

2024-2025

# Impact Snapshot



Prepared by



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About

# First 5 Yuba



## What We Do

First 5 Yuba invests in programs and partnerships that strengthen families, support early childhood development and build coordinated systems of care for children prenatal to age five. Guided by its strategic goals (Child Health and Development, Resilient Families, Quality Early Learning, and Strong Systems), First 5 Yuba works with community partners to expand access to health services, support parents, improve early learning opportunities, and strengthen systems. Through this collaborative approach, First 5 Yuba aims to ensure young children enter school ready to learn and thrive.

**First 5 Yuba strengthens families, child development, health, and systems to help every child thrive from the start.**

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## Vision

All Yuba County children are healthy and thriving in safe and nurturing family environments and ready to succeed in their educational experiences.

## Mission

First 5 in Yuba County will strategically support the use of community resources and services to enhance the development and well-being of children 0 through 5 and their families.

## Goal Areas



### Child Health and Development

Promote each child's physical, dental, social, and emotional development.



### Resilient Families

Promote parental resilience, social connections, concrete support in times of crisis, and knowledge of parenting and child development.



### Quality Early Learning

Enhance early care and education settings to nurture children's health, socio-emotional, and cognitive development.



### Strong Systems

Strengthen local systems to meet the needs of all children and families in a coordinated, high quality, sustainable manner.

# Year in Review

**10,160**

Children ages  
0-5 served\*

**7,276**

Caregivers  
supported\*

**1,048**

Providers  
engaged\*

**\$509K**

Invested

Child Health and  
Development

**\$154K**

Resilient Families

**\$284K**

Quality Early  
Learning

**\$27K**

Strong Systems

**\$44K**



“

**Thanks to the  
administrators for  
providing funding  
to this program  
that is so vital to  
the community.**

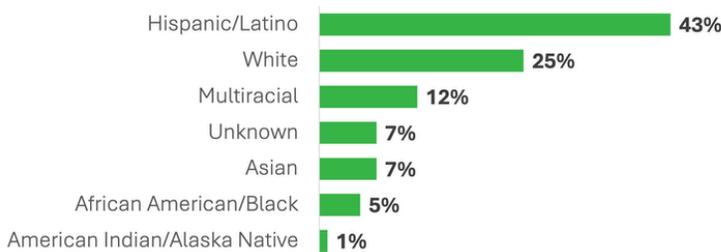
-Parent in MJUSD School Readiness  
Program (translated from Spanish)

\*Reflects duplicate counts

# Our Families

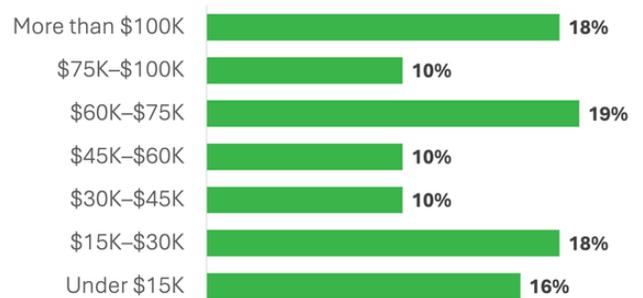
## Child Ethnicity

First 5 Yuba serves a diverse group of children, with the largest share identifying as Hispanic/Latino.



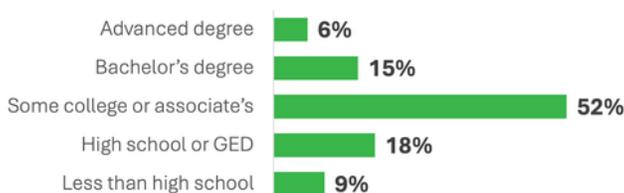
## Family Income

Over half of First 5 Yuba families report incomes below \$60,000, which is lower than median incomes for both Yuba County and California.



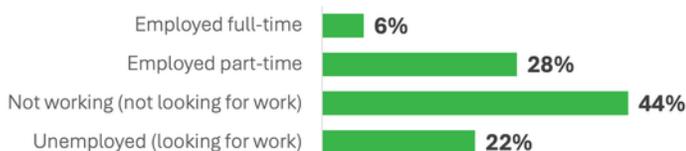
## Caregiver Education

More than half of First 5 Yuba caregivers have completed some college or an associate's degree.



## Caregiver Employment

Many caregivers are not currently in the workforce, with nearly half (44%) not looking for work and another 22% actively seeking employment.



**\$73,313**

Yuba County  
median income

**\$96,334**

California  
median income



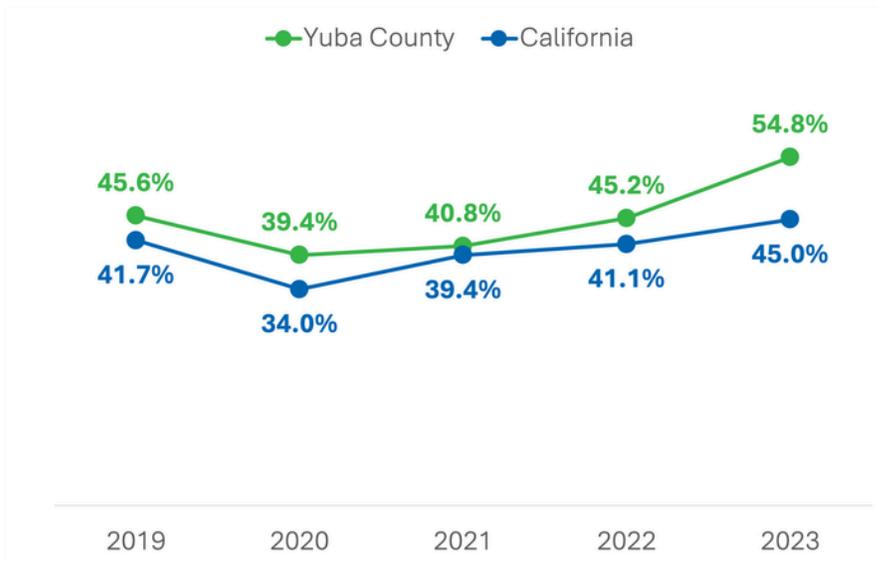
Goal Area 1:

# **CHILD HEALTH AND DEVELOPMENT**

# What Are the Needs in Yuba County?

## Dental Care

Percentage of Children (0-5) Attending Dental Visits in the Last Year



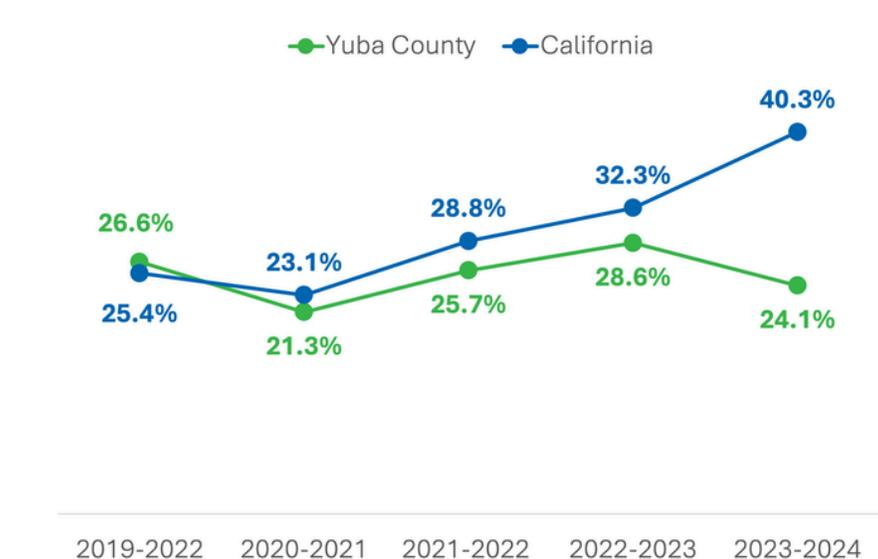
Source: CHHS - Dental Utilization Measures and Sealant Data by County and Age Calendar Year (2023).

**Yuba County saw a sharp rise in dental visit rates in 2023, reaching the highest level in five years.**

- Over half (54.8%) of Yuba County children ages 0-5 visited the dentist in 2023, a significant increase from 45.2% in 2022.
- Yuba County continues to exceed the statewide average (45.0% in 2023) for young children’s dental care utilization.
- Dental visit rates have improved for three consecutive years in Yuba County, following a drop during the 2020 pandemic.

## Developmental Screenings

Percentage of Children Screened by Age 3



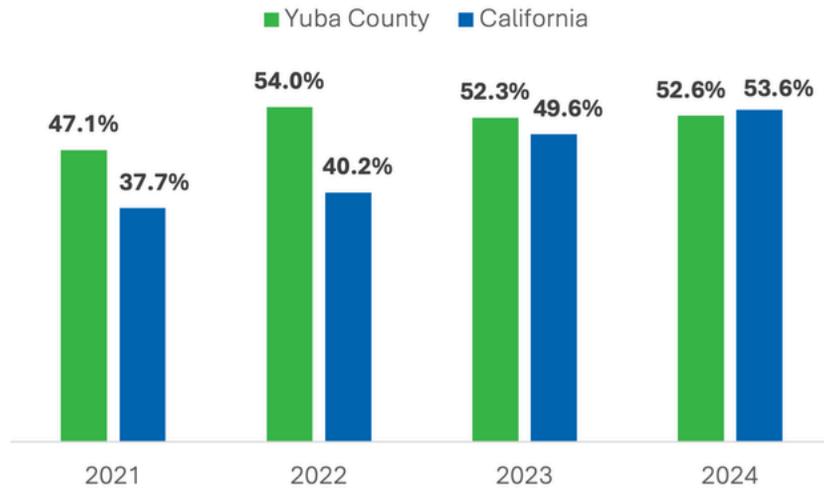
Source: Medi-Cal Managed Care Quality Improvement Reports.

