



The Commission's vision is that all children are healthy and thriving in safe and nurturing family environments and ready to succeed in their educational experiences.

**FIRST 5 YUBA COUNTY
CHILDREN AND FAMILIES COMMISSION**

Special Meeting Agenda

Monday, September 25, 2023, 11:00 a.m.-12:00 p.m.

1128 Yuba Street, Wheatland Room, Marysville, CA 95901.

This meeting will be held in compliance with the requirements of AB 2449(Government Code 54953(e)) - and will include in person public attendance at **1128 Yuba Street, Wheatland Room, Marysville, CA 95901**. Members of the public may observe the meeting and provide comments to the Board via email, Zoom (internet-based option), or telephone as described below.

The meeting will also be live-cast via [Zoom](#) where members of the public shall have the right to observe and offer public comment. This altered format is in observance of the recommendation by state officials that certain precautions be taken, including social distancing, to address the threat of COVID-19.

Join Zoom Meeting

<https://us02web.zoom.us/j/87817605537?pwd=akRrN3VhM0tyUGERCVRHcjJhdllmUT09>

Meeting ID: 878 1760 5537 Passcode: 815461

One tap mobile +16699009128, 87817605537#,,,,*815461# US (San Jose)

| ITEM | SUBJECT |
|------------------------|--|
| | Call to order, roll call and the Pledge of Allegiance |
| 1 Discussion/Action | Funded Partner Review- The Commission will receive updates and staff report regarding the request for program modification for YES Charter Academy A,B,C Sprout – School Readiness Program. |
| Adjourn | |

If you are planning to attend and need special accommodations, please contact us at (530) 749-4877 at least three days in advance of the meeting. The schedule of future meetings is posted on the Commission’s website, www.first5yuba.org .

The next regular Commission meeting will be on October 26, 2023

AGENDA ITEM 1
September 25, 2023

| | |
|-------------------------------|---|
| Subject | Funded Partner Review |
| Supporting Document(s) | <ul style="list-style-type: none"> • Staff Report <ul style="list-style-type: none"> ○ EXHIBIT A- <i>Original Proposal and Scope of Work</i> ○ EXHIBIT B- <i>Exhibit B- Evaluation & Quality Improvement Plan</i> ○ EXHIBIT C- <i>Outdoor Classroom at YES Charter & Summary</i> ○ EXHIBIT D- <i>Proposed SOW changes</i> |
| Overview | The Commission will be updated on requested changes related to Strategic Partner – YES Charter’s Scope of Work. |
| Recommendation | |
| Fiscal Impact | Total allocation for FY 23/24 \$27,500 |
| Action Requested | First 5 is seeking guidance from the Commission on the YES Charter School Readiness program proposal in accordance with our mission and in alignment with our 2016-2021 Strategic Plan. |



Staff Report
Funded Partner Review
September 25, 2023

OVERVIEW

In July 2021, Yuba Environmental Science (YES) Charter Academy began their partnership with First 5 as a Strategic Funded partner. Through a competitive RFP process, YES Charter's proposal A,B,C, Spout School Readiness Program was chosen and awarded along with 8 other major funded partners. The purpose of Strategic Funded Partners is to execute the Strategic Plan and meet the local needs of children ages 0-5 and their families in Yuba County. The projects were funded from July of 2021-June of 2024.

YES Charter was specifically funded to implement a school readiness program on their school campus for children 0-5 and their families in the Foothill area. During their first year of implementation First 5 Staff provided intensive support and technical assistance with onboarding, evaluation trainings, curriculum, child development models and more.

**please see Exhibit A- Original Proposal and Scope of Work for additional information.*

In November of 2022, it came to the attention of First 5 staff that YES Charter was not implementing their contract with fidelity during the Fall Session of 2022. After multiple visits and inquires it was discovered that YES Charter was running a full day preschool program (with children ages 3-5) combined with the school readiness program. Given this was not in alignment with their current contract, combine with the fact that YES did not have a childcare facility license issued from California Department of Social Services to operate a childcare program, First 5 requested they cease the program.

After exploration of program, community need and available resources, it was determined that YES Charter would like to move forward with implementing a School Readiness Program as outlined in their original proposal. A summary of the investigation was presented to the Executive Committee who approved the implementation of a quality improvement plan. First 5 staff met and worked with YES over the next month to determine a quality improvement plan which began implementation in January 2023. At various intervals over the next 6 months the Executive Committee was provided updates on program monitoring.

**please see Exhibit B- Evaluation & Quality Improvement Plan*

Over the next 6 months staff met regularly with YES Charter administration and staff to provide:

- Technical support for evaluation components,
- Technical support for scope of work implementation
- Individualized (YES Staff only) training on developmentally appropriate curriculum and intervention models.
- Researched and supplied access to various recourses on developmentally appropriate curriculum, developmentally appropriate environments, additional professional development trainings and many other resources.

- Monthly check in's on program progress and monitoring.

In June of 2023, First 5 Staff did a large review of program implementation and evaluation and the 6 month quality action plan, which exhibited positive results. YES Charter had made decent progression towards their original school readiness model and scope of work. First 5 staff were confident they would continue this progression in the Fall of 2023. Minimal changes were made to their scope of work in June 2023 to reflect new elements and remove other components that were not successful (i.e., home visiting) while still maintaining the scope of intervention. After discussion and review with the Executive Committee it was decided to move forward with the program in the 2023/2024 fiscal year with proposed edits.

PURPOSE

In July of 2023, First 5 staff was approached by YES Charter Administration to propose a new concept. They articulated that due to loss of space for the need to establish a TK classroom. They proposed Moving their School Readiness Program to an exclusively outdoor classroom model.

Over the course of 4 weeks First 5 staff worked with the Executive Committee and YES Charter administration to answer questions, concerns and barriers to program implementation.

First 5 Staff met and consulted with:

- Legal Counsel
- Insurance Providers (Golden State Management Regional Authority)
- Yuba County Office of Education
- Yuba Sutter Childcare Planning Council
- California Department of Education

Findings of First 5 Research:

- Connected with legal counsel- Counsel does not believe the Commission is at risk of liability our contracts will provide some protection to the Commission. However potential litigation is always a risk.
- Insurance Providers – Questions and concerns of insurance carriers related to the enclosed space include: adequate room for the children, operable windows, electricity and climate control for the structure. Insurance coverage was reviewed and our broker found it satisfactory.
- YCOE- From an ethical and developmentally appropriate standpoint YCOE administration does not support the use of the enclosed indoor space (10x12) during inclement weather.
- Childcare Planning Counsel - suggested some professional development opportunities for staff.
- First 5 Early childhood expert found no significant areas for liability in the outdoor classroom. Many concepts were in line with Early Childhood Environmental Rating Scale and developmentally appropriate. However minor changes have been identified and changes suggested (e.g., blind spot, wall covers etc.). Ongoing improvements can be made to ensure best practices for outdoor classrooms.

YES Charter Follow Up and Responses:

- Parent Response: YES was asked to assess families willingness to participate: Parents were asked "Will you enroll your child in a 100% outdoor program for 3 hours per day, 3 days per week?"- Reported 16 families/20 responded "yes".

- Access to Bathrooms: Bathrooms will be accessible in the TK classroom about 50 feet from the outdoor classroom.
- In inclement weather where will children (specifically those under 2) play or interact with parents to practice developmental skills?- *“We have the 120 sq ft indoor space as well as the covered porch of that space that have a smooth floor. “about 7 in that space comfortably.” We can get out foam mats and outdoor blankets for a clean place on the ground daily.”*
- What is the legal square footage per child in a class setting? – Not aware of this requirement.
- Professional Development- First 5 provided access to Child Educational Center Training on Leadership in the Outdoor Classroom- School Readiness staff provided proof of registration for the 60 hour 6 part series training.
- What curriculum or evidence-based model will you use to help staff implement this 100% fully functioning outdoor learning environment? *“Growing Up Wild curriculum. Nature Explore is an evidence-based model for a 100% outdoor learning environment that we used when designing the original outdoor program. “*
- How will staff prepare for daily activities, and do reporting? Do they have a conducive workspace with amenities to help prepare and plan for daily activities? *“They currently have indoor space in the staff room and conference room. Two workstations just became available in the tech room that they could use as well.”*
- Outdoor Environment: YES Charter worked to make significant modifications and improvements to the outdoor education space at the YES Charter site (EXHIBIT C).

