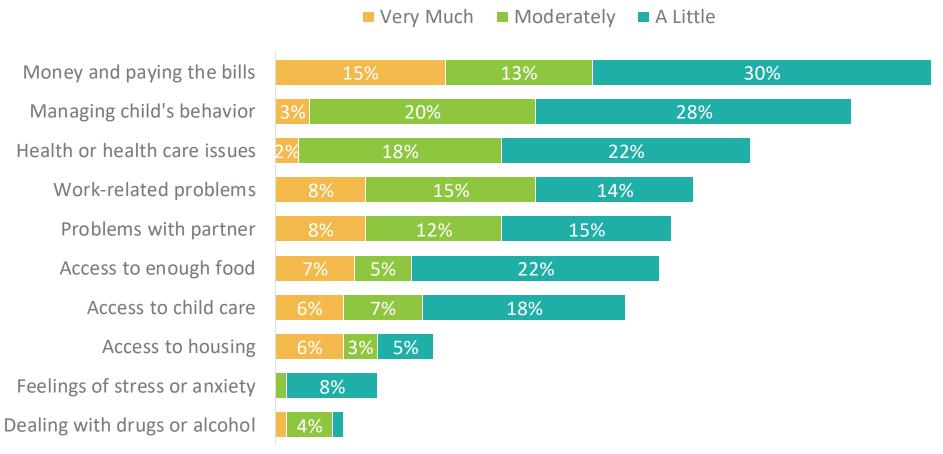
- 24% of First 5 Yuba children were raised by single parents compared to 32% countywide
- Many parents were not employed, and did not seek employment





Parents Concerns at Intake

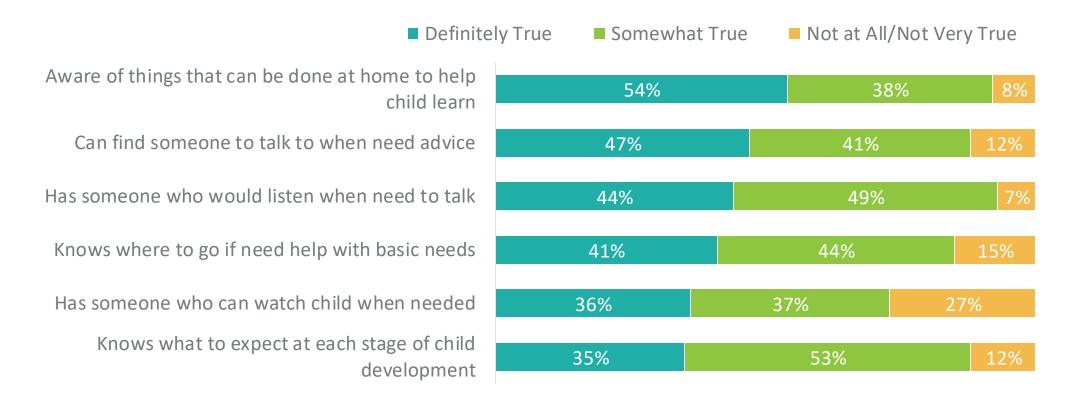
Parents were most concerned with managing their child's behavior and paying bills





Protective Factors: Parent Support and Confidence

- Over 50% of families had knowledge on how to help child learn and had social support.
- Families needed the most support with child care, basic needs, and parent education.



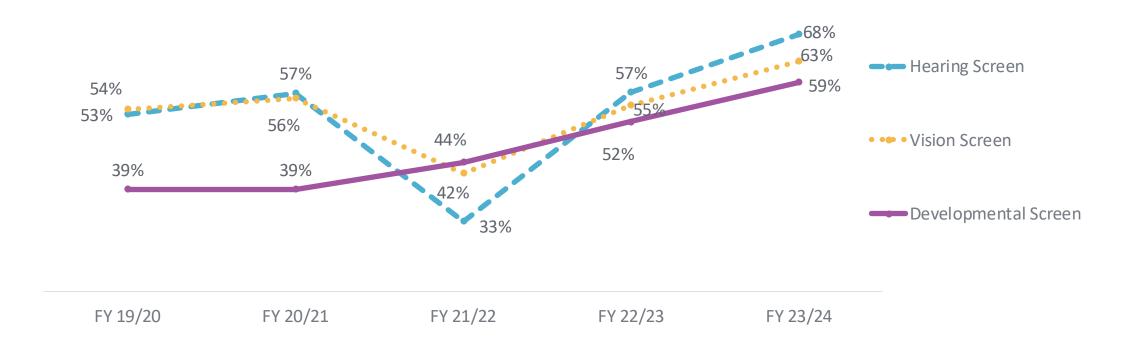


Goal 1 Child Health & Development



Health Care Access: Screening

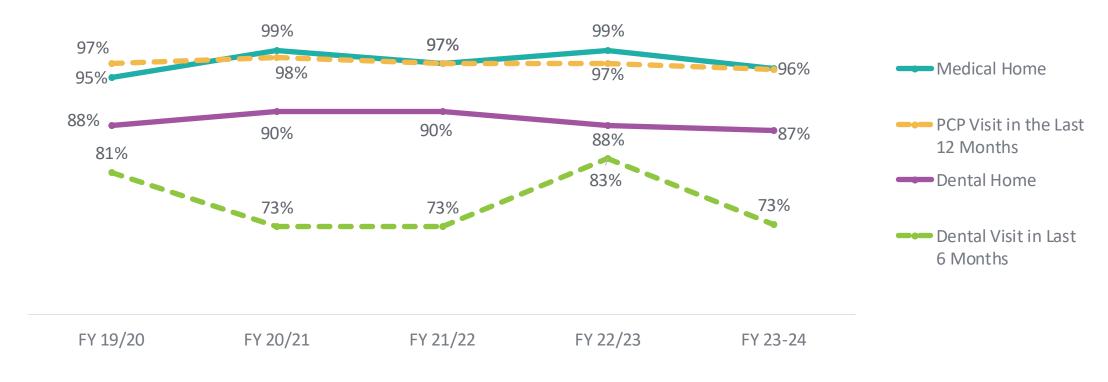
- 19% of children had not been screened in the past year.
- Rates of all types of screening continue to increase.