**Yuba County’s screening rates have remained steady in recent years, but continue to fall below the statewide average.**

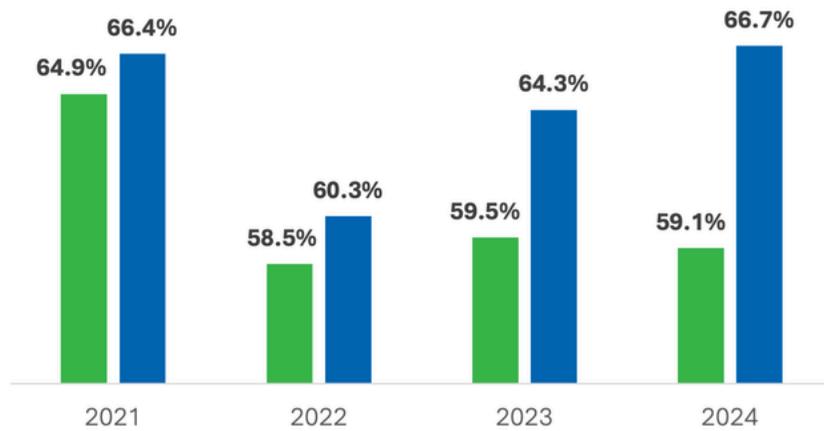
- In 2023-24, 24.1% of Yuba County children were screened by age 3, similar to the previous year’s rate of 28.6%.
- Yuba County’s screening rates have remained relatively stable over the past five years, ranging from 21.3-28.6%.
- Statewide screening rates have increased sharply, reaching 40.3% in 2023-24, widening the gap between Yuba County and California.

# Well-Child Visits

## 6+ Well-Child Visits (0-15 Months)



## 2+ Well-Child Visits (15-30 Months)



**Yuba County infants continue to attend well-child visits at strong rates, while toddler visits remain below statewide levels.**

- In 2024, 52.6% of infants (0-15 months) received six or more well-child visits, similar to rates in 2022 and 2023.
- For toddlers (15-30 months), 59.1% received two or more visits in 2024, holding steady compared to recent years.
- While toddler rates remain below the state average, infant visit rates have stayed consistently high over the past three years.

Source: Medi-Cal Managed Care Quality Improvement Reports.



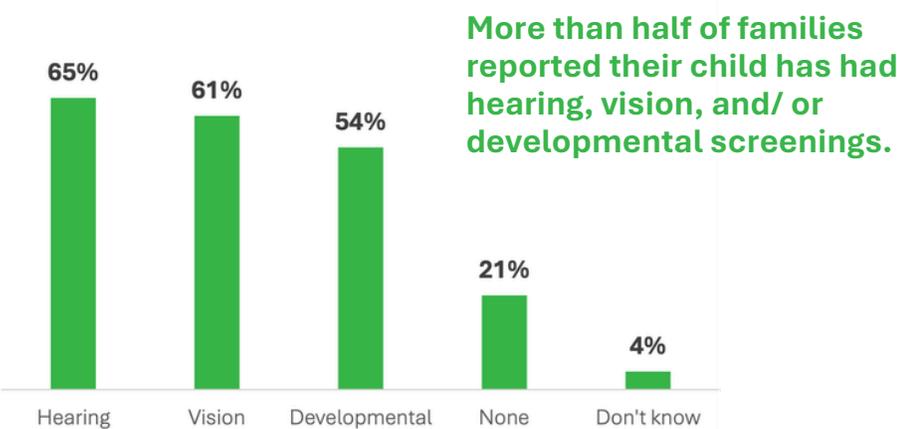


# A Closer Look at First 5 Yuba Families

Data from family intake forms offer insights into children’s screenings, preventive care, and types of support caregivers are seeking.

## Children’s Screenings and Preventive Care

### Family-Reported Developmental and Health Screenings at Intake



Source: Family Intake Form, 2024-25. N = 112. Note: Percentages exceed 100% because families could select multiple services.

**First 5 Yuba families have strong access to preventive care, with nearly all receiving a well-child visit and most attending recent dental appointments.**

- 98%** of children had a well-child visit in the past year
- 97%** have a regular doctor/clinic for medical care
- 82%** of children (12+ months) had a dental visit in the past 6 months
- 91%** have a regular place for dental care

Source: Family Intake Form, 2024-25. N = 108-112.

## Caregivers’ Concerns

**21%** of caregivers have concerns about their child’s development or behaviors. Most common concerns: speech and behavioral challenges.

## What Are Caregivers Looking For?

Families expressed the greatest interest in parent support and physical activity opportunities, along with developmental screenings.

**33%**

Parent support (e.g., for child behavior)

**32%**

Physical recreation activities

**24%**

Developmental screenings

**11%**

Child dental exams

**9%**

Support for special needs

**7%**

Prenatal care

Source: Family Intake Form, 2024-25. N = 93 - 102. Note: Percentages exceed 100% because families could select multiple services.

# How Is First 5 Yuba Responding?

## MJUSD Student Services and Peach Tree Health Mobile Dental Clinic

MJUSD Student Services (SS) and Peach Tree Health (PTH) continued to deliver dental care services to children 0-5 years, particularly those residing in remote or hard-to-reach locations.

The fully equipped Happy Toothmobile provided comprehensive onsite services, including dental screenings, fluoride treatments, cleanings, sealants and more. In addition to direct treatment, staff offered oral health education and conducted outreach to increase awareness of the importance of oral health among children and caregivers.



The mobile dental clinic aims to increase the use of pediatric dental services and awareness of the importance of oral health.

**2,678**

children reached

**656**

caregivers reached

**1,140**

children registered for Mobile Dental Clinic services

**873**

children received oral health care coordination services

**717**

children received follow-up dental services

**393**

children received MJUSD and Mobile Dental Clinic services

**18**

school sites served

**1,011**

children received community outreach and education

The Happy Toothmobile, a fully equipped mobile clinic, provided dental screenings, fluoride treatments, follow-up care, and education across Yuba County.

### Happy Toothmobile Equipment Upgrades

- New dental chairs
- Updated x-ray equipment
- Refreshed dental instruments

# MOBILE DENTAL CLINIC SUCCESS STORY

Ahead of a Toothmobile school visit to Johnson Park, school staff contacted the dental team about two newly arrived families from Mexico with seven children between them. The children were in extreme need of dental care. Two children, a five-year old boy and a seven-year-old girl, were in especially urgent need with visible pain. School staff reported that they had been crying every day, unable to eat or sleep due to the pain.

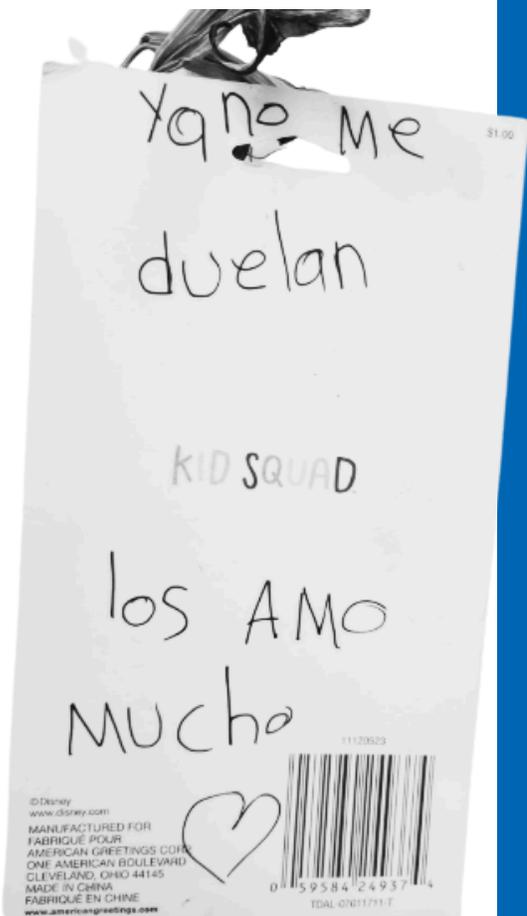
The boy received a root canal and three fillings. He was so excited that he could eat and drink without pain, and he even convinced a reluctant classmate to visit the Toothmobile. The boys became 'happy toof' buddies and loved coming to their dental appointments together.

The other child required antibiotics due to a bad infection. Her two infected teeth were removed, followed by six fillings and two pulpotomies (i.e., baby root canals). She was the most joyous, grateful little patient you could imagine, and so stoic and determined to become cavity-free. Every morning she would wait for the dental team to arrive with gifts of dandelions, drawings, and random trinkets. In one note she wrote, "To all the dentists who helped me so my teeth no longer hurt. I love you so much." (*Translation of original note shown*).

**To all the dentists  
who helped me so my  
teeth no longer hurt.  
I love you so much.**

Although the dental team couldn't complete all treatments before summer break, the parents continued to bring the children for follow-up appointments during the summer. All seven children are now proud members of the Happy Tooth Zero Cavity Club.