**please see Exhibit C- Outdoor Classroom At YES Charter & Summary provided by YES Charter.*

**please see Exhibit D- Proposed SOW changes*

Items in progress:

- Site Certification: Agreed to become “site certified” using an evidenced based Outdoor education agency by October 31, 2023
- Evaluation details (if approved for implementation)

BUDGET

Total 23/24 YES Fiscal Budget: \$27,500

ACTION:

First 5 is seeking guidance from the Commission on the YES Charter School Readiness program proposal in accordance with our mission and in alignment with our 2016-2021 Strategic Plan.

Additional Reference Materials

EXHIBITS A – D

EHIBIT A- YES Charter Academy- Original Proposal & SOW

Organization Description and Capacity

Yuba Environmental Science (YES) Charter Academy is a free, public TKK-8th grade school serving families in rural Yuba County. The school educates 125 students on campus and another 25 in the homeschool program. The school's mission is: YES Charter Academy educates TKK-8 students in a school culture that values the scientific method and a curricular focus on environmental studies. The highest Common Core State Standards, as well as high standards of moral conduct, are emphasized. YES Charter Academy Students Are: Environmental Stewards, Positive Team Members, Academic Masters, Resourceful, Responsible Citizens, and Kind!

YES is located on a 10-acre campus with a garden, greenhouse, and native plant trail. Our building has classrooms, administration offices, a learning center, a conference room, a commercial kitchen, a cafeteria, a staff room, and student and adult bathrooms. We have a playground with equipment, playfields, track, and a separate, fenced TKK playground directly accessible to the school readiness site that would house the ABC Sprout program. While all school spaces will be available to ABC Sprout as needed, the space set aside for the program's exclusive use is fenced, has easy access from the parking area, and is equipped with a building with a covered deck, and outdoor classroom learning stations designed in accordance with evidence-based principles set forth by Nature Explore and Dimensions Educational Research Foundation.

YES Charter Academy operated a successful five-day-a-week school readiness and parent education program during the 2019-20 school year. YES will use the partnerships formed and lessons learned from carrying out this program to inform the building of a successful Resilient Families program. We learned that there was a need for a program by surveying the community and the number of families participating. We also learned that we do not need to offer services five days a week to meet community needs.

Upon opening in August, the Early Childhood Educator and Parent Education Outreach Coordinator began monitoring program progress by administering a welcome survey to find parent interests and needs, as well as questions about their child's development. They continued by maintaining daily attendance records of children and parents. At the end of September, they surveyed parents concerning satisfaction with the Parent Education program. The program educators conferenced with YES administration for data review and program improvement. When children and parents could no longer attend in person because of COVID, the educators continued communicating with families and children through an emailed school readiness newsletter and zoom meetings. At the end of the school year, the Parent Education Outreach Coordinator submitted a report to the administration that included program data and an overview of the parent education program. Oversight and monitoring of the program budget were provided by YES administrative staff.

The Early Childhood Educator engaged young children in research-based lessons and activities in a setting and materials that fostered social, emotional, physical, and intellectual development. The Parent Education Outreach Coordinator provided a research-based, engaging program for parents and caregivers. The Coordinator taught weekly child development classes, hosted Nature Explore Families' Club, and provided social and educational activities for parents and caregivers while their children were participating in playgroups. In addition, she invited outside educators from local agencies to provide parent education. These classes and

partnerships supplied parents with integrated services that built their knowledge and skills as parents and supported their well-being. This cross-collaborative process for systems change focused on helping families keep their children safe and healthy, rather than functioning as a system designed to protect children from their families. Following are some of the parent education classes offered by our partners.

**YES School Readiness Parent Classes
In Partnership with Outside Agencies & Organizations**

| Date | Class Description | Partner Educator | Partner Agency |
|---|---|--|--|
| 8/15/19 8/22/19 9/29/19 9/5/19 9/12/19 9/19/19 | The Nurtured Heart Approach (NHA) Six Session Course | Kristen Batchelder, Resource Specialist and Certified NHA Educator | Sutter-Yuba Behavioral Health, Prevention and Early Intervention |
| 8/20/19 | Fire Safety/Prevention/Preparation | Beverly Cameron-Fildes Outreach Committee | Yuba Fire Safe Council |
| 8/27/19 | Yuba County Water Resources | DeDe Cordell, Communications Manager | Yuba Water Agency |
| 9/10/19 | Lead Poisoning Prevention Oral Health | Karah Glavaris, Health Education Specialist AnnaPreen Hayer, Health Education Specialist | Yuba County Health and Human Services |
| 9/17/19 | Car Seat Safety Course | Yadira Friday, Health Education Specialist | Yuba County Health and Human Services |
| 9/24/19 | Tobacco Education | Carin Watts, Health Education Specialist | Yuba County Health and Human Services |
| 10/1/19 | Canine Companions | Judy Sadlo and Rumba, Dog Handler and Puppy | Guide Dogs for the Blind |
| 10-3-19 | The Right Question Project | Cathy LeBlanc, Director | Camptonville Community Partnership |
| 10-8-19 | Home Baking with Kids | Carmina Matai, Owner, Baker | Artisan Lavinia Bakery |
| 10/17/19 | Our Seven Secret Senses: Accelerate Learning, Improve Behavior and Build Connection | Thelma Amaya, Child Development Behavioral Consultant | Child Development Behavioral Consultation Program, YCOE |
| 10/22/19 | Air Quality and Health | Sondra Spaethe, Planning and Engineering Supervisor | Feather River Air Quality Management District |
| 10/31/19 | Healthy Relationships | Kristen Batchelder, Resource Specialist | Sutter-Yuba Behavioral Health |

Located in the rural Yuba County Foothills, Oregon House is considered a geographically challenged area. For being a small town of just under 1,300 people, Oregon House includes a diverse cultural, ethnic, and linguistic population. Along with a rich context of diversity, many people share unfortunate commonalities such as poverty, isolation, and a lack of resources. Yuba County is ranked in the bottom 25% of healthy counties within California. Furthermore, persons living in rural Yuba County account for 26.2% of the total Yuba County population, a large percentage.² Living in a rural area comes with several barriers, such as gaps in service and inequities. Yuba County has a 19% child poverty rate, much of which is attributable to these service gaps.² As of 2018, Yuba County has a 17% adult smokers rate, which can be reduced with proper tobacco education.²

The proposed location for ABC Sprout, YES Charter Academy, serves a socially disadvantaged student population. 79% of YES families qualify for free or reduced school meals. YES serves free school meals to all students through the CEP, Community Eligibility Program.

Oregon House and surrounding areas lack age-appropriate learning activities for young children in which parents are encouraged to participate and learn freely. Isolation in rural areas can take a toll on families, especially families with young children. Social isolation is known to have negative mental and physical health impacts on rural communities.³ Because of poverty, isolation, and lack of resources, access to dependable transportation is an additional problem many area families face. This need is best met with a local, in-person program. The YES campus is centrally located in rural Yuba County and currently serves families from Browns Valley, Loma Rica, Oregon House, Dobbins, Brownsville, and Challenge.