Health Care Access: Medical & Dental Visits

- Almost all children (96%) had a medical home and a routine PCP visit.
- Over 80% had a dental home and over 70% had an annual dental visit.
 - A 10% decrease in dental visits







MJUSD & Peach Tree Health Mobile Dental Clinic

327 children 0-5 registered; 160 received
 439 Toothmobile services



42% received care coordination

36% had a follow-up appointment

9 children referred to urgent care with arranged transportation

"The kids enjoyed interacting and practicing brushing the teeth with stuffed animals and other things."

50% of children would not have received dental services if they weren't available on campus.



Mobile / Pop-Up van serving rural areas

- 56 classroom presentations, screening and varnish, workshops, and events
 - reached 2,547 children, 1,720 caregivers, and 41 providers.



Help Me Grow: Screening Events, Trainings 💥 HelpMe Grow

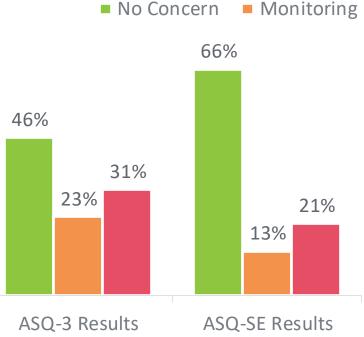


- HMG reached 59 parents, 75 children, and 6 providers at:
 - 9 Screening events (including CDE-funded screenings at school sites)
 - 2 HMG/ ASQ parent trainings
 - Collaborative activities (e.g., First 5 Fridays, etc.)
- In total, 995 ASQ screens were conducted.
 - Double of last year's counts (systems' change with Peach Tree Health and CDE partnerships).
- **610** children screened:
 - 98% on ASQ-3; 43% on ASQ-SE.

"I received the best services and help"

- Families of 50 children received navigation services.
 - All 50 received referrals (98% of screened and flagged for referral).
- HMG helped facilitate 42 IMPACT and other grant activities.
 - And offered TA services to ECE and family-oriented providers.

Total: 804 children 678 parents



Source: ASQ Online. FY 23-24 ASQ-3/ SE Aggregate Results. N=626.

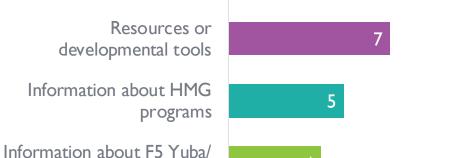


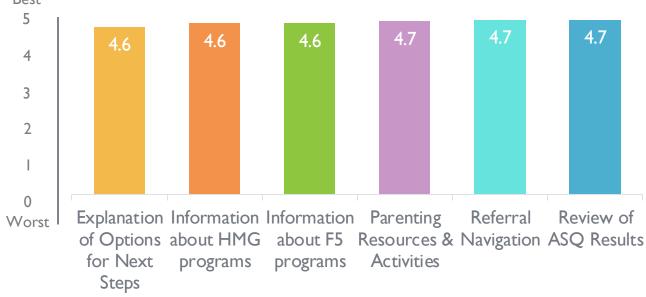
Help Me Grow: Screening and Referral



All 11 respondents said that the care coordinator met their referral needs.

Respondents, by Services Received # of responses Help with submitting an early intervention referral # of responses Best 5 4.6





Rating of Services Received



family programs

YCOE CDBC: Parenting & Prof. Education



- Over 20 families received over 60 home visits and 100 intensive behavioral consultations
 - 4 expectant mothers received 27 mental health supports via Momma Mia sessions
- CDBC offered 85 Classes & Workshops to 190 parents and 79 children:
 - 71 Parenting Classes:
 - 28 Positive Discipline Workshops (in English and Spanish)
 - 14 BEST Teen Parenting Classes
 - 13 Fortaleza en Familia Workshops (in Spanish) at 3 school readiness sites
 - 9 Triple P Groups (supported providers)
 - 7 AlphaBits Workshops
 - 13 Community Workshops:
 - 8 2-hr Behavior and Dev Workshops in the Foothills (+ I at MJUSD)
 - 3 Toilet Training and Sensory Workshops
 - 2 Conference Workshops
- CDBC also played a vital role in:
 - II Bi-County Early Access & Support Collaborative (BEAS) meetings, engaging 30 community partners.
 - 8 HMG Screening Events





"I liked the different ideas that were provided to support our children's social and emotional learning"



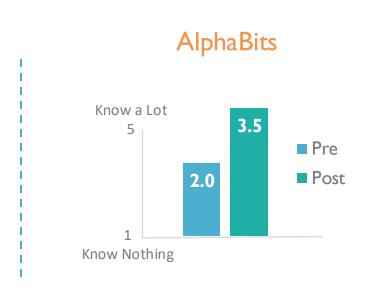
YCOE CDBC: Parenting Education (Cont.)



Following class participation, families showed high levels of knowledge:



 Caregivers were extremely satisfied with the classes, staff's understanding of families' needs, and the knowledge and supports they have received.



"Hearing that my daughter can be smart and also immature was a real lightbulb moment. I forget she's only 4, because she is so smart!"



YCOE Family Resource Center

Total: 1,040 children 602 parents



FRC supported child health and wellbeing by providing families with basic necessities:

- One-on-One Services:
 - 36 families with 65 children received services,
 - Inc.: 4 Home Visits, 3 Navigation, 7 ASQ screenings, 5 referrals, 33 Resources provided.
- Gas Cards Program:

 - 57 caregivers and 50 children received:
 525 gas cards and gas vouchers, totaling \$12,405
- Diaper Closet:

 - 91 parents and 131 children received:
 2,848 packs of diapers & 744 pack of wipes (4.5x more than last year)
- NICU Support Program:
 - 8 NICU bags



- Were satisfied with the support they've received

"I appreciate that the FRC was able to

help me when I really needed it. It gives

a sense of relief to know that there are

service to help those in need."