-Program Staff



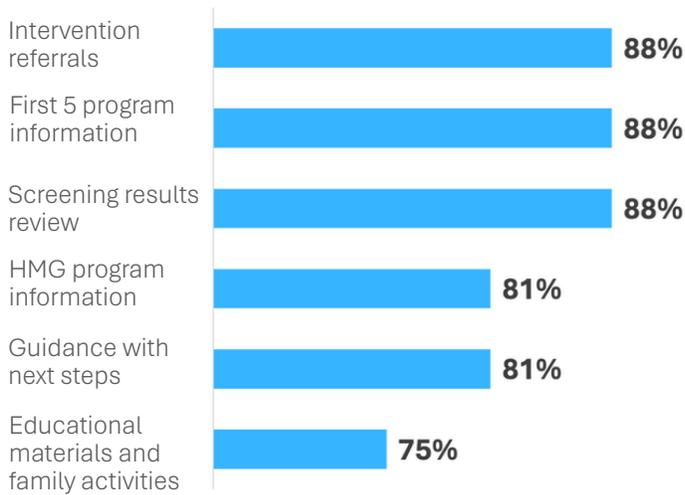
# Help Me Grow Developmental Screenings and Referrals

Help Me Grow (HMG) is a national model of screening and early intervention services that was first implemented in Yuba County in 2016. HMG is a key partner in building a universal early screening system, and provides a centralized access point where families with young children can access information on local resources and services. HMG conducts screenings using the Ages and Stages Questionnaire (ASQ-3) and the Ages and Stages Questionnaire: Social-Emotional (ASQ:SE-2) to identify developmental concerns and connect families to early intervention services.

Help Me Grow connects families with developmental screenings and resources, helping them get timely support and intervention.

## Parents reported strong satisfaction with HMG support and referrals.

### Parent Satisfaction with HMG Navigation Services



Source: HMG Parent Navigation Survey, 2024-25. N=16. Note: Percentage of parents/caregivers rating survey items as very good (4) or best possible (5) on 0-5 scale, indicating satisfaction.

783

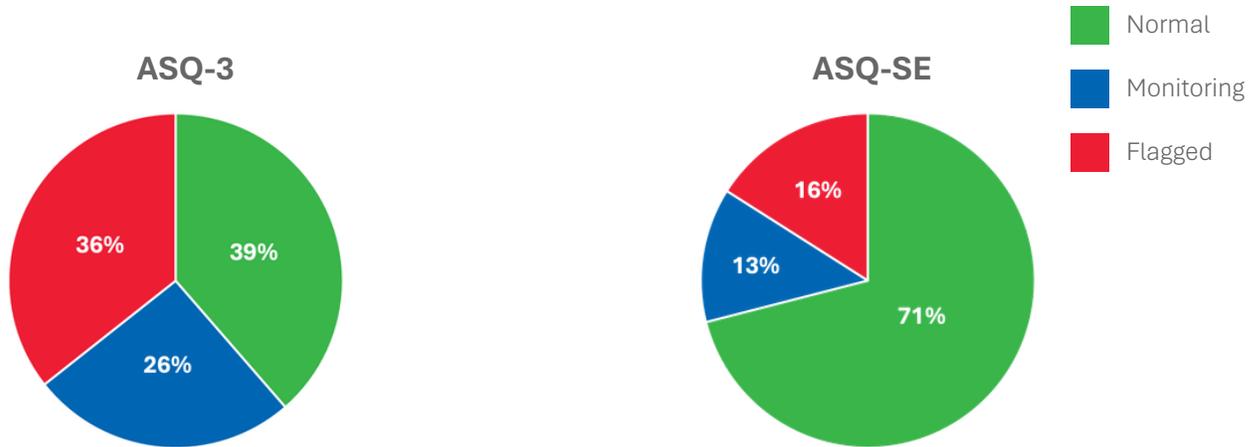
children screened

783

caregivers served



# Developmental Screening Results at a Glance



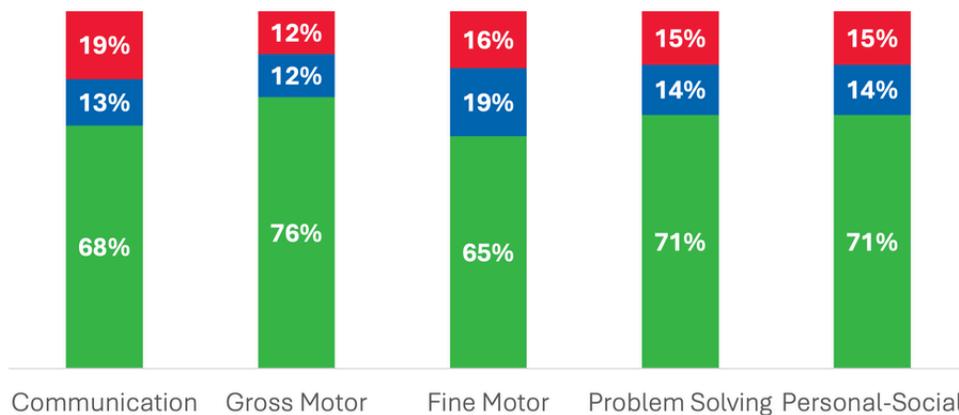
**Fewer than half of children screened were on track developmentally, and a substantial share were flagged for potential developmental delays.**

- 39% of children screened were on track with developmental milestones.
- 26% fell into “monitoring zone,” suggesting they may need follow-up.
- 36% were flagged for potential developmental delays and referrals.

**Most children showed typical social-emotional development, though 1 in 3 may benefit from additional monitoring or support.**

- 71% of children screened were within the typical range for social-emotional development.
- 13% were in the monitoring zone.
- 16% were flagged for possible concerns.

## ASQ-3, By Domain



**Screening results varied by domain, with most children on track for gross motor skills while communication and fine motor skills showed higher rates of concern.**

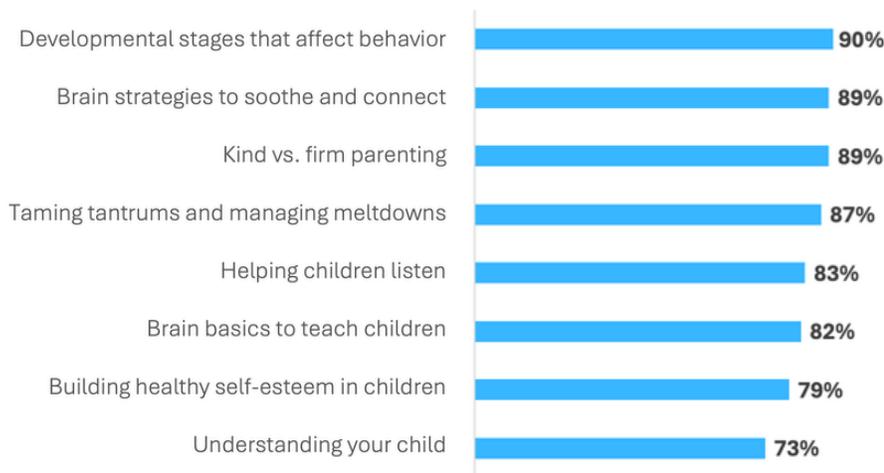
- Gross motor skills had the highest rate of children meeting developmental milestones (76%), with 12% needing monitoring and 12% flagged for possible concerns.
- Fine motor skills showed the greatest need, with 19% of children needing monitoring and 16% flagged.
- Communication skills followed a similar pattern, with 68% on track, 13% needing monitoring, and 19% flagged.

# Child Development Behavioral Consultation Services

The Yuba County Office of Education’s (YCOE) Child Development Behavioral Consultation (CDBC) program provides brief intensive home-visiting consultation services to families struggling with child behavior management, and an evidence-based mental health curriculum for pregnant mothers. CDBC also offers several parent education series and community workshops in English and Spanish, on topics of positive discipline and child development. Lastly, CDBC facilitates Bi-County Early Access Support collaborative (BEAS) meetings for early childhood professionals and parents and coordinates developmental and behavioral events.

**Caregivers in Positive Discipline workshops demonstrated strong understanding of parenting knowledge and strategies, scoring above 80% correct on most topics.**

## Knowledge (Percentage Correct) Following Positive Discipline Workshops



Source: YCOE CDBC Positive Discipline Parenting Class Mini Surveys, 2024-25. N = 5-12.

**CDBC provides families with individualized behavioral support, parent education and guidance to navigate child behavior and developmental needs.**

**7**

children received intensive home visitation behavioral services

**7**

children received intensive behavioral consultation

**222**

caregivers received psycho-education

**3**

caregivers attended parenting series

**20**

positive discipline workshops hosted

**81**

caregivers attended positive discipline workshops

**8**

community workshops held

**96**

caregivers attended community workshops



**I have and will continue to use these concepts at home and work. They are definitely helpful and it is great to give my son some tools on how to navigate his emotions.**

-Parent

# Yuba County Office of Education: Family Resource Center

The Yuba County Office of Education Family Resource Center (YCOE FRC) serves as a central hub of support for families and their children ages 0-5 with special needs. Services include linkages to early intervention and support, concrete assistance such as diapers and gas cards, workshops and support groups, and family activities.