YES staff responded in the 2018-2019 school year to requests for a school readiness program with a parent and community survey and informational meetings. YES administration identified 16 potential families that would attend a school readiness program and opened the program at the beginning of the 2019-2020 school. Of the over 16 families that registered for the program, 10 families were regular attenders. Parent Education classes were advertised throughout the community and attracted parents and caregivers who were not registered in the program. Sign-in logs show that while operating from 2019-2020, thirty-one families in rural Yuba County were served. When the COVID-19 pandemic closed schools throughout the nation in March 2020, the Early Childhood Educator and Parent Outreach Coordinator continued in their positions and conducted outreach through an emailed newsletter, informing parents of opportunities for online child development and parent education classes. Families were also contacted through weekly zoom meetings and emails.

Meeting with new families that register TKK-8 children at YES, being active in community organizations, and doing community outreach through the 0-18 school meal program, has given YES the opportunity to assess community needs. YES administration sees that the need for a playgroup and parent education program have increased since the 2019-2020 program, with a projected 20 families registering, and 15 families becoming regular attenders.

1 SAGE Stats. (2018). General Information. Oregon House, CA. <https://data.sagepub.com/sagestats/document.php?id=place-115112#suggested>

2 County Health Rankings and Roadmaps. (2021). Health Outcomes Overall Rank, Yuba. [Data Set]. <https://www.countyhealthrankings.org/app/california/2021/rankings/yuba/county/outcomes/overall/snapshot>

3 Longman, J., Passey, M., Singer, J., & Morgan, G. (2013). The role of social isolation in frequent and/or avoidable hospitalisation: Rural community-based service providers' perspectives. *Australian Health Review*, 37(2), 223.

Program Description and Overview

The ABC Sprout program aims to prepare Yuba County children to be Kindergarten Ready by supporting the development of resilient families. The program incorporates three strategies: playgroups, parent education, and home visitation. Following is a description of each of these three strategies and how they connect to the objectives, interventions, and expected outcomes that lead to Kindergarten Readiness.

Playgroups will be facilitated three mornings a week by a highly qualified Early Childhood Educator selected competitively based upon ECE units, successful experience facilitating playgroups, positive communication skills, and commitment to equity. The Early Childhood Educator will implement an evidence-based program, keep records of children's development at regular intervals, and share the information with parents. The Early Childhood Educator will teach and model adult-child interactions. These actions will have the desired outcomes of increased parent understanding of child development and approaches for positive parent-child interactions. Playgroups will be a setting in which both parents and children will experience peer socialization. The Early Childhood Educator will foster positive interactions with parents and be a resource to answer parents' questions and support them through problem-solving. The supports of playgroup that foster family resilience are parental social connections, support in times of crisis, and knowledge of parenting and child development.

Parent Education will be facilitated three mornings a week by a highly qualified Parent Educator who will be selected competitively based upon ECE units, successful experience facilitating parent education, a commitment to equity, with a preference for an educational background in either social work or education. The Parent Educator will facilitate parent education in the conference room or other appropriate venue, away from the playgroup for an hour and thirty minutes three days a week. The Parent Educator and parents will return to the playgroup for the remainder of the schedule.

The Parent Educator will teach child development classes and schedule evidence-based parent education through partners at YCOE Child Development Behavioral Consultation Program, Sutter-Yuba Behavioral Health Prevention and Early Intervention, Yuba County Health and Human Services, Sierra Family Health Center, and others as needed. Classes will be on such topics as tobacco education, child development, appropriate approaches to discipline, parental coping skills, and resources to seek additional help. These actions will produce the desired outcomes of increased understanding of child development and approaches for positive parent-child interaction as well as increased protective factors.

A focus on increasing screenings and referrals for social determinants will be addressed by parent education delivered by Sierra Family Health Center or another partner. Participating parents will learn the protective benefits of, and be invited to complete, screenings for perinatal mood and anxiety disorders (PMADs) and adverse childhood experiences (ACEs) and others as they become available. The Parent Educator will also teach child development classes and refer parents to services from other partners in the First 5 Yuba vision of a seamless, no-wrong-door ecosystem of services. Parent education classes will be filmed and made available to First 5 Yuba for posting on their website and posted on the YES website to increase access to these trainings.

The community goals reached by implementing the Parent Education program are reduced perinatal mood and anxiety disorders, increased family stability, reduced child poverty, and reduced child maltreatment.

A small number of educational timeslots will be devoted to connecting parents to economic opportunities in the area. Two economic partners are Yuba Watershed Protection and Fire Safe Council (YWPFSC) and the North Yuba Forest Partnership (NYFP). The YWPFSC evaluates homes in the Foothills for fire safety and preparedness, makes recommendations for home improvements and vegetation removal to harden homes against wildfire, and facilitates the awarding of grants to low-income households to carry out the work. The North Yuba Forest Partnership, in partnership with Yuba Water Agency, Blue Forest, The Nature Conservancy, National Forests, SYRCL, and others, is engaged in a 20-year watershed rehabilitation project that hires subcontractors to do well-paid work in the Bullards Bar watershed. Knowledge of opportunities like these has the potential to reduce childhood poverty in rural Yuba County.

The Parent Educator will accompany parents to the playgroup after the parent education classes. The Parent Educator will support parents as they try out parenting strategies learned in the classes. These evidence-based education and playgroup experiences, paired with a trusting relationship with the Parent Educator, increase parent resilience and offer parents concrete support in times of crisis.

Both the Early Childhood Educator and the Parent Educator will work together one day a month to carry out prescheduled home visitations. Home visitations allow the Early Childhood Educator and Parent Educator to provide more intensive, individualized support. They could bring up such topics as tobacco cessation classes, perinatal mood and anxiety disorders (PMADs) screening, and adverse childhood experiences (ACEs) screening in a private setting. They could explore the families' needs, align services, and fill gaps in services in areas that the parent feels more comfortable discussing at home.

ABC Sprout correlates to the commission's Vision and Mission by providing education and experiences that support healthy children in nurturing family environments. The investment of community resources enhances the development, wellbeing, and resilience of children 0-5 and their families. The desired outcomes of increased understanding of child development and approaches for positive parent-child interaction, increased protective factors, increased screening/referral for PMADs and ACEs, and reduced tobacco use will be measured by the following indicators:

YES will attract a minimum of 20 families with children ages 0-5 to register in the ABC Sprout program. This will be measured by registration forms and sign-in logs. A minimum of fifteen parents and caregivers will complete each Parent Education class that is offered. This will be measured by sign-in logs for each class.

The Parent Educator will reach out to partner agencies to create a schedule of evidence-based classes that teach child development, positive parent-child interaction, tobacco education, and PMADs and ACEs screening for parents and caregivers. This will be measured by the monthly calendar of classes.

The Early Childhood Educator will deliver an evidence-based, multi-session Child Development course. This will be measured by evidence-based program curriculum, lesson plans, monthly calendar of classes, and sign-in logs.

The Early Childhood Educator and Parent Educator will conduct a home visitation to each family registered in ABC Sprout at least once a year. This will be measured by Educator schedules and home visitations log.

The Early Childhood Educator will maintain records of children’s development for the purpose of conferencing with parents. This will be measured by use of such documents as Birth to 5: Watch Me Thrive! developmental checklist or other evidence-based tool and a log of presentation to parents.

The Educators will carry out two to three home visitations per month, visiting each family at least once during the year. This will be measured by Educator schedules and Home Visitation logs.

To prepare Yuba County children to be Kindergarten Ready by supporting the development of resilient families is the purpose of the ABC Sprout program. The program's three strategies, playgroups, parent education, and home visitation, carried out by two highly qualified educators, are investments in Yuba County families. Together, the three strategies are highly likely to produce the community goals of reduced perinatal mood and anxiety disorders, increased family stability, reduced child poverty, and reduced child maltreatment. Below is a sample schedule for one day of ABC Sprout.