- Felt listened to
- Believed that the staff understood family's needs
- Helped them connect to services that met their needs



YCOE Family Resource Center (FRC)

Yuba County

FRC

- Promoted parent-to-parent connection/support and positive parent-child interactions via 6 new and continuing programs, totaling 50 activities:
- 44 Parents



1.2

- 28 Stepping with Baby Groups (reviewed next)
- 7 PALS Playgroups
- 7 Family Support Intervention
- 3 Garden Activities
- 2 Adapted Physical Education Sessions
- 2 Special Community Events
- 1 NICU Support Group

"I liked how there was different activities for the kids. They love it! ""

Knowledge

■ BEFORE ■ AFTER

Parents showed some improvement in knowledge post-participation.

"I like that I'm learning new ways to parent and getting more resources."

"I appreciate family support and hearing about other parents' experiences!"



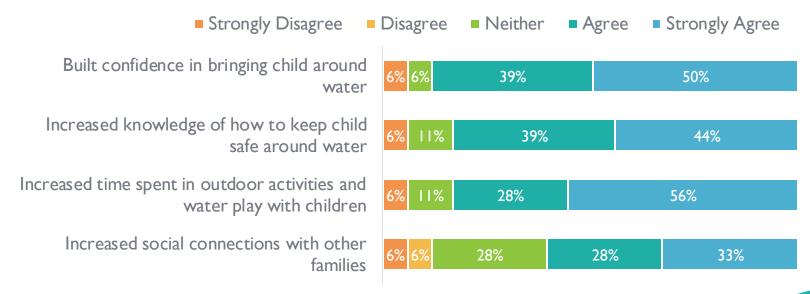
OPUD Aquatics Program



103 families with 130 children participated in free swim and water safety lessons

offered by OPUD Aquatics to low-income families.

82% of families could not access water safety classes elsewhere.





"I absolutely love how this program is set up. My son gained more confidence being in a pool & now loves to swim. I feel more comfortable knowing he can reach the side of a pool and find a way out should he fall in."



OTS Car Seat Passenger Safety Program



F5 Yuba Child Passenger Safety program offered:

 122 Families received free car seats and/or installation:

21 pre-owned car seats inspected 101 new car seats distributed/ fitted

- 1 local training conducted
- 4 staff were NHTSA OTS certified.

11 community partnerships
20 outreach efforts (media, newsletter)

70 Families educated through
 55 classes and appointments:

18 took part in 3 classes 52 were seen individually

– 150 Families attended 8 Events:

6 comm. traffic safety events
2 car seat check ups

122 children220 parents15 providers





Mental Health: Support Groups LEIRST5



- Provided health and wellbeing education and support:
 - 42 parents took part in 28 Stepping with Baby Sessions.
 - 7 parents attended 6 Mindful Mommas Weekly Support Groups.



(N=13)

Mindful Mommas

Building Resilient Families Tobacco Grant

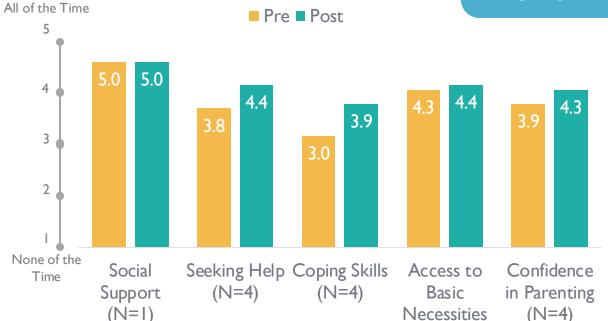
"Loved being in a group of mommas. It made me feel like I'm not the only one going through a hard time."

Stepping with Baby

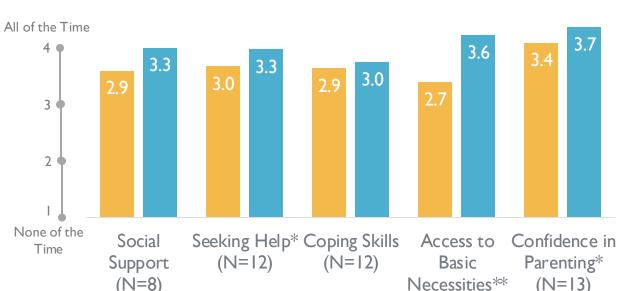
FRC and HMG

Pre Post





Helping People Build

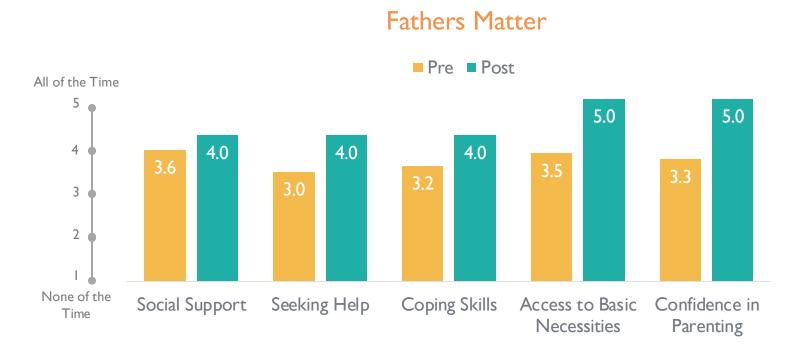


Source: Maternal Mental Health Pre-Post Survey 23-24. N = 4 Matched Pairs. Note: Sig. testing was not done due to a small sample size. Source: Stepping with Baby Pre-Post Survey. FY 23-24. N (Total) = 20; N (Matched Pairs)=13. *p<.05; **p<.01; ***p<.001.

Father Support Groups



- A COOP
- Provided health and wellbeing education and support to fathers via the following initiatives:
 - 22 New or expecting fathers took part in 6 Dads' Night Out groups.
 - 11 Fathers attended 17 groups across 3- 6-week Fathers Matter sessions.



"Fathers Matter has become a fellowship that is helping my understanding of how to be the best dad possible."

"This group has supported and expanded my efforts to be the best Father, husband, and community member I can be."