## What YCOE FRC Offers Families



### One-on-One Support

Case management and guidance to help families access medical, developmental and special needs services



### Basic Needs Assistance

Diapers and wipes; Gas cards/vouchers for medical appointments; Resource and toy lending library



### Parent Education and Support

Workshops and parent support groups



### Family Engagement

Playgroups, family activities, and community events

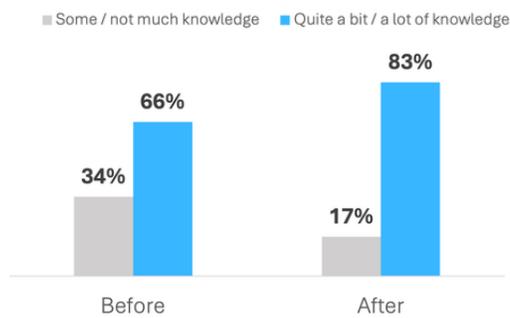
The YCOE FRC helps families navigate medical, developmental and day-to-day needs for children with special needs.

**162** children and caregivers received one-on-one support

**9,834** packs of diapers and wipes distributed

**6** gas cards and vouchers distributed

## Parent-Reported Knowledge Before and After YCOE FRC Activities



Source: FRC General Post Workshop Survey, 2024-25. N = 6.

Families reported greater knowledge after taking part in YCOE FRC activities.

Families expressed high satisfaction with diaper and gas card support.

**95%** of caregivers reported being satisfied or extremely satisfied with the concrete supports they received (N = 20).



I appreciate that this service is available...they gave me more resources and I'm very grateful

-Parent

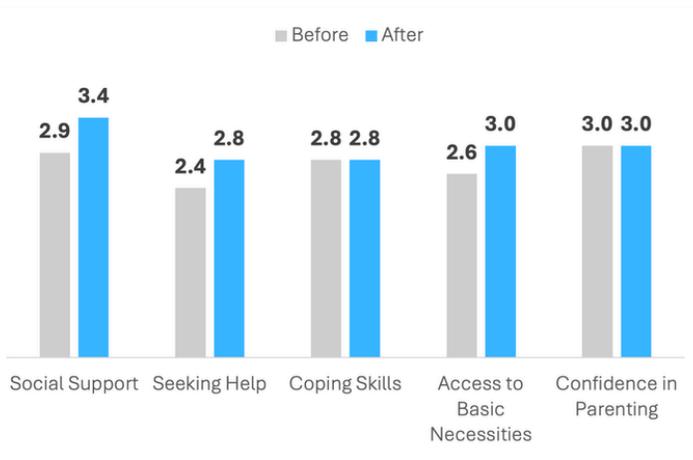


# Parental Mental Health Initiatives

## Stepping with Baby Walking Groups

Stepping with Baby is a weekly walking group for expectant and new mothers implemented through a partnership between YCOE FRC and First 5 Yuba staff. The program promotes physical activity, connects families to community resources, and provides a safe space for parents to learn about mental health, child development, and parenting while building relationships with other families.

How Mothers Rated Their Support, Coping and Parenting Skills



Source: Stepping with Baby Pre-Post Survey, 2024-25. N (matched pairs) = 8. Survey generated no significant change pre-post on matched pairs.

### What Mothers Liked Most

-  **Conversation**
-  **Connecting with other parents**
-  **Being active and doing fun, healthy activities**

## Mindful Mommas Weekly Support

Mindful Mommas, implemented by First 5 Yuba County, is a weekly support group for new and expectant mothers. A licensed advanced alcohol and drug counselor facilitates the sessions, guiding conversations on health, mental health, and tobacco education, while fostering social connections among mothers.



Stepping with Baby and Mindful Mommas offered mothers a place to connect with other mothers, gain support and improve well-being.

### Stepping with Baby Walking Groups

**64** children participated  
**42** mothers participated

### Mindful Mommas Weekly Support

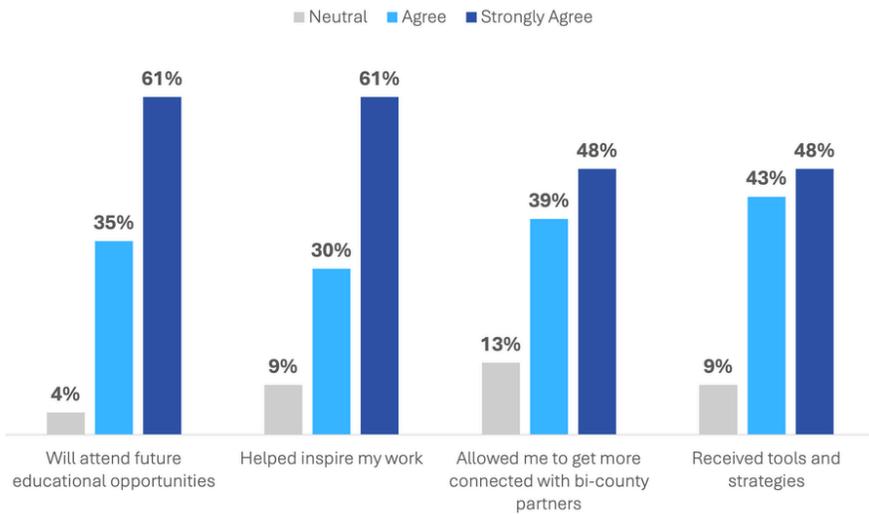
**6** children participated  
**8** mothers participated

# Blue Shift Perinatal Mental Health Conference

The Blue Shift Initiative is a collaborative, bi-county effort to improve screening, diagnosis, and treatment of Perinatal Mood and Anxiety Disorders (PMAD). Over eight years, it has expanded into partnerships with 34 agencies supporting maternal mental health.

This year marked the third annual Blue Shift Maternal Mental Health Conference. First 5 Yuba played a central role in planning and facilitating the conference with additional support from Blue Shift partners. The conference featured presentations, panel discussions focused on lived experiences, including one featuring bereaved parents and workshops and networking. The conference is one component of First 5 Yuba's broader perinatal mental health strategy, which also includes support groups and the annual Blue Dot campaign to raise awareness and reduce stigma.

## Provider Feedback on Conference Impact



Source: Maternal Mental Health Pre-Post Survey, 2024-25. N = 24.

**96%**

of attendees rated the keynote presentation as highly relevant

**95%**

of attendees rated the panel discussion as highly relevant

**Most attendees agreed that the conference inspired their work and strengthened cross-county connections.**

**The Blue Shift Conference brought providers together to deepen their knowledge of maternal mental health.**

**109** providers attended

**5** parents attended



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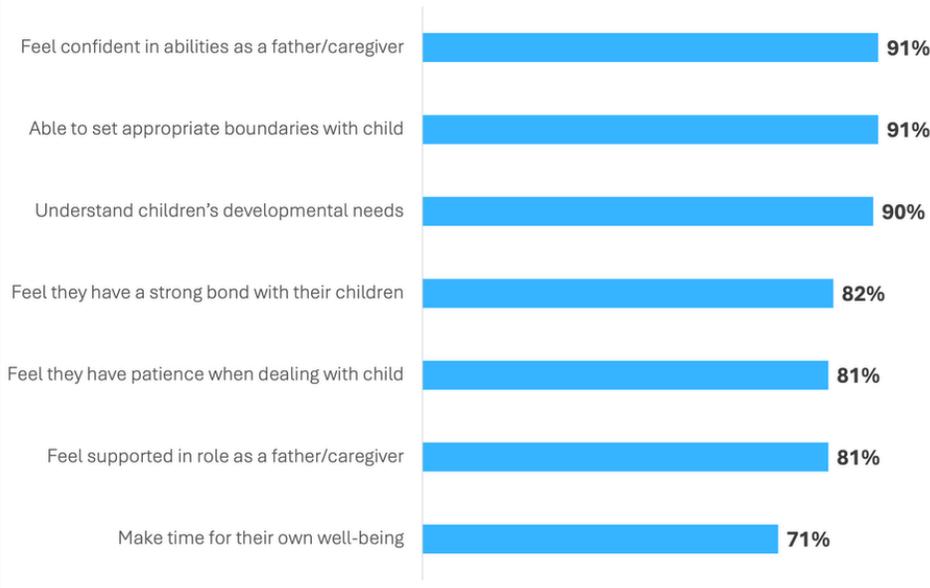
**I appreciated having access to education about topics that are normally hard to discuss with clients.**

-Conference attendee

# Father Support Initiatives

First 5 Yuba County continued to support fathers through Dad's Night Out groups and the Fathers Matter initiatives. The programs offer group gatherings, peer support, and parenting-focused activities designed to strengthen parent-child relationships, increase fathers' engagement, and promote positive mental health.

## Parenting Experiences Reported by Fathers



Source: Father's Matter Participation Survey, 2024-25. N = 23.

**Participating fathers reported strong parenting skills and relationships with their children.**



**It has helped build my confidence in learning that I wasn't alone, and that I am not the only one who deals with problems we as fathers sometimes face. Sometimes it's good to just talk about issues in a neutral environment with people who understand, and that alone can really feel uplifting. I've greatly benefited from the wise advice and conversations I've had with the other fathers.**

-Parent

**Dads Night Out and Fathers Matter Programs offer a safe, supportive space for fathers to connect, build skills, and bond with their children.**

## Dads Night Out Program

**16**

workshops held

**30**

fathers participated

## Fathers Matter Program

**23**

fathers participated



# Physical Fitness/Safety

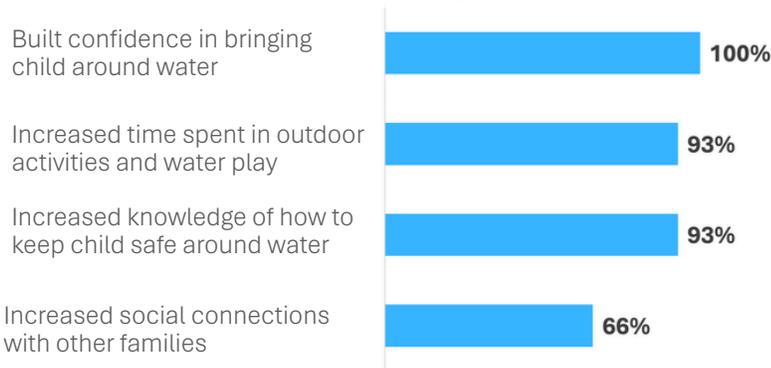
## OPUD Aquatics Program

FIRST 5 partners with the Yuba County Department of Public Health to bring free swimming lessons to local families with children at the Olivehurst Public Utility District (OPUD) Swimming Pool. The braided funding allowed them to offer the full continuum of services to families with children, with First 5 supporting programming for ages 0-5 years and Public Health covering classes for older children. The program aims to increase child and family safety around the County waterways and reservoirs, strengthen parent-child bonding, and increase physical activity. Consecutive two-week sessions ran through the summer, 4-5 days a week.