Sample Schedule for ABC Sprout

| Time | Early Childhood Educator | Parent Educator |
|-------|--|---|
| 8:00 | Arrive. Prepare and plan. | Arrive. Prepare and plan. |
| 8:30 | Welcome families to ABC Sprout. | Welcome families to ABC Sprout. |
| 8:45 | Draw children’s attention to playgroup activities, materials and themes. | Greet partner educator. Help set up as needed, or set up for own lesson. |
| 9:00 | Adults transition to parent education venue. Continue engaging with and observing children. Establish routines that empower children to explore their outdoor environment and to engage in developmentally appropriate play. | Introduce partner educator. Facilitate parent education session. Manage technology such as a projector. Take notes for debriefing with parents. The Parent Educator will also schedule themselves to teach child development classes. |
| 10:30 | Welcome parents and Parent Educator back to playgroup. Teach and model adult-child interactions for increased parent understanding of child development and approaches for positive parent-child interactions. | Thank partner parent educator. Rejoin the playgroup. Support parents as they try out parenting skills and strategies learned in parenting class. |
| 11:30 | Say goodbye to ABC Sprout families. Make notes, tidy up, debrief with the Parent Educator, and prepare for the next session. | Say goodbye to ABC Sprout families. Make notes, tidy up, debrief with the Early Childhood Educator, and prepare for the next session. |
| 12:00 | Depart | Depart |

The two educators work three days a week for four hours each day for a total of 12 hours a week each. Once a month, they work an extra four-hour day to plan and carry out home visitation. These visits will be prescheduled with parents.

The program will operate on the YES school calendar. Parents will be empowered to meet on non-program days by their participation in the Nature Explore Families' Club. The ABC Sprout outdoor classroom will be unlocked and accessible to ABC Sprout families 365 days a year.

Below is a sample list of classes that will be taught during the Parent Education sessions.

| Class Title | Agency or Organization |
|---|--|
| Tobacco Education | Yuba County Health and Human Services |
| Car Seat Safety Course | Yuba County Health and Human Services |
| Lead Poisoning Prevention | Yuba County Health and Human Services |
| Oral Health | Yuba County Health and Human Services |
| Crazed to Connected, Understanding Children's Brain States and Behavior | YCOE Child Development Behavioral Consultation Program |
| Our Seven Secret Senses: Accelerate Learning, Improve Behavior and Build Connection | YCOE Child Development Behavioral Consultation Program |
| Simple Tricks and Tune-Ups to Smooth Out the Daily Bumps | YCOE Child Development Behavioral Consultation Program |
| Child Development Workshop Series | YCOE Child Development Behavioral Consultation Program |
| Developmental Screening and Consultation Sessions | YCOE Child Development Behavioral Consultation Program |
| The Nurtured Heart Approach (NHA) Six Session Course | Sutter-Yuba Behavioral Health, Prevention and Early Intervention |
| Healthy Relationships | Sutter-Yuba Behavioral Health |
| True Colors - 2 Part Workshop | Sutter-Yuba Behavioral Health |
| Mindfulness Workshop | Sutter-Yuba Behavioral Health |
| Perinatal Mood and Anxiety Disorder Screening (PMADs) | Sierra Family Health Center |
| Adverse Child Experiences Screening (ACEs) | Sierra Family Health Center |
| Child Development - Multi-Session Course | ABC Sprout Parent Educator |
| Child Nutrition | ABC Sprout Parent Educator |
| Benefits of Children Spending Time in Nature | ABC Sprout Parent Educator |
| Nature Explore Family Club Meetings | ABC Sprout Parent Educator |

YES continues to build community partnerships and to respond to ever-changing community needs. One example of this is our recently formed partnership with Sierra Family Health Center in response to the increased demand for behavioral health services. Students may now access virtual behavioral health appointments with Sierra Health providers from school. Once in-person appointments are permitted, YES plans to make these available on site. YES plans to extend this service to ABC Sprout families as well. YES staff looks forward to serving the families of the Yuba County Foothills with children ages 0-5 with the high quality, comprehensive, resilient families program, ABC Sprout.

| | |
|-----------------|---|
| Objective 1: | Increase understanding of child development, positive parent-child interaction, and parent self-care among parents and caregivers of children 0-5 in the foothill are by providing evidence based parent education. |
| Goal Area: | Resilient Families |
| Desired Result: | Increased understanding of child development, positive parent-child interaction, and parent self-care. |
| Primary Target: | Parents and caregivers of children 0-5 |

| | Activity Description | Assigned Staff | Performance Measure/Indicator & Data Source/Assessment Tool | Annual Service Targets (unduplicated) |
|--------------------------------------|--|---------------------------|---|--|
| ACTIVITY 1.1 | | | | |
| Education by YES Parent ECE Educator | Schedule and host an evidence-based multi-session course on child development with caregivers of children enrolled in the program. | Parent Educator .3 FTE | <p>Indicator Increased understanding of child development and approaches to positive parent-child interaction</p> <p>Increased protective factors</p> <p>Data Source Monthly schedule of Parent Education classes Parent sign-in logs Parent pre and post surveys</p> | <p>20 child development classes</p> <p>15 parents and caregivers participate</p> |

| ACTIVITY 1.2 | | | | |
|---|--|--|---|---|
| Child development | Using evidenced based models, support child development opportunities through play and outdoor learning experiences such as gardening, taking nature walks, and collecting natural materials for craft projects, and increase parent-child interaction during playgroups 30 minutes a day, three days a week during the school year. | Early Childhood Educator .3 FTE | <p>Indicator</p> <p>Increased understanding of child development and approaches for positive parent-child interaction</p> <p>Reduced child maltreatment</p> <p>Data Source</p> <p>Child sign-in logs Log of development tool shared with parents Early Childhood Educator notes on child development.</p> | 15 children attend classes for 3 hours per day, three days per week, for the school year. |
| ACTIVITY 1.3 | | | | |
| Education by Outside Agencies on Health and Development | <p>Schedule and host parent self-care classes by self and partner agencies, including but not limited to: Healthy Relationships, True Colors - 2 Part series.</p> <p>Workshop, and Mindfulness Workshop by Sutter Yuba Behavioral Health, Prevention and Early Intervention.</p> | <p>Parent Educator .3 FTE</p> <p>Partners at Behavioral Health</p> | <p>Indicator</p> <p>Reduced parental mood and anxiety disorders Increased family stability Reduced child maltreatment</p> <p>Data Source</p> <p>Monthly schedule of Parent Education classes Parent sign-in logs Parent pre and post surveys</p> | <p>10 classes</p> <p>15 parents and caregivers participate</p> |

| ACTIVITY 1.4 | | | | |
|--|--|---|---|---|
| <p>Child development classes by outside agencies</p> | <p>Schedule and host evidence based positive parent child interaction classes by partner agencies including but not limited to: Crazy to Connected, Understanding Children’s Brain States and Behavior, and Our Seven Secret Senses: Accelerate Learning, Improve Behavior and Build Connection, Simple Tricks and Tune Ups to Smooth Out the Daily Bumps and others by YCOE Child Development Behavioral Consultation Program. The Nurtured Heart Approach (NHA) a six session course by Sutter-Yuba Behavioral Health, Prevention and Early Intervention and other evidence based curriculum.</p> <p>Host developmental workshop series in collaboration with YCOE Child Development Behavioral Consultation Program, using tools such as TABS, and CBCL.</p> <p>Participants to be provided behavior consultations by YCOE partners.</p> <p>Schedule and host 4 evidence based parent education with partners from YCOE Child Development Behavioral Consultation Program</p> | <p>Parent Educator .3 FTE</p> <p>Partners at Behavioral Health, Partners at YCOE Child Development Behavioral Consultation Program.</p> | <p>Indicator</p> <p>Increased understanding of child development and approaches for positive parent-child interactions</p> <p>Increased protective factors</p> <p>Increased screening/referral for social determinants</p> <p>Data Source</p> <p>Monthly schedule of Parent Education classes</p> <p>Parent sign-in logs</p> <p>Parent pre and post surveys</p> | <p>15 parents and care givers participate</p> <p>4 child development workshops, YCOE</p> <p>4 screening and consultation sessions, YCOE</p> |