Maternal Mental Health (MMH) Conference



Provided education on Maternal Mental Health:

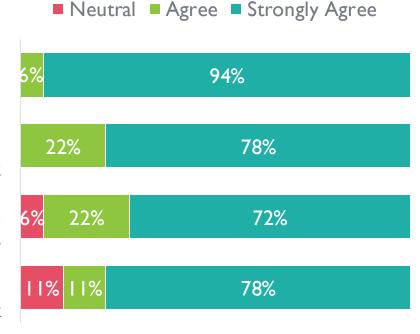
- 60 providers attended a Mental Health Conference
 - "What New Parents Really Need"
- 83% of attendees rated the overall experience as excellent

Will attend future Maternal Mental Health educational opportunities

Helped inspire me in my work

Allowed me to get more connected with bi-county partners

Received tools and strategies to implement in my work





"I appreciated the specific information on the role of brain chemistry and hormones and their impact on behavior."



Goal 2 Resilient Families



MJUSD School Readiness Parent-Child Classes

Total:
249 children
227 parents



- 13 families with 19 children received Home Visiting curriculum and resources
 - 7 home visits and 10 site visits, all in person.
- 230 children and 214 parents participated in 391 developmental playgroups, parent education classes and workshops across 3-4 school sites:

144 Weekly Literacy Workshops

134 School Readiness playgroups

46 Parent Education classes

32 Community Workshops

27 Monthly meetings

4 Screening events

4 Special events/ celebrations



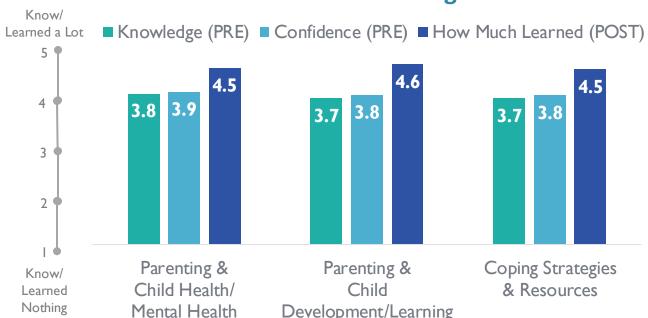




MJUSD School Readiness: Parent-Child Classes

- Participants noticeably increased in knowledge.
 - 96% were satisfied or very satisfied with the program.

Perceived Knowledge



"We love School Readiness. Thank you!"

"My kids and I learned a lot from these classes, and I would recommend them to other families and friends."

> "Excellente Programa! Cada clase tiene buenos temas y ayudan aprender coasa para mejjorar nuestra relacion con nustros ninos" ["Excellent Program! Each class has good topics and help us learn how to improve relationship with our children"]



Camptonville CCP & 1, 2, 3 Grow Parent-Child Classes



- 11 children and 8 parents attended 49 Developmental Playgroups and 1 Field Trip.
- 5 Parent Workshops engaged 18 caregivers in education:
 - 4 Parenting and Child Development & Behavior
 - 1 Health & Safety (Car Seat Safety)
- 4 Community Events brought together 19 parents and 22 children.
- 129 clients, including 118 adults and 11 children, used Camptonville Resource Center Drop-In services.
 - On average, 10 adults and 1 child per month.
 - Services included: office use, internet services, and other resources.
- CCP staff attended 40 Council & Committee meetings as part of advocacy and outreach efforts.

Total: 44 children 55 parents



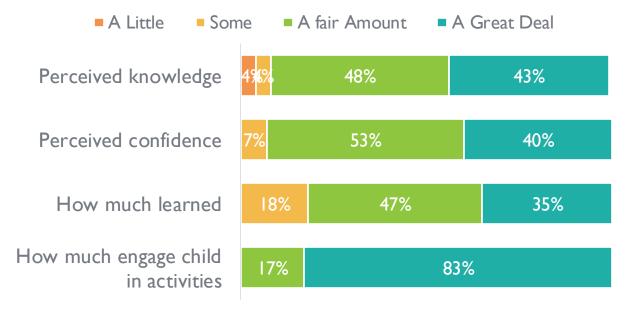


Camptonville CCP & 1, 2, 3 Grow Parent-Child Classes



- Parents had a high (75%) rate of correct responses on the Post survey.
 - All parents expressed very high program satisfaction.

Knowledge, Confidence, and Parent-Child Activities at Program Exit



"I'm happy that my 3-year-old Can now write her name out with no help"



"It was great to see that my son gets to be around other children to learn about how to be social with his peers and getting to learn something new each time."



Camptonville CCP & 1, 2, 3 Grow Parent-Child Classes

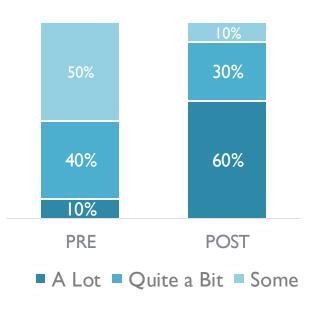


- 2 families who completed the 123 Grow Parent Survey also reported high satisfaction with the school readiness playgroups, recounting:

 "I love their
 - Warm welcome and professionalism of staff
 - Learning about child development and parenting
 - Health supports received by children and parents
 (e.g., healthful nutrition, screenings, parent education)

"The facilitator is extremely knowledgeable in her field. I get a lot of ideas and help with ways that I can be a better parent. It is so helpful to understand how and when various parts of the brain are forming. It helps to know what you can and can't expect of your child at certain ages."