OPUD Aquatics provides families with free swim lessons that help children and parents build water safety skills and confidence.

### OPUD aquatics program increased parents' confidence and knowledge around water safety.

#### Percentage of Parents Reporting Positive Impacts from the OPUD Aquatics Program



Source: OPUD Summer Swim Survey, FY 2023-24. N = 15. Note: Percentages reflect participants who selected "Strongly agree" or "Agree."

4 out of 5 families said their child wouldn't have received water safety lessons elsewhere, and nearly all would sign up again and recommend the program.

**80%**

of children would not have received water safety lessons elsewhere

**87%**

of families said they are very likely to sign up again

**94%**

of families said they would recommend the program to other families

**202**

children served

**142**

caregivers served



**My son gained more confidence being in a pool and now loves to swim. I feel more comfortable knowing he can reach the side of a pool and find a way out should he fall in.**

-Parent

## CA Office of Traffic Safety (OTS) Child Passenger Safety Program

Through funding from the California Office of Traffic Safety (OTS) and in partnership with Public Health, First 5 Yuba supported local efforts to keep children safe on the road. Certified child passenger safety technicians provided families with hands-on instruction, safety checks, and one-on-one car seat installation assistance. The program also distributed free car seats, hosted safety classes, and engaged families at outreach events, promoting awareness of traffic safety and proper car seat use.

The Child Passenger Safety Program helped Yuba County families keep their children safer on the road with free car seats, hands-on instruction, and installation support.



**138** caregivers served

**114** free car seats distributed

**115** car seats purchased

**146** car seat safety appointments completed

**4** highly publicized child safety seat check-up events

**8** safety education classes held

## OTS SUCCESS STORY

Staff assisted a mom of a 6-month-old and 4-year-old who didn't speak English or Spanish. With the help of a phone interpreter, staff inspected her car seats and realized the seat belt straps were not locked. Staff demonstrated how to properly lock the seat belts and adjust the harness and the mother was able to do it herself. No replacement was needed for the baby's car seat.

The 4-year-old's seat, however, had no labels on the sides and the harness was twisted and frayed. The family had purchased the car seat on Facebook and didn't know its history. We issued a new car seat and demonstrated how to use the latch system. The mother even climbed into the back hatch to help pull the straps as tight as possible. Overall this was a great experience and we were able to support this family successfully despite the language barriers.

-Program Staff



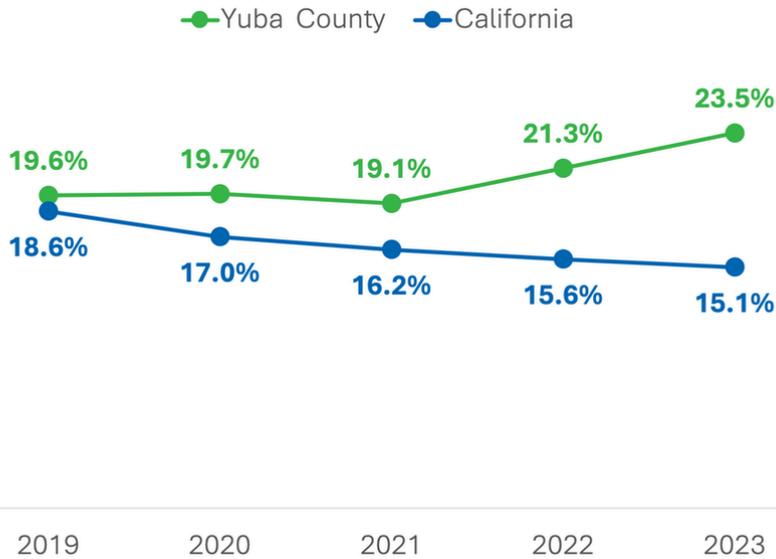
Goal Area 2:

# RESILIENT FAMILIES

# What Are the Needs in Yuba County?

## Poverty

Percentage of Children 0-5 Living in Poverty



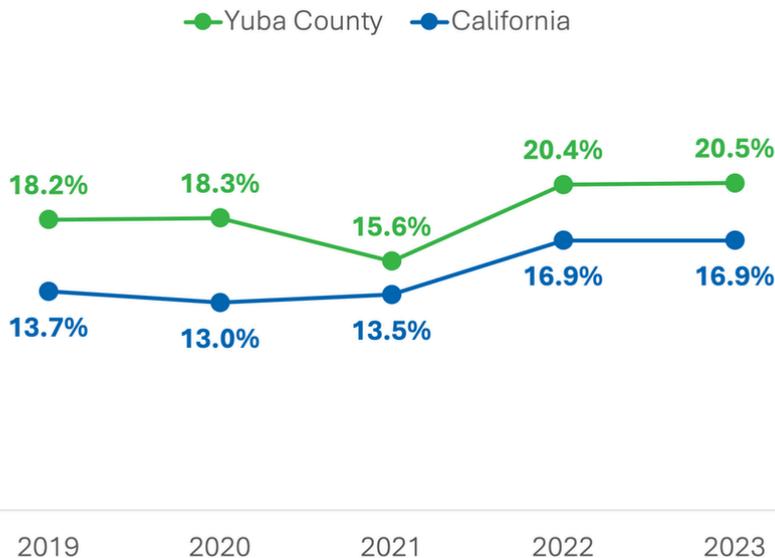
Source: US Census ACS - 5-year estimates.

**Nearly 1 in 4 young children in Yuba County live in poverty, a rate that continues to rise and remains well above the statewide average.**

- The percentage of Yuba County children ages 0-5 living in poverty increased to 23.5% in 2023, up from 19.1% in 2021.
- Poverty rates in Yuba County have risen for three consecutive years and now exceed the statewide rate (15.1%).
- The gap between Yuba County and California has continued to widen, with local rates nearly 8 percentage points higher.

## Food Insecurity

Percentage of Children (0-17) Who Are Food Insecure



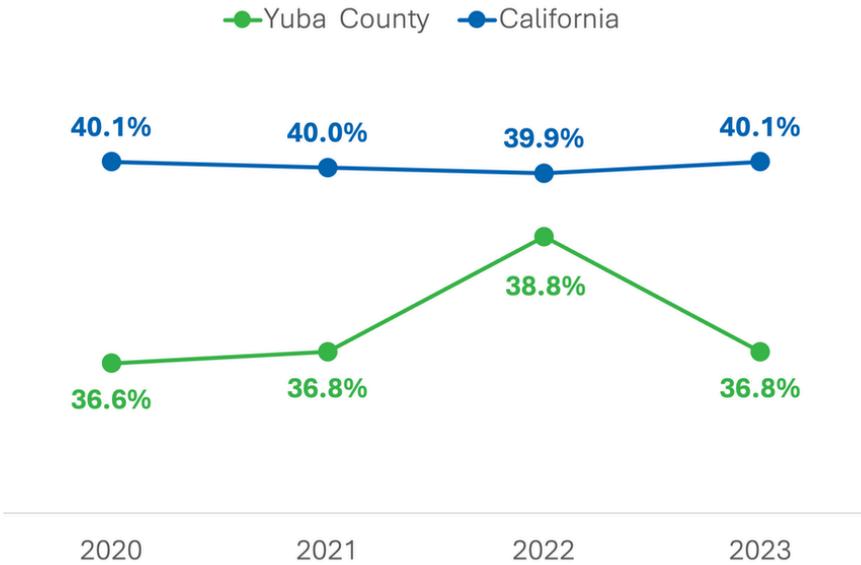
Source: Feeding America.

**Food insecurity has increased in Yuba County, widening the gap with statewide levels.**

- In 2023, 20.5% of Yuba County children under 18 years of age were food insecure, up from 15.6% in 2021.
- California also saw increases during this period, rising from 13.5% in 2021 to 16.9% in 2023.
- Despite similar upward trends, Yuba County rates have consistently remained higher than statewide.