| | |
|-----------------|---|
| Objective 2: | Increase knowledge among parents and caregivers of children 0-5 by providing health and safety education classes (e.g., tobacco education, car seat classes) to increase protective and safety protective factors for children 0-5 in Yuba County children. |
| Goal Area: | Resilient Families |
| Desired Result: | Increased Tobacco Education and other health and safety education Reduced tobacco use |
| Primary Target: | Parents and caregivers of children 0-5 |

| | Activity Description | Assigned Staff | Performance Measure/Indicator & Data Source/Assessment Tool | Annual Service Targets (unduplicated) |
|---------------------|---|---|---|--|
| ACTIVITY 2.1 | | | | |
| Education | Parent Educator will collaborate with partner agencies such as Yuba County Public Health, First 5 Yuba, Sierra Family Health Center etc. staff to provide health and safety classes for parents on topics such as: Tobacco Education, car Seat Safety, Lead Poisoning, and Oral Health. | Parent Educator .3 FTE Partners from YCHHS Partners from Sierra Family Health Center | Indicator Reduced tobacco use Increased in car seat use Decreased lead poisoning Increased oral health Data Source Monthly Parent Education Schedules Parent education sign-in logs Knowledge pre/post survey | 6 health and safety parent education presentations/ classes 15 parents or care givers participate |

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| Objective 3: | Annually, increase access to use of screening tools and referrals for social determinants effecting child health and development such as perinatal mood and anxiety disorders (PMADs), and Adverse Childhood Experiences (ACEs) and ASQ ASQ-SE by educators and families with children ages 0-5. |
| Goal Area: | Resilient Families |
| Desired Result: | Increased use of developmental and social emotional screenings |
| Primary Target: | Parents and caregivers of children 0-5 |

| | Activity Description | Assigned Staff | Performance Measure/Indicator & Data Source/Assessment Tool | Annual Service Targets (unduplicated) |
|---------------------|--|---|--|---|
| ACTIVITY 3.1 | | | | |
| Provider Training | Provide training to Early Childhood Educator and Parent Educator on evidence based protocols and best practices for home visiting and other professional development opportunities such as how to use and implement ASQ, & ASQ-SE, PMADs and ACEs screening tools. | Parent Educator .3 FTE Early Childhood Educator .3 FTE Partners at Help Me Grow | Indicators Increased screening /referral for social determinants, PMADs and ACEs screening Increased efficacy of home visitations Data Source Training/consultation log or schedule PMADs and ACEs screening data | 1 home visiting training for both educators (2 hours minimum). 2 hours additional consultation 2 additional staff development trainings on social determents. |

| ACTIVITY 3.2 | | | | |
|------------------|---|---|---|---|
| Education | Schedule partner agency or organization such as Sierra Family Health Center or other agencies to provide parent education presentation on topics such as ACEs and PMADs, or other social emotional topics. Invite parents and caregivers to complete ACEs and PMADs screening. | Parent Educator .3 FTE Partners from Sierra Family Health | Indicator Increased screening/referral for ACEs Data Source Monthly Parent Education schedules Parent Education sign-in logs ACEs screening data | 3 parent education sessions 15 parents or caregivers participate |
| ACTIVITY 3.3 | | | | |
| Home Visitations | Implement a minimum of one home visitation session with each family enrolled in ABC Sprout per school year. Additional visits available upon request and as scheduling permits. Invite and support parents or caregivers to complete developmental screening such as ASQ-3 and ASQ: SE-2; or other screening as necessary. Provide referrals if necessary. | Parent Educator .3 FTE Early Childhood Educator .3 FTE | Indicator Increase screening/referral for social determinants, PMADs and ACEs Increase developmental screenings Reduced tobacco use Increased understanding of child development and approaches for positive parent-child interaction Data Source Educators Home Visitation Log | 1 home visit annually to each family enrolled in ABC Sprout Visit 15 to 20 homes of children 0-5 |

EXHIBIT B- YES Charter Quality Improvement Plan

December 2022- June 2023

| Activity # | Activity/Topic | Target | Item(s) Tracked | Progress | Where/How Tracked | Improvement Action | Target Date | Responsible Person | Tracking Notes |
|------------|------------------------------|--|------------------------------------|---|--|--|--|---|--|
| 1.1 | Parent/caregiver ECE courses | 15 | # of parents served | Not Met - No logs for Q1 | Workshop/Event log sign-in sheets MUST be attached to the log- | <ul style="list-style-type: none"> 10 classes by June 3rd Use a calendar to plan out consistent topics monthly- In progress Use PD and curriculums provided for support with topics. Materials and resources | | <ul style="list-style-type: none"> BD & DC to schedule BD to provide Education BD & Lori to be trained on curriculum | <ul style="list-style-type: none"> Provided 1 calendar in Jan non in Feb Using GUW- will outline parent ECE in Calendar, will also include ASQ as Parent ED Ensure all Pre surveys are filled out. Ensure ALL FIF's are complete- 3.1.23 Calendar late not turned in until 3/24 – working document Flyer due Feb and Turned in 3/27 DC said she would work with graphic designer to update the flyer. Please submit by 4/7 3/31 – marked improvement noticed on attaching sign in sheets since Jan.- RT 5/9 – Apricot shows 7 program enrollments and 8 Annual Surveys completed for 50% of target. RT 5/9 – Sign in Sheets still missing from Workshop/Event logs. RT 5/31- All sign in sheets attached! |
| | | 20 | # of sessions | Not Met - None for Q1 | same as above | | | <ul style="list-style-type: none"> 10 by June 2023 January SR Calendar By Jan 6 Feb – May by Jan 31 | |
| | | Est ~70%- Percent of parents/caregivers reporting increased understanding of child development | Report from Apricot-linked Surveys | Not Met - No Q1 Surveys | Parent pre and post surveys | <ul style="list-style-type: none"> Administer overall Pre knowledge survey of Child development by Jan 27 or within 7 days of enrollment for families enrolling after Jan 27 Administer Post by May 31 | | | |
| 1.2 | Child Development Playgroups | 15 | # of Parents/caregivers served | Currently 17 parent profiles- not all S R related | Parent Profile & Program Enrollment | <ul style="list-style-type: none"> 3 weekly classes 3 hours (Parents must be present) Outdoor guided and planned out play reported and tracked (calendar & Apricot) In classroom guided play on developmentally appropriate topic & activities Redesign Flyer and promote to foothill families Update Parent and Child program enrollment in Apricot-Done | <ul style="list-style-type: none"> Email SR parents about new opening in Jan by phone call & Flyer Dec 16 Activity Calendar– Jan 6 Feb –June Calendars by Jan 31 Apricot | <ul style="list-style-type: none"> SR staff (BD & Lori) | <ul style="list-style-type: none"> Classes are ongoing Developmentally appropriate daily activities and topics will be defined in Apricot. Working with RT 2.27 to finalize - DONE Total registered families is 11. Have about 7 core participants. 5/9 – No change. 5/31 Good job with Catching up. |