Parenting Knowledge



- 90% will use what they've learned
- 100% will attend again & recommend to others

staff"





ABC Sprout – Outdoor Classrooms

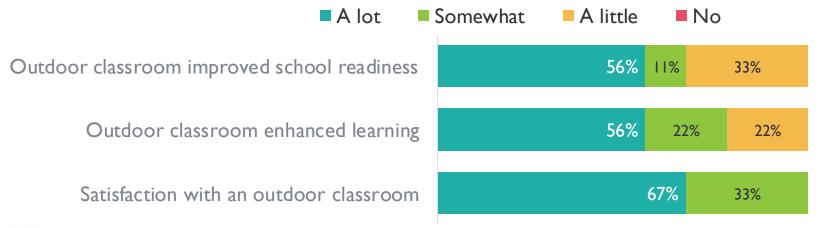
Total:
24 children
22 parents



- 99 Outdoor Developmental Playgroups & 5 Field Trips.
 - 14 families with 17 children were enrolled and attended regularly (on average 7+ times)
 - One field trip was joined by additional families from several other F5 programs.
- Parents believed that the outdoor classroom had a positive effect on their children:
 - 78% on social-emotional dev.
 - 67% on motor skills
 - 33% on early literacy & communication
 - 11% on academics



- 89% would recommend to others
- 45% would not be deterred from attending by any weather conditions



"It's Important for my son to be outdoors due to his health conditions. He would not be able to attend an indoor preschool!"

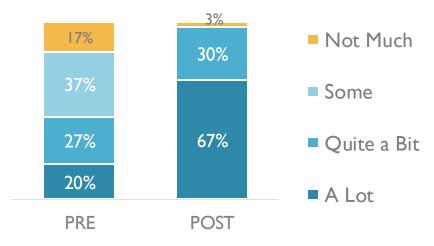
ABC Sprout - YES Charter Academy



- 9 Parent Workshops were attended by 18 families with 21 children:
 - 5 Wellbeing, Health, and Safety (topics of Maternal Mental Health, Car Seat Safety, Oral Health, Tobacco Education, and Community Resources).
 - 4 Parenting and Child Development and Behavior.
- All feedback reflected very positive experiences.
 - 93% likely or extremely likely to use what they've learned.
 - 100% likely or extremely likely to attend another workshop and to recommend workshops to others.

"I liked everything. The suggestions given to handle situations. How all the questions were answered. How detailed and in depth we went on workshop topics." "I joined this class because I didn't know how to teach my son to express emotions and how to be a good person."

Parenting Knowledge





Playzeum: Developmental Playgroups

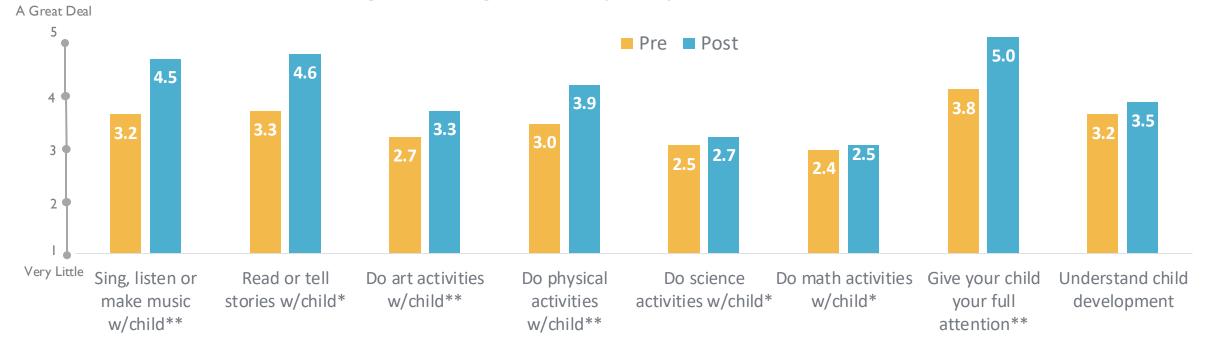




- Playzeum held 5 playgroup cohorts, totaling 72 sessions:
- 44 parents and 47 children attended these sessions.
- Parents increased knowledge and parent-child activities.

"So grateful for this class! Love it and will always recommend it to new parents!"

Parenting Knowledge and Frequency of Parent-Child Activities





Satisfaction with Playzeum HMG Playgroups



- Families were highly satisfied with the playgroups:
 - 100% knowledgeable instructor; class met expectations; improved parenting confidence.
 - 100% plan to attend other Playzeum classes and will recommend classes to other parents.
 - 80% of parents enjoyed class giveaways.

Parenting Knowledge and Social Connections at Exit

Parent made new social connects

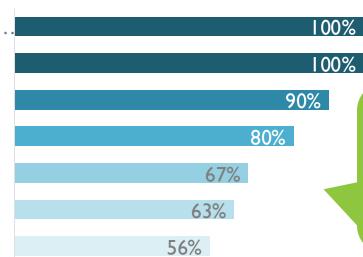
My child made new social connections

Arranged a playdate with other families

Learned selective intervention technique

Learned the sports-casting technique

Found home extension activities useful



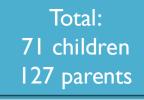
"Fun Playgroups!
The facilitator was
amazing!!"

"Love this playgroup, both facilitators are amazing. We are so lucky to be a part of this playgroup! I especially value that my children have opportunities to interact with other children."

Playzeum's **Play-on-the-Go** was open to ~2,000 families at 7 events.



Probation Partnerships





- 9 Play with Purpose evening Parent-Child
 Workshops were attended by 25 families and
 41 children.
- Co-hosted or attended 5 outreach events with probation partners, attended by 107 families with 30 children.
 - Book Signing & Children's Activities
 - Successful Connections
 - Trunk or Treat
 - Food Distributions

Book Signing Event at the Probation Office





Goal 3 Quality Early Learning





Dolly Parton Imagination Library



 Continued partnership with WIC and other outreach efforts helped sustain the increase in children's enrollment and number of books distributed to children.

65,526 books were delivered

2,948
Bilingual Books

23% more books than last year

2,661 children enrolled, representing ~46% of Yuba County 0-4 population

694 children aged out

Over 60 more children reached, including 174
Spanish speakers and children in rural areas

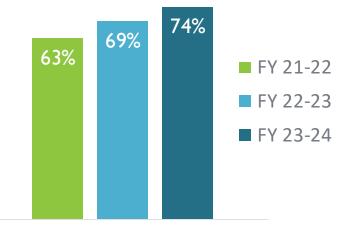
Yuba County Library Programs

Total: 1,038 children 801 parents



- 2 Story Time Groups enrolled 61 caregivers and children:
 - 37 families in Baby Bounce and 24 in Learn and Grow.
- 4 Every Child Ready to Read Workshops:
 - 22 families with 32 children.