# Housing Affordability

Percentage of Households Paying More than 30% for Housing



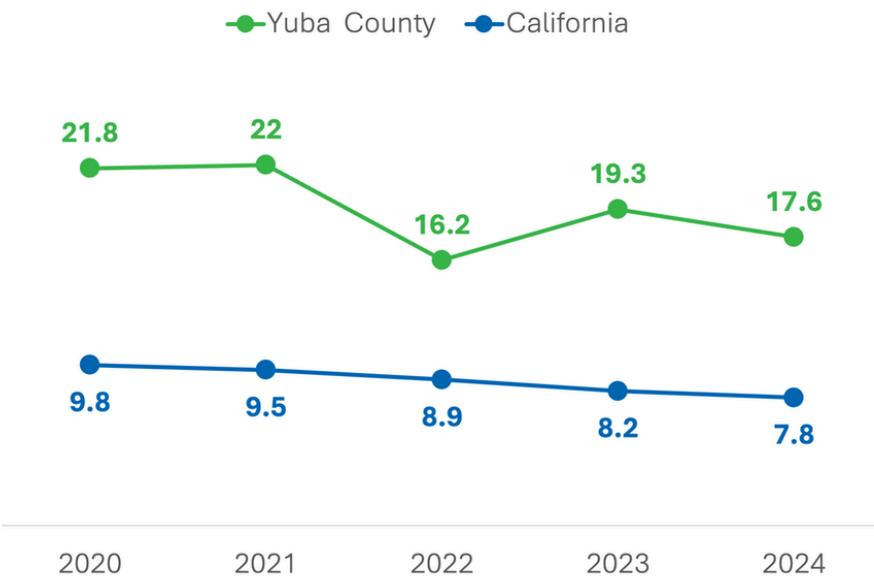
Source: US Census ACS - 5-year estimates.

**About one-third of Yuba County households face housing cost burden, but the rate remains lower than California overall.**

- Yuba County continues to experience a lower housing cost burden than the state overall. In 2023, 36.8% of Yuba County households spent more than 30% of their income on housing, compared with 40.1% statewide.
- The gap between Yuba County and the state has remained stable at about 3-4 percentage points.

# Child Maltreatment

Substantiated Cases of Child Maltreatment per 1,000 Children Under 6



Source: UC Berkeley CCWIP.

**While declining in recent years, Yuba County's maltreatment rates remain higher than statewide levels.**

- Substantiated maltreatment cases in Yuba County have trended downward over the last three years after peaking in 2021.
- Yuba County continues to experience higher rates of substantiated maltreatment than the statewide average.

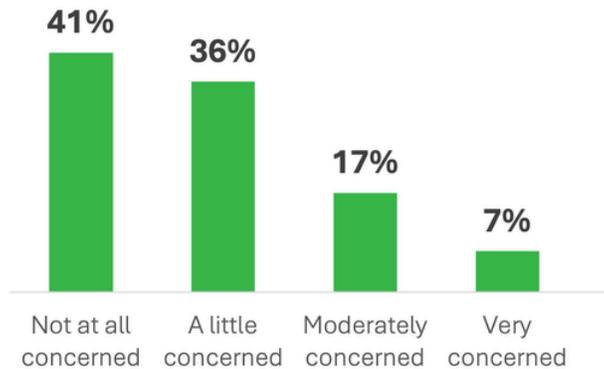


# A Closer Look at First 5 Yuba Families

Family intake data offer insight into caregivers' concerns related to finances, food, and housing, and access to support.

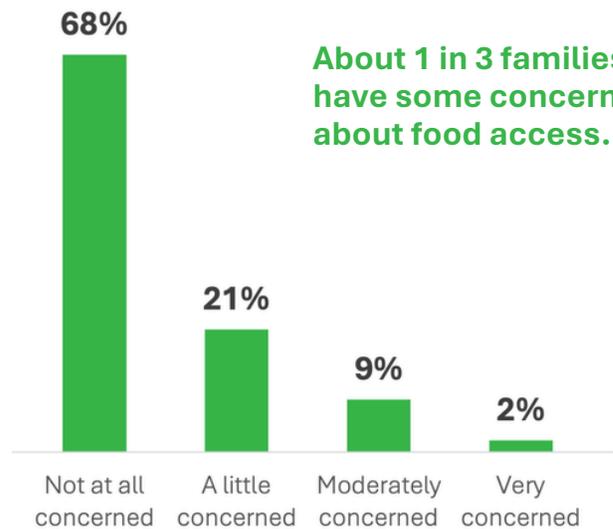
## Money and Paying the Bills

More than half of families report some level of concern about money and paying bills.



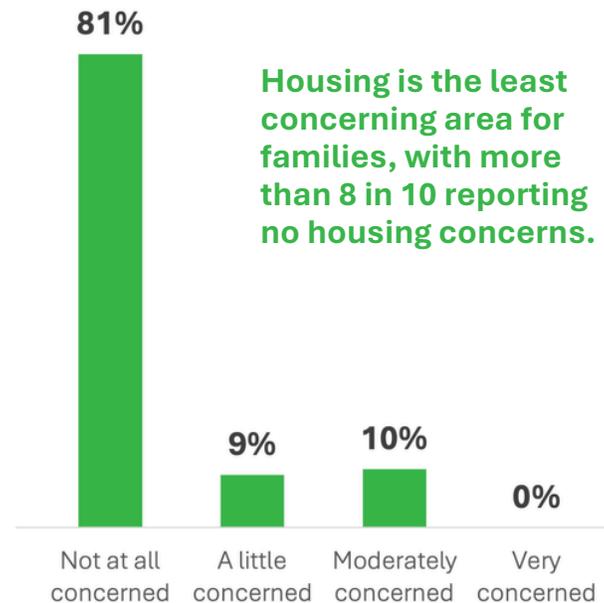
## Access to Enough Food/ Healthy Food

About 1 in 3 families have some concerns about food access.



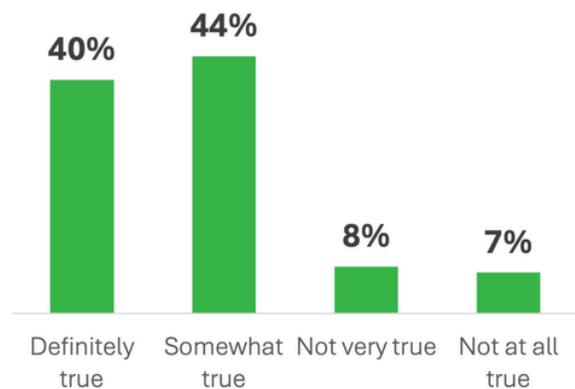
## Housing Concerns

Housing is the least concerning area for families, with more than 8 in 10 reporting no housing concerns.



## Knowledge of Where to Go for Basic Needs Support

Most families generally know where to go for basic needs help.



Source: Family Intake Form, 2024-25. N = 101-107.

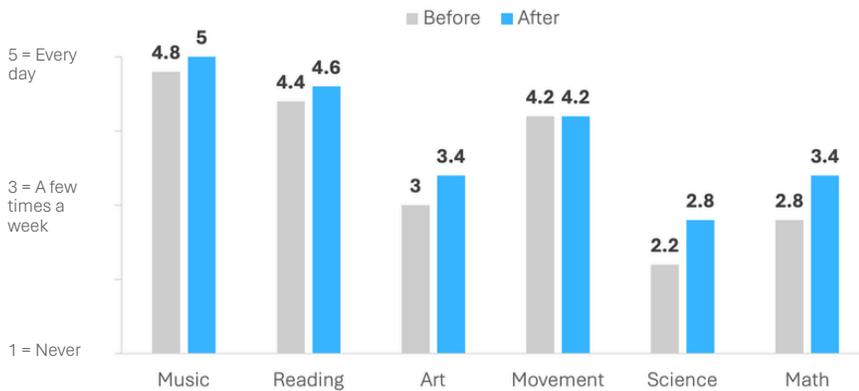
# How Is First 5 Yuba Responding?

## Playzeum Developmental Playgroups

Playzeum continued to bring Help Me Grow developmental playgroups to families across Yuba County. Playgroups offer hands-on, play-based early learning experiences for children and their caregivers to support parent-child relationships and school readiness. In addition, the playgroups offer opportunities for caregivers to share ideas, discuss concerns, and build connections.

**Parents showed positive shifts in how often they engaged in learning activities with their children after attending playgroups.**

Increase in Parent-Child Learning Activities After Playzeum Participation



Source: Playzeum Pre-Post Survey, 2024-25. N (matched pairs) = 5. Survey generated no significant change pre-post on matched pairs

**Playzeum playgroups provide families with guided play experiences that encourage learning and connection.**

**60**

children attended

**51**

caregivers participated

**6**

playgroup cohorts

**89**

play sessions



“

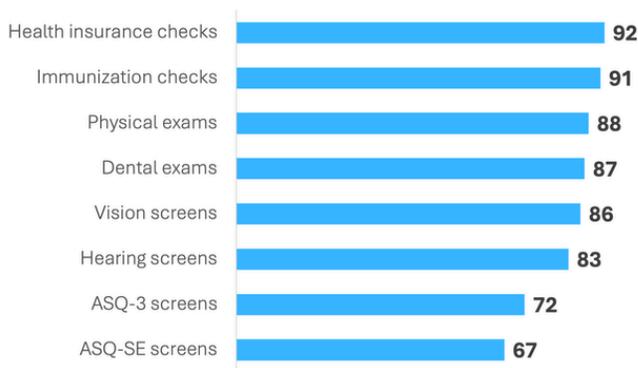
**We've been taking this class with [teacher] for over a year now, and it's amazing how much our child has grown and learned. We can't wait to take it again next semester!**

-Parent

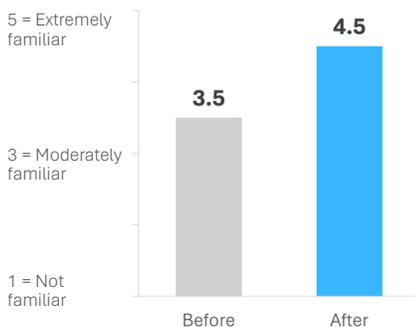
# MJUSD School Readiness Program

The MJUSD Child Development Program, in partnership with First 5 Yuba County and the Yuba County Office of Education, continued to offer a free school readiness program that strengthens parental resilience, social connections, and knowledge of parenting and child development. The program promotes school readiness and supports children’s physical, social, and emotional development through early literacy activities, parenting education, developmental screenings and health check-ups, parent-child playgroups, and community workshops and events.