| | | | | | | | | | |
|--|--|--------------------------------------|--|--|--|---|--|--|---|
| | | 15 | # of Children | **currently 22-25 child profiles age 5 or under – BUT NOT SR | Child Profile & Program Enrollment | <ul style="list-style-type: none"> Update Program Enrollment in Apricot to reflect <u>only</u> those children whose parents attend with them.- working with RT | updates by Jan 4 | | <ul style="list-style-type: none"> Update Flyer and sent to parents - DC DC post online – 3.1.23 Post with Flyer on Website as well Updating and submitting full Jan – May calendar 3.1.23 – Outreach planned for Kinder round-up and Earth Day. – First 5 to provide materials ongoing updates made to parent calendar as needed and will submit monthly to F5Y Started using Online app (Class Dojo) to connect and engage families. Also, have access to Parent Square through the school 5/31 – Noticeably improved progress made toward Apricot clean-up. RT |
| | | 15 | # of Children receiving a developmental screen | None for Q1 | Screening Log Linked to the child under the parent profile | <ul style="list-style-type: none"> ASQs on all children enrolled | <ul style="list-style-type: none"> Feb 2023 | <ul style="list-style-type: none"> BD & LM | <ul style="list-style-type: none"> Met with Rita 2.13 to create a plan RITA's Notes: sent Bridget parent information handout on the ASQ/ASQ SE Sent ASQ online link for Bridget to share with families March 1 Bridget will give ASQ workshop to parents & parents begin completing ASQ's on the ASQ online system March 6 Bridget and I will review results of screenings Bridget will share results with families Need new dates. Original schedule was interrupted by snow days 5/31 working on completing by end of program year. |
| | | Est ~70% parents/caregiver increased | Report from Apricot-linked Surveys | Not Met - No Q1 Surveys | Parent pre and post surveys | <ul style="list-style-type: none"> Administer overall Pre knowledge survey of Child development by Jan 27 or within 7 days of enrollment | | <ul style="list-style-type: none"> SR staff (BD & Lori) | <ul style="list-style-type: none"> On track with activity 1/31 Ensure all new parents were surveyed 3/31 5/9 – 10 pre-surveys on file. |

| Activity # | Activity/Topic | Target | Item(s) Tracked | Progress | Where/How Tracked | Improvement Action | Target Date | Responsible Person | Tracking Notes |
|------------|--|--|--|--|---|---|--|---|---|
| | | understanding of child development | | | | <ul style="list-style-type: none"> for families enrolling after Jan 27 Administer Post by May 31 | | | <ul style="list-style-type: none"> RT 5/31 – 6 post surveys completed! |
| 1.3 | Caregiver Self-Care | | # of classes/workshops hosted | None for Q1 | Workshop/Event log sign-in sheets MUST be attached to the log | <ul style="list-style-type: none"> 2 self-care classes for parents by June 3 Add to monthly calendar | <ul style="list-style-type: none"> June 2023 | <ul style="list-style-type: none"> SR staff (BD & LM) | <ul style="list-style-type: none"> Talking with Peach Tree Health on Self-care topics Will report back next month Hosted self-care workshop Needs to be uploaded in Apricot 5/9 -Improved reporting in Apricot. RT 5/31 – Met this activity target |
| | | | # of Parents served | None for Q1 | Same as above | | | | |
| 1.4 | Child Development Outside Agencies | 4 | # of child development workshop hosted by YCOE | Not Met - Q1 = 1 (Daisy); Q2 = 1 (tantrums) | Workshop/Event log sign-in sheets MUST be attached to the log | <ul style="list-style-type: none"> 3 classes scheduled and administered by June | <ul style="list-style-type: none"> June 3, 2023 | <ul style="list-style-type: none"> SR staff (BD & LM) | <ul style="list-style-type: none"> On track with Thelma Also suggested reaching out to Erin Gladden regarding Special Needs Children presentation 5/31 – Met this activity target |
| | | | # of screening and CDBC services conducted by YCOE | None for Q1 | Same as above | | | | |
| | | | # of screenings and/or referrals provided | None for Q1 | Same as above | | | | |
| | | 70%- Percent of parents reporting increased knowledge and understanding of workshop topics | Report from Apricot-linked Surveys | Not Met - No Q1 Surveys | Parent pre and post surveys | <ul style="list-style-type: none"> Administer overall post knowledge survey of Child development by Jan 27 or within 7 days of enrollment for families enrolling after Jan 27 Administer Post by May 31 | <ul style="list-style-type: none"> Day of or week following | <ul style="list-style-type: none"> SR staff (BD & LM) | <ul style="list-style-type: none"> On track to deliver post surveys 5/31 6 post surveys completed. F5Yuba working with Bonterra on Apricot Report comparing pre to post. |
| 2.1 | Health & Safety Education - Outside | 15 | # of Parents served | Not Met - None for Q1; 1 for Q2 (germs – MJUSD 11/15/22) | Workshop/Event log sign-in sheets MUST be attached to the log | <ul style="list-style-type: none"> 3 classes scheduled and administered by June 3 1 class in Jan Access outside agencies Add to monthly calendar schedule | <ul style="list-style-type: none"> 1st class by Jan 31 2 more by June 3 | <ul style="list-style-type: none"> SR staff (BD & LM)- And Debbie to help schedule | <ul style="list-style-type: none"> Conducted Fire Safety Class in Jan Car seat with HHS Still finalizing more details on workshops Tobacco F5Y Planning for Water safety in May Please provide updated calendar with confirmed |

| | | | | | | | | | workshops by April 7 • 5/31 – Met this activity target |
|------------|--|-------------------------------------|---|-----------------------|--|--|--|---------------------------|---|
| | | 15 | # of children served | Not Met - None for Q1 | Same as above | | | | |
| | | 6 | # of parent education classes hosted through partner agency collaboration | Not Met - None for Q1 | Workshop/Event log sign-in sheets MUST be attached to the log | | | • SR staff (BD & LM) | Please make sure Workshop/Event log sign-in sheets MUST be attached to the log RT reported that the workshop logs are being entered and include flyers AND sign-in sheets as of 5/9/23 |
| | | 70% increased knowledge of workshop | Report from Apricot-linked Surveys | Not Met - None for Q1 | General Post Workshop Survey | • Administer after each session | | • SR staff (BD & LM) | |
| Activity # | Activity/Topic | Target | Item(s) Tracked | Progress | Where/How Tracked | Improvement Action | Target Date | Responsible Person | Tracking Notes |
| 3.1 | Provider (YES Staff) Education on Developmental & Social-emotional screening education | 3 | # of trainings offered/attended by YES Educators/EC educators | Not Met - None in Q1 | Training Log - Must attach proof of enrollment/attendance such as, email confirmation, certificate, or training agenda | <ul style="list-style-type: none"> • Use curriculum list provided to choose 1 or multiple curriculum- done • Choose & train on Curriculum- Done • Allow time for PD 2-3 hours weekly • Visit other SR sites such as MJUSD and 123 Grow- not complete • Schedule monthly staff/admin check-ins on Progress. – not complete | <ul style="list-style-type: none"> • At least 1 training on curriculum by Jan 31 • Schedule and visit other sites by Jan 31 • Provide details and updates through Apricot to FF | • YES Admin Staff LM & DC | <ul style="list-style-type: none"> • Did G UW training in Dec. – F5Y hosted • Selected G UW for main Curriculum • BD will reach out to 123 Grow at Camptonville for visit on Friday’s during PD • LM will schedule monthly check-ins moving forward with BD • Did not get update if other SR sites were visited for observation and support • 3/31 – no new trainings have been logged since Dec. RT • Staff claimed PD trainings were attended but not yet entered. • Will be Updated in Q3 • 5/9 – staff trainings and agendas added to Apricot. • Connected with MJUSD but was unable to visit sites due to schedule. |