Read/shared books 3 + times/wk

- Summer Reading Program, engaging 42 families.
 - 5 families who completed the survey read on average 70 min. a day.
 - All parents agreed or strongly agreed that the program helped them:
 - Make reading fun for their child; Support child' reading with at-home activities;
 - The program helped child with early reading skills; and
 - Both, parents and children enjoyed the program.
 - In comparison to prior years, reading frequency has somewhat increased.

"The program motivated my children to read books. We liked the website too."



Yuba County Library: Outreach Events

CONT.

698 Parents

972 Children

- 10 First 5 Fridays benefitting 39 families with 46 children.
- 8 Special Events, enjoyed by 151 families with 192 children (duplicated):
 - Story time at Bishops Pumpkin Farm
 - Mommy & Me Tea Party
 - Dolly Parton Party
 - End of Summer Reading Party
 - And more...
- 3 Community events, attended by 539 families:
 - Trick or Treat in the Parking Lot
 - Winter Walk Through
 - Bok Kai Party in the Parking Lot



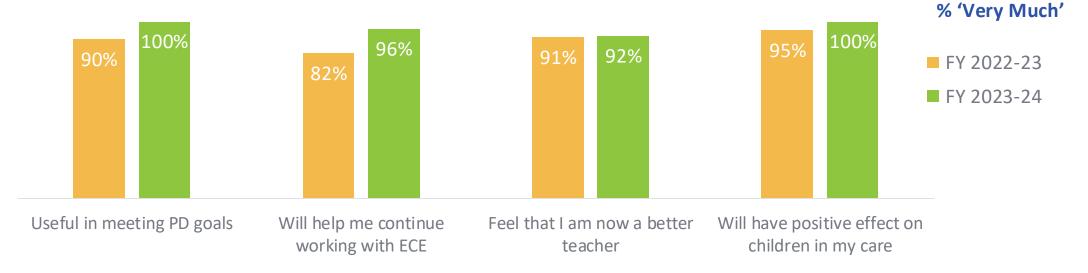




Keys to Quality



- 57 sites and 115 providers participated in the Quality Improvement Initiatives.
 - 60 as part of Keys to Quality program, and 55 as ECE Conferences participants.
- 34 providers completed the Stipend Program Survey:
 - 6 providers took coursework → 100% completed.
 - 28 providers engaged in Pathways trainings → 86% completed.
 - 100% said it had a positive effect on teaching and children in their care
 - 96% felt that it helped them continuing in the field of ECE*



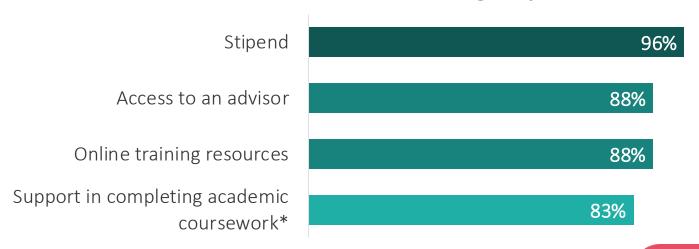


Keys to Quality



Most participants said that various program resources very beneficial.





"Estuvo muy bien el programa, me ayudó mucho."

"Learned a lot of useful tips. It was very helpful that there was Spanish classes available." "I enjoyed the focus of improving my skills and learning different techniques to help children learn and develop."





Activities & Programs



Total: IMPACT

141 providers

- Help Me Grow with funding from IMPACT grant
 - 12 Caregiver Café's, attended by 27 caregivers and 54 children.
 - 14 ASQ Provider Trainings, reaching 122 Providers:
 - From FFN, FCCH, Center-Based, Other ECE, Home Visitors, Medical, Social Services, etc.

First Aid/ CPR Class

- Under the BANANAS Grant, HMG led:
 - 1 First Aid/CPR Training, reaching 13 ECE providers.
- Providers received 25 hours of TA services:
 - On the topics of ASQ screening, navigation, referrals, etc.





Growing Up Wild: 0-7 Outdoor Curriculum Training



Growing Up Wild Program:

- This early childhood education program fosters curiosity and exploration of nature.
- Under the Yuba Water Grant, HMG led:
 - 6 Growing Up Wild Facilitator Trainings held in various locations
 - 44 ECE providers trained:
 - Family, Friend, and Neighbors, child child care providers, and preschool teachers.
 - 2 local facilitators were trained using the "Train the Trainer" model.
 - 2 Trainers hosted conference breakout for ECE providers at Yuba College







Mini Grants to Child Care Providers

- 5 providers received mini grants for projects improving early learning settings.
 - 58-108 families with 65-115 children benefitted from these improvements.

What provider recipients are saying...



"Our children experience hands-on learning thanks to our new learning centers. We've studied different science and health topics, read new books, and learned comparative methods in our math center. We learned about dental health hygiene, played doctor, raised caterpillars into butterflies, learned how flowers grow, and how to measure certain items.





Goal 4 Strong Systems



Community Education and Outreach



- First 5 Yuba County hosted or attended:
 - 18 Outreach events
 - 2 Collaborative workshops
- These activities were attended by 1,254 children, 1,164 parents, and 132 providers.
 - **Events included:**
 - 10 Health & Safety Events
 - 3 Parental Mental Health Events
 - 1 Early Literacy Event
 - 4 Community Celebrations
 - 2 Collaborative Workshops

- In partnership with Health and Human Services, expanded education, to increase access to services and awareness of ACE's:
 - → WIC → Head Start → Family
 Advocates E Center → Yuba Works
 (6 training sessions).







Mini Grants to Local Community-Based Organizations

- 6 local agencies received mini grants to better support local families.
 - These improvements affected approx. 657+ families with 917+ children, e.g.:

BEALE Family Support Center Project



This year, we helped three playgroup children get appointments with the developmental pediatrician who visits Beale twice a year. Since the base lacks its own specialist, we rely on Joint Base Lewis-McChord or off-base appointments, which can take 6-9 months. When parents had concerns about child development, we encouraged them to consult base pediatricians and advocated for their children to see the specialist.