## Number of Developmental and Health Screenings/Exams Conducted



## Parental Knowledge Before and After Parenting Education Course



**Parents reported increased understanding of parenting strategies, child health and mental health, and child development concepts following the course.**

Source: MJUSD Pre-Post Survey, 2024-25. N = 66.

The School Readiness Program strengthens early learning by supporting children’s development and providing parents with guidance, connection and parenting education.

**80** children engaged

**80** caregivers supported

**666** screens/exams conducted

## What MJUSD School Readiness Program Offers Families

Parent-Child Playgroups

Literacy Workshops

Parent Education and Support

Developmental Screenings and Health Check-Ups

Community Workshops and Events



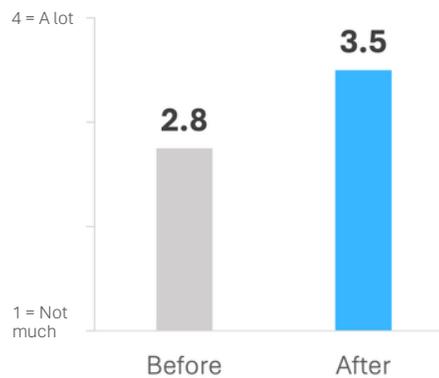
**[The teacher] encouraged me to put my son in preschool, and it was the best decision. Attending preschool and the School Readiness program has changed his attitude and he now uses his words and listens, likes dancing and is a happy kid.**

-Parent

# YES Environmental Science Charter Academy: ABC Sprout

ABC Sprout is a free nature-based school readiness program that supports young children's development through play and outdoor learning. The program is hosted in an outdoor classroom and offers developmental playgroups, field trips, and educational workshops about parenting, child development, and child health and safety. Families gain tools and guidance from early childhood and parenting educators, while spending meaningful time learning and interacting together in nature.

## Parental Knowledge Before and After Educational Workshops



Source: YES Environmental Science Charter Academy General Survey, 2024-25, N = 8.

Parents reported increased knowledge after attending workshops about parenting and child development.

**100%**

of parents would recommend the workshops to others

**100%**

of parents said they would apply what they learned

ABC Sprout fosters children's early development with play, exploration and parent-child engagement.

**92**

children engaged

**50**

caregivers supported

**4**

field trips offered

**9**

workshops hosted

## ABC SPROUT SUCCESS STORY

When 2-year-old M and her mom first started coming to the program, M would scream, hit, pull hair, and have frequent fits or meltdowns. When I tried to get close to her mom, M would push me away or slap me. Her mom would either tell her "We don't do that," or apologize for her actions. My response was to give M the words she couldn't yet say like, "You don't want me by your mom" or "You want me to move."

We talked about how M doesn't have the vocabulary she needs and is likely getting frustrated when she can't express herself. We also discussed Conscious Discipline and strategies such as calming breaths while holding M.

The mom wasn't afraid to ask questions in class, and as the year progressed so did M and her mom. M wasn't having as many meltdowns as before, and they were much more minimal compared to before. Her mom was also using what she learned in the program out in the "real world." Watching their growth is a huge success because it means...it is something that parents need.

-Program staff

# Camptonville Community Partnership: 1,2,3 Grow Parent-Child Classes

In the rural community of Camptonville, Camptonville Community Partnership (CCP) continued to bring learning and play to local families through its 1, 2, 3, Grow parent education and child enrichment program.

1, 2, 3, Grow is a parent-child early learning program that offers play-based enrichment, outdoor exploration, and evidence-based instruction to support children's physical, social-emotional and cognitive development and help prepare them for kindergarten. The program also offers parenting workshops on child development and behavior, giving parents practical tools to support their children at home.

**Parents are satisfied with CCP parenting workshops.**

**100%**

of parents would recommend the workshops to others

**100%**

of parents said they would apply what they learned

Source: Camptonville 1, 2, 3 Grow General Survey, 2024-25. N = 3.

**CCP offers families accessible early learning and parenting opportunities in a rural community with limited child enrichment resources.**

**12**

children and caregivers participated in parent-child classes

**29**

families attended drop-in services at the Camptonville Resource Center

**7**

community events held

**229**

children and caregivers attended community events



“

**I feel that 1,2,3 Grow is a valuable asset to our community and a much needed space for our youth and their growth. It is also a great space for parents to be able to make connections to one another and to know they are not alone on the parenting journey (it can be very lonely living out in the foothills).**

-Parent



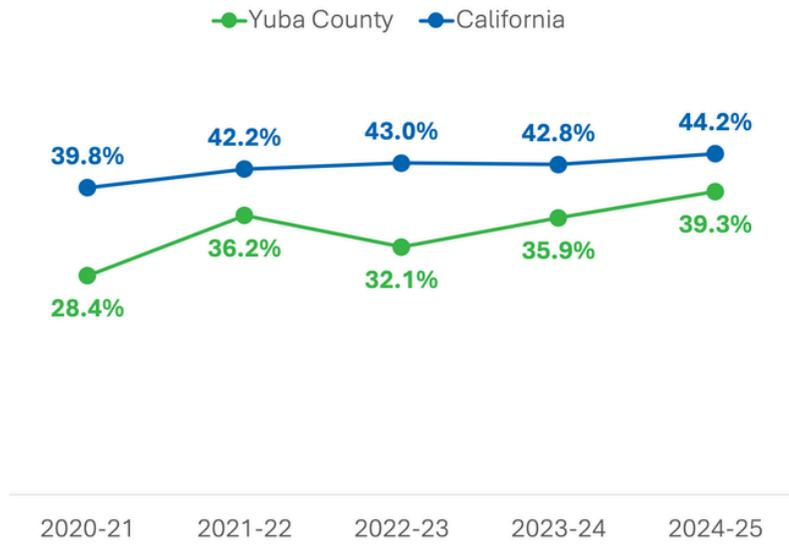
Goal Area 3:

# QUALITY EARLY LEARNING

# What Are the Needs in Yuba County?

## Reading Proficiency

Percentage of 3rd Graders Reading at or Above Grade Level



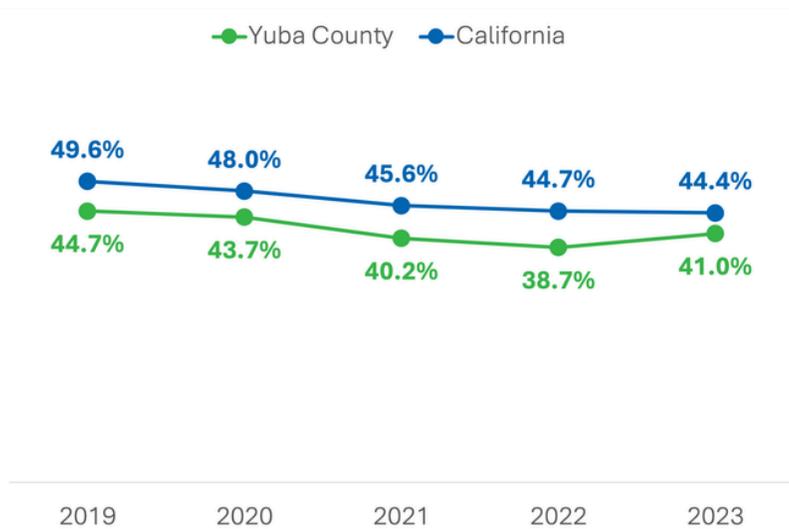
Source: California Department of Education, DataQuest.

**Reading proficiency in Yuba County continues to improve, with 3rd grade performance rising to 39.3% this year.**

- Yuba County 3rd grade reading proficiency increased for the second year in a row, rising from 35.9% to 39.3% in the last year.
- California continues to outperform Yuba County at 44.2%, but the gap between county and state levels narrowed slightly in 2024-25.

## Preschool Enrollment

Percentage of 3-4 Year-Olds Enrolled in Preschool



Source: American Community Survey 5-Year Estimates Detailed Tables, Table ID: S1401.

**Preschool enrollment in Yuba County remains below the statewide rate, despite a slight increase this year.**

- Preschool enrollment in Yuba County rose slightly in 2023 after several years of decline, increasing from 38.7% in 2022 to 41.0% in 2023.
- Yuba County continues to trail the statewide average of 44.4%.

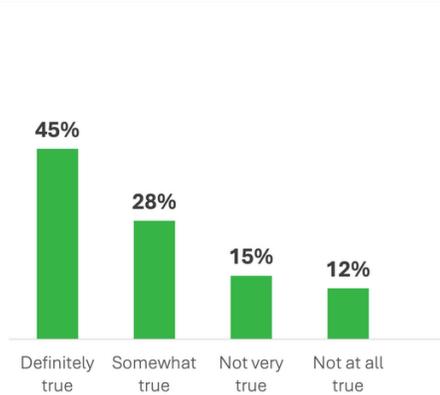


# A Closer Look at First 5 Yuba Families

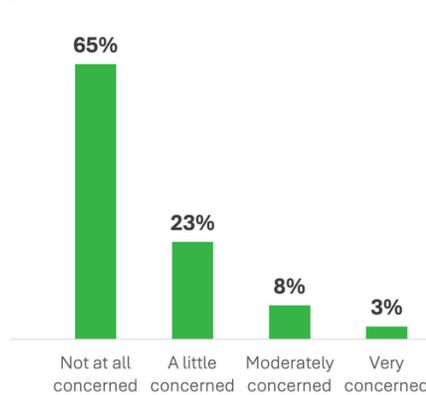
Data from family intake forms highlight caregivers' access to child care and the types of early learning support they are seeking.