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| | | | ASQ Training Support | | Log through PD training log (same as above) | <ul style="list-style-type: none"> Review ASQ materials and training Connect with Rita about ASQ and integrating in SR Begin integrating- Not started 2.13.23 | <ul style="list-style-type: none"> Schedule 1-2 TA sessions BY Jan 31 | <ul style="list-style-type: none"> FFY staff & SR readiness staff | <ul style="list-style-type: none"> Connect with Rita about ASQ and integrating in SR RB sent email with details of meeting and next steps ASQ class for parents 3.1.23 Need updated calendars. Not yet canceled class due to weather – will resume and schedule no later than April. 5/31 – Met this activity target |
| 3.2 | Parent Education on topics such as ACEs, PMADs, or other Social Emotional topics. | 15 | # of parents served | Not Met - None for Q1 | Workshop/Event log sign-in sheets MUST be attached to the log | <ul style="list-style-type: none"> Connect with other Behavioral health providers From Peachtree and Harmony to access support for Social Emotional wellness classes Total of 2 sessions | <ul style="list-style-type: none"> Jan 31 2023 scheduled Done by June 3 2023 | <ul style="list-style-type: none"> YES Admin Staff LM & DC | <ul style="list-style-type: none"> LM will connect with SYBH and PEI for classes Peach Tree health scheduled ACES in March with SR Self care class done – needs to be entered in Apricot and post workshop survey 1 more needs to be scheduled this year. 5/9 Self-care workshop held in April & added to Apricot. RT |
| | | 3 | # of parent education sessions | Not Met - None for Q1 | Same as above | | | | 5/31 – Met this activity target |
| | | | # of referrals | None for Q1 | Referral log | | | | |
| 3.3 | Home Visitation | 15 | # of parents/caregivers served | Not Met - None for Q1 | Service Log | <ul style="list-style-type: none"> Access training and resources for home visiting and attend trainings Schedule and visit each family By June- 3 Keep detailed notes tracking and documenting visits Integrate ASQ in home | <ul style="list-style-type: none"> HV Trainings by March 2023 Home visits scheduled for April and May | <ul style="list-style-type: none"> SR staff (BD & Lori) | <ul style="list-style-type: none"> RB hosted HV training with SR staff in Jan Scheduling trainings via webinars in March Will circle back on readiness in march for HV in Spring Rita supported and sent webinar trainings directly to BD BD mentioned attended but not yet reported. not yet attended or Reported BD reported -Home visits scheduled for April and May |

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| | | | | | | | | | <ul style="list-style-type: none"> 5/31 discussed this activity and HV not appropriate for existing families considering replacing this with another activity such as field trips in 23/24. |
| | | 15 | # of children served | Not Met - None for Q1 | Same as Above | <ul style="list-style-type: none"> Keep detailed notes tracking and documenting visits | | <ul style="list-style-type: none"> SR staff (BD & Lori) | |
| | | 1-2 per family per year | # of home visitation sessions with each family | Not Met - None for Q1 | Same as above | | | | |

EXHIBIT C – Outdoor Classroom & Summary



EXHIBIT C – Outdoor Classroom & Summary



EXHIBIT C – Outdoor Classroom & Summary



EXHIBIT C – Outdoor Classroom & Summary



EXHIBIT C – Outdoor Classroom & Summary



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EXHIBIT C – Outdoor Classroom & Summary



EXHIBIT C – Outdoor Classroom & Summary

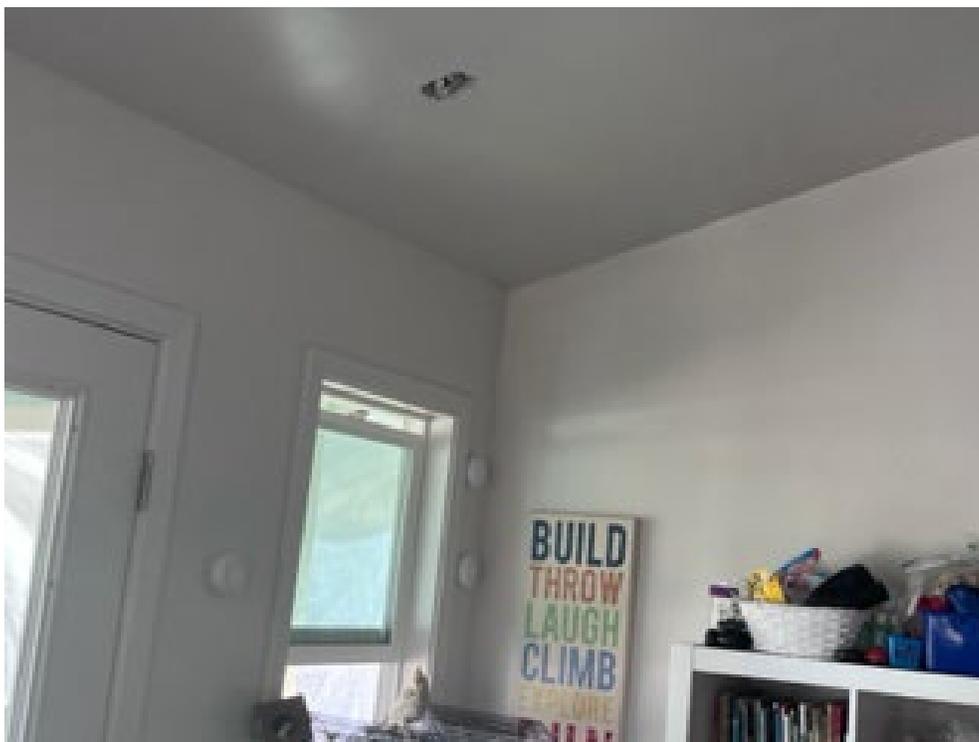


EXHIBIT C – Outdoor Classroom & Summary



EXHIBIT C – Outdoor Classroom & Summary

ABC Sprout – **Summary Provided By YES Admin**

YES 0-5 Program funded by First 5 Yuba Resilient Families Grant

- Founded upon the research of the Dimensions Foundation

<https://dimensionsfoundation.org/>

<https://dimensionsfoundation.org/2019report>

- Follows the evidence based practices of Nature Explore

<https://natureexplore.org/>

- Access to professional development through Nature Explore and others

<https://natureexplore.org/professional-development/#live-online-workshops>

- Located on the campus of Yuba Environmental Science Charter Academy at 9841 Texas Hill Road, Oregon House, CA
- Non-profit 401 3(c) TK-8 free public charter school
- Program runs 3 days per week for 3 hours per day
- ABC Sprout families have exclusive use of a fenced outdoor classroom
- The outdoor classroom includes a shade structure and a standalone indoor space with covered porch as well as ten distinct outdoor play areas: (1) Nature Art (2) Garden (3) Blocks/Building (4) Climbing (5) Sand Digging (6) Dirt Digging (7) Music & Movement (8) Messy Materials (9) Gathering (10) Water Play Table
- Access to indoor bathrooms and cafeteria – Students eat breakfast and lunch in cafeteria.
- Program operates 3 days per week for 3 hours per day
- Staffed by parent educator and early childhood educator
- Parent education augmented by local agencies
- Play groups for children ages 0-5
- Currently 20 children from the Yuba County Foothills are pre-enrolled
- Outdoor and nature play using the Growing Up Wild curriculum

The origin of ABC Sprout is an outdoor program offered to families in the Yuba County Foothills community during the 2019-2020 school year by YES. This was previous to YES entering a strategic partnership with First 5 Yuba. It was a 100% outdoor playgroup and parent education program staffed by a parent educator and an early childhood educator. It was a well-attended program until it closed to in person attendance in March of 2020 due to COVID. It continued through the end of the school year as an outreach program. With First 5 funding during the COVID suspension of group gatherings, the YES program produced a series of 10 three minute films highlighting ways to safely spend time outdoors with young children. This series, entitled Kids Outdoors, can be found on the YES You Tube channel at