Grants were also awarded to:

- The Salvation Army
- Tri-Counties Community Center
- YCOE Youth Advocacy Department





Mini Grants to Local Community-Based Organizations

Casa de Esperanza Family Garden Project:

"A significant achievement resulting from the project is its positive impact on the well-being and healing journey of the women and children residing in the Shelter."

Yuba College Playground Project:

"We raised community awareness to obtain funding for a nicer playground than first anticipated."







United Way Born Learning Academy



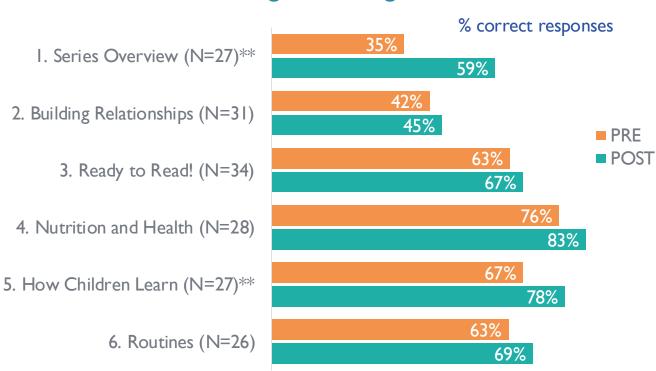
Yuba-Sutter-Colusa

United Way



- 51 parents took part in 18 6-week UWBL Academy Parenting Workshops.
 - 25 children at 3 School Readiness sites received lunches and child care so parents could attend.
 - 95% of parents changed how they interact with children.

Parenting Knowledge





"I enjoyed this class. It was so refreshing to hear that other people go through similar things throughout the time with their kids."

Building Resilient Families Tobacco Grant (CTCP)

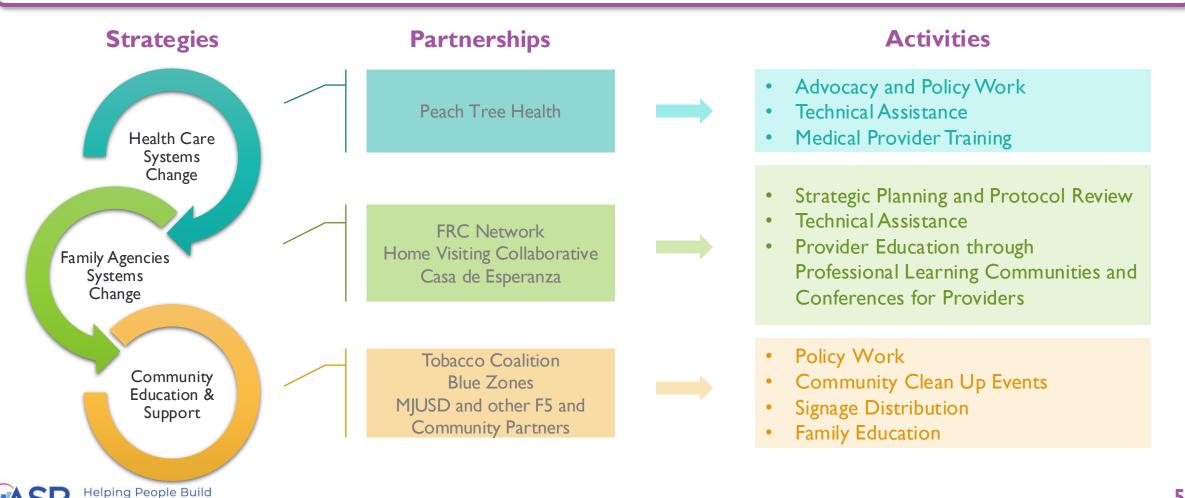


Smoking affected I in 9 First 5 Yuba families.

Only half of those who smoked are ready to quit.



GOAL: to reduce tobacco use & exposure to 2nd & 3rd hand smoke



Systems Change with Health Care Agencies



GOAL: a 10% increase in referrals to Kick it CA

Peach Tree Health Clinic (FQHC)

Held 3 on-site and virtual trainings for 15+ medical providers to enhance expertise

- Held 2 Lunch & Learns and I Kick it CA referral training with LVNs and Call Center staff on:
- Topics Included: ♦ Effects of tobacco and nicotine use ♦ Dangers of 2dn- and 3rd-hand smoke
 - ♦ Emerging tobacco products ♦ Health issues related to tobacco use ♦ Available cessation supports

Provided 6 hours of technical assistance to streamline tobacco screening/referral efficiency

- Enhanced communication channels with Kick It California Integration team
- Integrated standardized protocols and workflows in the Electronic Medical Records system

Created targeted marketing materials, to educate FQHC staff and patients

Raised awareness about the effects of tobacco and 2nd-hand smoke on health

Achievements:

- These efforts reached 232 PTH employees and 33,778 PTH patients
- Early indicators suggest substantial increase in cessation referrals following system optimization (quantitative impact data forthcoming)



Systems Change with Family-Serving Agencies





Casa de Esperanza, FRC Network, and Home Visiting Collaborative

Expanded systems change through a new partnership with Casa de Esperanza

- Assisted with updating smoke-free agency policies
- Provided 6 hours of technical assistance
- Conducted I Kick it California referral training for agency home visitors, social workers, and staff

Strengthened partnerships through the Family Resource Network, to reach more families with health education

• Facilitated 6 FRC Network Meetings, reaching 15-50 Bi-County Providers, and providing 1 hour of technical assistance for early educators at YCOE Prevention Department and MJUSD school readiness

Continued to work with the Home Visiting Collaborative

- Took part in 6 bi-county meetings with 16+ providers to extend tobacco education to home-visited families
- Took part in 10 regional meetings under the new Region 3 Home Visiting Coordination Project
- Expanded access to agencies through new collaborations and support from Start Early and Lead for Tomorrow

Continued to offer Professional Development Opportunities to child and family service providers