## Child Care Access and Concerns

Caregivers Access to Informal Child Care



Caregivers' Concerns About Child Care



Source: Family Intake Form, 2024-25. N = 107-109.

**Most caregivers (73%) have someone they can leave their child with while they run an errand.**

**1 in 3 caregivers have some level of concern about their ability to obtain child care to attend work or school.**

**More than half of children (56%) are cared for at home, while the rest attend licensed programs or are watched by family, friends, or neighbors.**

**56%** of children are cared for at home with parents

**21%** attend a licensed preschool or child care

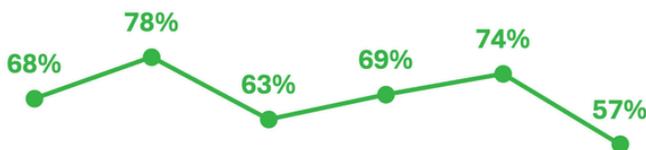
**20%** are cared for by family, friends, or neighbors

**2%** attend transitional kindergarten

**1%** attend a licensed family child care home

## Family Reading Frequency

Percentage of Families Reading With Their Child 3+ Times per Week



**Regular reading dropped to 57% this year, with fewer families reading to their child three or more times per week.**

2019-20 2020-21 2021-22 2022-23 2023-24 2024-25

Source: Family Intake Form, 2024-25. N = 114.

## What Are Caregivers Looking For?

**Families expressed interest in literacy support and kindergarten readiness information, and 1 in 3 asked for help finding child care or preschool.**

**57%**  
Books and literacy

**57%**  
Kindergarten readiness information

**33%**  
Child care/preschool

Source: Family Intake Form, 2024-25. N = 73. Note: Percentages exceed 100% because families could select multiple services.

# How Is First 5 Yuba Responding?

## Keys to Quality

The Keys to Quality Stipend Program, offered through the Child Care Planning Council and funded in part by First 5 Yuba, strengthens the early learning workforce by providing stipends, training, coaching, and professional growth opportunities. The program supports licensed and license-exempt early learning providers, as well as Family Childcare Providers, and Family, Friend, and Neighbor providers, helping ensure young children receive high quality care.

**91%**

felt they became a better teacher because of the Keys to Quality Stipend Program

**93%**

found program materials and workshop resource very beneficial

**100%**

felt the stipend was very beneficial for professional development

**81%**

rated coaching/ advising as very beneficial for professional growth

**Keys to Quality providers reported professional growth, and were highly satisfied with the program's materials, coaching, and stipends.**

**Keys to Quality strengthens the early learning workforce by providing training, coaching and stipends.**

**90**

providers engaged in the Keys to Quality improvement initiative

**115**

sites participated

**637**

hours of professional development training and coaching received

**37**

permits applied for or upgraded

**47**

units completed toward a degree

Source: Keys to Quality Satisfaction Survey, 2024-25. N = 27-31.



# Early Care Providers and Community Workshops

The Caregiver Café continued to be an important support for Family, Friend, and Neighbor (FFN) caregivers—grandparents, relatives, and close family friends who provide essential child care. The Caregiver Café offered approachable child development information, practical activities, and culturally responsive tools that caregivers could easily use in their daily routines. It also offered an opportunity for caregivers to form connections and linked them to local programs, family support services, and early childhood organizations.

First 5 Yuba also strengthened developmental support countywide by training home visitors and early childhood educators to use the Ages and Stages Questionnaire (ASQ). Following the training, participants demonstrated significant growth in their knowledge and comfort level of the ASQ tools.

Home visitors and early childhood educators attend an ASQ training.



First 5 Yuba supported FFN caregivers through the Caregiver Café and strengthened the early childhood workforce by training providers to use the Ages and Stages Questionnaire (ASQ).

## Family Friend and Neighbor and Caregiver Supports

- 23** children served
- 10** caregivers served
- 59** providers served
- 11** Caregiver Café sessions held

## Professional Learning Communities

- 136** providers served
- 4** trainings held
- 12** Professional Learning Community Sessions held



**I have been attending the Café for 4 years and I look forward to it. It gives me a space to be around other grandmothers and moms who are going through similar experiences or hear about how their situations with the kids they look after is different. It gives me an opportunity to talk about things without judgement....Caregiver Café has given me the confidence in knowing that I am doing the best that I can with my grandkids to help them grow.**

-FFN Grandmother



Goal Area 4:

# **STRONG SYSTEMS**

# Building Resilient Families Tobacco Grant

Since launching in 2020, the Building Resilient Families Tobacco Grant has strengthened tobacco prevention efforts across Yuba County's health and family-serving systems. FY 2024–25 marked a year of meaningful consolidation and community-led momentum. The examples of this year's efforts below illustrate how the initiative's long-term relationship-building and capacity development have begun to take root, enabling partner organizations to carry forward tobacco-related protocols and outreach even as the grant enters its final phase.

## Key efforts included:

### Integrated Screening Practices

Home visiting staff and clinic partners continued to integrate tobacco screening and referral practices into their daily workflows, supported by newly translated educational materials.

### Parent Ambassador Leadership

Parent Ambassadors, trained in tobacco advocacy and public comment practices, played an increasingly visible role by sharing secondhand smoke materials at First 5 events and modeling how trusted community members can influence health behaviors.

### Materials Translated

Translated educational materials in Spanish and Hmong made conversations more accessible for diverse families.

### Toolkit Developed

A 42-page Tobacco Prevention Toolkit was developed to support organizations with readiness assessments, implementation checklists, and staff training materials.

### Prevention Practices Adopted

Casa de Esperanza, a local domestic violence shelter, implemented smoke-free campus policies, added third-hand smoke testing kits, and updated signage to reflect culturally relevant prevention messages.

The Building Resilient Families Tobacco Grant strengthens countywide tobacco-prevention systems through training, outreach, culturally relevant materials, and screening practices.

**2** Federally Qualified Health Centers engaged in grant activities

**2** Home visiting programs engaged in tobacco screening/referral activities

**1** Community organization implemented tobacco prevention protocols

## Tobacco Prevention Toolkit Developed This Year



# Trauma-Responsive Leadership

First 5 Yuba, in partnership with Yuba County Health and Human Services Department (HHSD), hosted the Trauma-Responsive Leadership conference bringing together community members and professional from multiple sectors. The conference offered trainings on trauma-informed principles, such as building mutually respectful and trusting relationships. Attendees engaged in presentations, discussions, networking, and resource-sharing designed to build a more trauma-responsive local system.

**Attendees found the conference valuable and reported a strong, positive experience.**

**85%** of attendees rated the conference as excellent

**85%** of attendees said they would recommend the conference to their colleagues

After the conference, participants joined a year-long leadership cohort that combined in-person and virtual learning, small group sessions, and access to tools and videos for each of the trauma-responsive principles. Participants practiced applying the principles in their supervision practices and organizational routines.

**100%** of participants increased their knowledge of how to transform systems using trauma-responsive practices

Attendees at the Trauma-Responsive Leadership Conference.



The Trauma-Responsive Leadership initiative brought together multiple sectors to advance a shared mission of strengthening trauma-informed environments.

**82** community members attended the conference

**23** agencies represented at the conference

**23** professionals participated in the Trauma Responsive Leadership Training Cohort



**All concepts were new to me - I learned so much. Great information, presentation of content and speaker.**

-Conference attendee

# Home Visitation Systems Coordination Grant

First 5 Yuba served as the lead agency for the successful Bi-County Home Visiting Collaborative, which is dedicated to creating a coordinated and sustainable local home visiting system that reaches more families and improves service effectiveness. Through the Home Visitation Systems Coordination grant, First 5 Yuba supported home visitors with training, wellness resources, and professional development. In addition, First 5 Yuba continued to strengthen the Parent Ambassador group “The Momigas” by engaging members in ongoing leadership and advocacy training and hiring a new Parent Ambassador staff member. In addition to its systems-level work, the grant served as an overarching funding umbrella that supported Stepping with Baby, Parent Ambassadors and Professional Learning Communities.

## Key efforts included:

### Workforce Development and Support

First 5 Yuba provided a wide range of wellness and workforce-development opportunities for home visitors, including:

- A regional summit
- Personal safety and protection training
- CPR certification
- Leadership development
- Self-care courses
- Tools and resources to strengthen home visitors’ ability to support families

### Parent Ambassador Group “The Momigas”

Parent leaders were offered development opportunities such as:

- Evidence-informed curriculum training
- Online advocacy and leadership courses, including those offered through the Family Advocacy and Mentoring Network (FAM-Net)
- In-person conferences
- Structured self-reflection activities

In January 2025, First 5 Yuba filled a staff position with an outstanding member of the Parent Ambassador team. This local leader had demonstrated significant growth in leadership, early childhood knowledge, and professional skills, along with a strong passion for serving Yuba County families. Her dedication and expertise made her a natural addition to the First 5 Yuba team.

**The cross-county Home Visitation Systems Collaborative promotes shared learning, capacity building, resource sharing, and professional expertise to strengthen local home visiting system-change efforts.**