<https://www.youtube.com/watch?v=EFrcAW3F9DE>

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| Objective 1: | Increase understanding of child development, positive parent-child interaction, and parent self-care among parents and caregivers of children 0-5 in the foothill area by providing evidence based parent education. |
| Goal Area: | Resilient Families |
| Desired Result: | Increased understanding of child development, positive parent-child interaction, and parent self-care. |
| Primary Target: | Parents and caregivers of children 0-5 |

| | Activity Description | Assigned Staff | Performance Measure/Indicator & Data Source/Assessment Tool | Annual Service Targets (unduplicated) |
|--------------------------------------|--|---------------------------|---|---|
| ACTIVITY 1.1 | | | | |
| Education by YES Parent ECE Educator | Schedule and host an evidence-based multi-session course on child development with caregivers of children enrolled in the program. | Parent Educator .3 FTE | <p>Indicator Increased understanding of child development and approaches to positive parent-child interaction</p> <p>Increased protective factors</p> <p>Data Source Monthly schedule of Parent Education classes Parent sign-in logs Parent pre and post surveys</p> | <p>20 child development classes</p> <p>15 unduplicated parents and caregivers participate</p> |

| ACTIVITY 1.2 | | | | |
|---|--|--|---|--|
| Child development | Using evidenced based models, support child development opportunities through play and outdoor learning experiences such as gardening, taking nature walks, and collecting natural materials for craft projects, and increase parent-child interaction during playgroups 30 minutes a day, three days a week during the school year. | Early Childhood Educator .3 FTE | <p>Indicator</p> <p>Increased understanding of child development and approaches for positive parent-child interaction</p> <p>Reduced child maltreatment</p> <p>Data Source</p> <p>Child sign-in logs Log of development tool shared with parents Early Childhood Educator notes on child development.</p> | <p>15 children attend classes for 3 hours per day, three days per week, for the school year.</p> <p>*Attendance must be equal to or greater than the preceding program year.</p> |
| ACTIVITY 1.3 | | | | |
| Education by Outside Agencies on Health and Development | <p>Schedule and host parent self-care classes by self and partner agencies, including but not limited to: Healthy Relationships, True Colors - 2 Part series.</p> <p>Workshop, and Mindfulness Workshop by Sutter Yuba Behavioral Health, Prevention and Early Intervention.</p> | <p>Parent Educator .3 FTE</p> <p>Partners at Behavioral Health</p> | <p>Indicator</p> <p>Reduced parental mood and anxiety disorders Increased family stability Reduced child maltreatment</p> <p>Data Source</p> <p>Monthly schedule of Parent Education classes Parent sign-in logs Parent pre and post surveys</p> | <p>10 classes</p> <p>15 parents and caregivers participate</p> |

| ACTIVITY 1.4 | | | | |
|--|--|---|---|---|
| <p>Child development classes by outside agencies</p> | <p>Schedule and host evidence based positive parent child interaction classes by partner agencies including but not limited to: Crazy to Connected, Understanding Children’s Brain States and Behavior, and Our Seven Secret Senses: Accelerate Learning, Improve Behavior and Build Connection, Simple Tricks and Tune Ups to Smooth Out the Daily Bumps and others by YCOE Child Development Behavioral Consultation Program. The Nurtured Heart Approach (NHA) a six session course by Sutter-Yuba Behavioral Health, Prevention and Early Intervention and other evidence based curriculum.</p> <p>Host developmental workshop series in collaboration with YCOE Child Development Behavioral Consultation Program, using tools such as TABS, and CBCL.</p> <p>Participants to be provided behavior consultations by YCOE partners.</p> <p>Schedule and host 4 evidence based parent education with partners from YCOE Child Development Behavioral Consultation Program</p> | <p>Parent Educator .3 FTE</p> <p>Partners at Behavioral Health, Partners at YCOE Child Development Behavioral Consultation Program.</p> | <p>Indicator</p> <p>Increased understanding of child development and approaches for positive parent-child interactions</p> <p>Increased protective factors</p> <p>Increased screening/referral for social determinants</p> <p>Data Source</p> <p>Monthly schedule of Parent Education classes</p> <p>Parent sign-in logs</p> <p>Parent pre and post surveys</p> | <p>15 parents and care givers participate</p> <p>4 child development workshops, YCOE</p> <p>4 screening and consultation sessions, YCOE</p> |

| ACTIVITY 1.5 | | | | |
|---------------------------------------|--|---|--|--|
| Outdoor child development Field Days. | Plan and schedule a minimum of 6 off site Field Days (on non- SR days and non – SR sites) to increase family access to developmentally appropriate play and outdoor learning environments and opportunities to explore nature in Yuba County such as (hiking, lakes, local farms, etc.). | Parent Educator .3 FTE Early Childhood Educator .3 FTE | <p>Indicator</p> <p>Increased understanding of child development and approaches for positive parent-child interactions</p> <p>Increased protective factors</p> <p>Data Source</p> <p>Workshop Log Sign In</p> <p>Pre Parent survey about location ideas, days and time</p> | 6 off site activities annually with parent/child participation |

| | |
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| Objective 2: | Increase knowledge among parents and caregivers of children 0-5 by providing health and safety education classes (e.g., tobacco education, car seat classes) to increase protective and safety protective factors for children 0-5 in Yuba County children. |
| Goal Area: | Resilient Families |
| Desired Result: | Increased Tobacco Education and other health and safety education Reduced tobacco use |
| Primary Target: | Parents and caregivers of children 0-5 |

| | Activity Description | Assigned Staff | Performance Measure/Indicator & Data Source/Assessment Tool | Annual Service Targets (unduplicated) |
|---------------------|---|---|---|---|
| ACTIVITY 2.1 | | | | |
| Education | Parent Educator will collaborate with partner agencies such as Yuba County Public Health, First 5 Yuba, Sierra Family Health Center etc. staff to provide health and safety classes for parents on topics such as: Tobacco Education, car Seat Safety, Lead Poisoning, and Oral Health. | Parent Educator .3 FTE Partners from YCHHS Partners from Sierra Family Health Center | Indicator Reduced tobacco use Increased in car seat use Decreased lead poisoning Increased oral health Data Source Monthly Parent Education Schedules Parent education sign-in logs Knowledge pre/post survey | 6 health and safety parent education presentations/ classes 15 parents or care givers participate |
| ACTIVITY 2.2 | | | | |
| Education | Schedule partner agency or organization such as Sierra Family Health Center or other agencies to provide parent education presentation on social emotional and behavioral health topics such as ACEs and PMADs, or other social emotional topics. Invite parents and caregivers to complete ACEs and PMADs screening. | Parent | Education | 4 self-care, behavioral health, social emotional parent education presentations/ classes 15 parents or care givers participate |

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| Objective 3: | Promote and increase access to professional development for ABC Spout staff on early child health and development models, practices and curriculum to support families with children ages 0-5. |
| Goal Area: | Resilient Families |
| Desired Result: | Increased use of developmental and social emotional screenings |
| Primary Target: | Parents and caregivers of children 0-5 |

| | Activity Description | Assigned Staff | Performance Measure/Indicator & Data Source/Assessment Tool | Annual Service Targets (unduplicated) |
|---|---|---|--|---------------------------------------|
| ACTIVITY 3.1 | | | | |
| Staff Training and Professional Development | Provide training to Early Childhood Educator and Parent Educator on evidence based protocols and best practices for on early child development and other professional development opportunities such as how to use and implement ASQ, & ASQ-SE, PMADs and ACEs screening tools. | Parent Educator .3 FTE Early Childhood Educator .3 FTE Partners at Help Me Grow | Indicators Increased screening /referral for social determinants, PMADs and ACEs screening etc. Data Source Training/consultation log or schedule PMADs and ACEs screening data | 8 hours annually |
| Activity 3.2 | | | | |

| | | | | |
|---|---|---|--|-----------------------------|
| Staff Training and Professional Development | Become certified or attend training and professional development opportunities specifically related to outdoor class environments from an accredited source (i.e., Outdoor explore, outdoor classroom project). | Parent Educator .3 FTE Early Childhood Educator .3 FTE | | Certifications |
| Activity 3.3 | | | | |
| Outdoor Site Development/Certification | Become outdoor class certified from an accredited source (i.e., Outdoor explore, outdoor classroom project). | Parent Educator .3 FTE Early Childhood Educator .3 FTE | | Certifications- Dec 2023 |