- Held II Professional Learning Communities (PLC) trainings attended by 30 collaborative members
- Held I Behavioral Health Regional Summit, attended by 80 providers



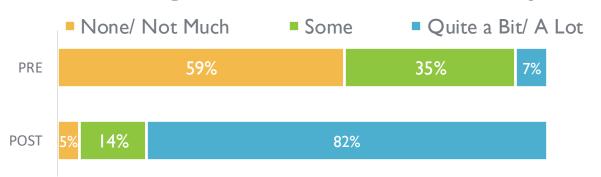
Professional Learning Communities (PLC)

- 11 Professional Learning Communities: meetings attended by 30 collaborative members:
 - Emotional Brain Training
 - Fetal Alcohol Spectrum Disorder
 - Grief and Loss
 - Peer Support Groups
 - Poison Control & Narcan
 - Purpose Workshop

- PACES Resilience and Parent Engagement
- World Cafe Training Model
- Provider Trauma
- Stages of Change
- Transition to Family

"The PD session was relevant to the work we all do with children and adults. The strength-based model for addressing the situation and how it is applied will be useful not only with loss but also trauma."

Knowledge Before and After Workshops



Workshops Satisfaction

93% will attend again; will recommend to others.

89% - Training will help in work with clients

81% - Increased knowledge; will use what was taught

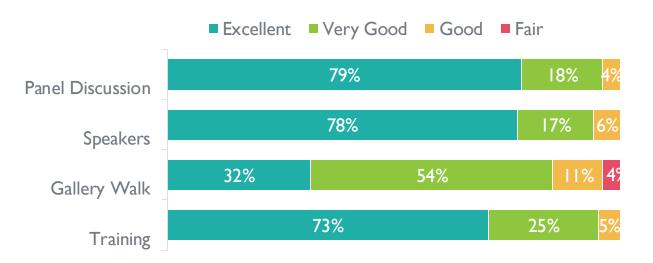
32% - will help address tobacco use



Behavioral Health Regional Summit

- 80 providers attended a 2-Day Summit on Trauma,
 Addiction, Mental Health, and Recovery
 - 79% very likely to make changes to client's care based on what they've learned.
 - 43% would make these changes in less than 1 month.

Satisfaction with the Conference





"Excellent training that will empower me to help clients seeking services from our organization. I like the autonomy to adapt the curriculum to our community needs."

33 parents28 children3 providers



MJUSD and other F5 Partners, Tobacco Coalition, Blue Zones Project

Invested in Keeping Community Spaces Tobacco-Free

- Led 2 Park Clean-Up Events, in partnership with Blue Zones, Tobacco Coalition, and other community partners
- Distributed smoke-free signage and materials across county and at outreach events

Expanded Public Education about Tobacco Harm

- Hosted 4 bilingual tobacco trainings at 3 MJUSD School Readiness Sites
- 18 Families learned about health impact of 2nd- and 3rd-hand smoke and quit services on topics of:
- ♦ Tobacco 101 ♦ 2nd and 3rd hand smoke education ♦ Cessation services

Drove Policy Change through Educational Presentations

- Marysville City Council
- California State Legislature
- North State Tobacco Education & Prevention Council

What families are saying:

100% - workshops well-structured80% - increased knowledge; will refer70% - content relevant for work





Parent Ambassadors



Parent Ambassadors Leadership Program

- Launched in 2023 to empower parents and grassroots leaders as advocates for children and families.
 - Kicked off Nov. 2023
 - Parent Ambassadors meet bi-monthly through June 2025.
- Ambassador trainings featured an online modules and curriculum:
 - Leadership, advocacy, Maternal Mental Health curriculum, and self-reflection activities.
 - This year, the group attended local Women's Day conference and Purpose Workshops.



- The current cohort, "Momigas," leads local outreach, education, and F5 advocacy
 - E.g., Stepping with Baby groups, outreach events, Board of Supervisor Appearances etc.



Sponsorships & New Partnerships

Yuba Sutter Arts & Culture Partnership

- Expanded opportunities for children and families in creative arts, outdoor exploration, and theater.
- Hosted major events like:
 - Children's art reception during the Month of the Child featuring local preschool and daycare art.
 - Guided hike on Hidden Spruce Trail with art activities and free supplies for over 25 children and families.

Marysville Drakes Organization Partnership

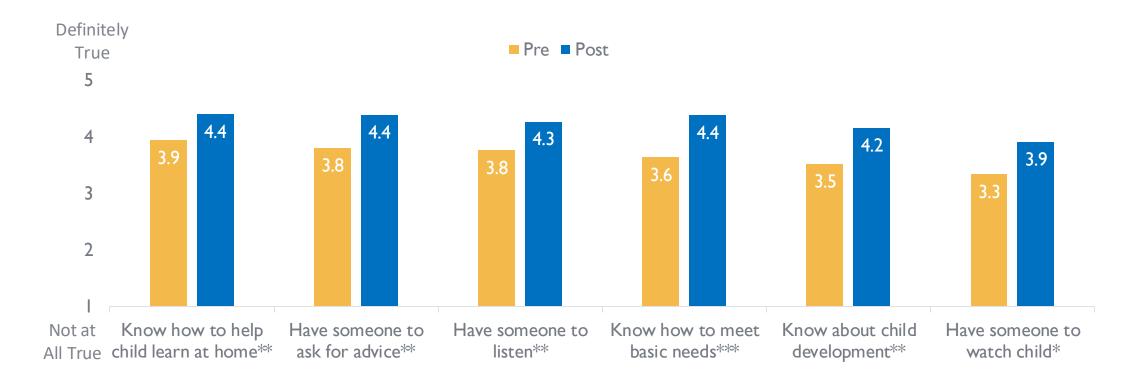
- Hosted a family night with free admission for children under 5.
- Supported the Drakes in updating tobacco and vape-free policies and provided new stadium signage.
- Leveraged paid media to promote the event through local radio and social media.





Impact of First 5 Yuba Programs and Supports

 Families who participated in First 5 Yuba programs and services significantly improved across all six protective factors.





Questions?

We thank you for another great year of partnership!

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