

# First 5 Yuba

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ANNUAL REPORT 2014-2015



# **YUBA** County Map, California

## Brownsville

1. Ponderosa Park Renovation - \$74,713

Plumas



## Strawberry Valley

Sierra

## Challenge

## Campsville

## Campsville

1. 1-2-3 Grow - \$19,651

## Marysville

1. Literacy Program at Yuba County Library - \$7,000
2. Yuba County Dental Van - \$8,333

Butte

## Loma Rica

## Oregon House

## Dobbins

## Harry L.

## Englebright Lake

## Ne

## Brown Valley

## Smartville

## MARYSVILLE

## Linda

## Olivehurst

## Camp Far West Res.

## Wheatland

Feather

70

## Plumas Lake

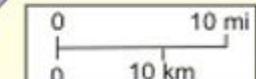
1. Parent Co-Op Preschool -\$60,000

## Olivehurst

1. Harmony Health FRC - \$74,062
2. Yuba County Dental Van - \$8,334
3. School Readiness Project - \$83,335
4. Aquatics Program - \$17,209

## Countywide

1. Bring Me A Book - \$39,060
2. CARES Plus - \$23,676
3. Family Soup Special Needs Project - \$24,554
4. FRC Gas Cards/Vouchers - \$10,001
5. Little Otters Swim Program - \$33,971
6. Recreation Scholarship Program - \$15,436
7. Sutter Health Bereavement Program - \$45,000
8. The Depot Family Crisis Center - \$73,000
9. Car Seat Safety Program - \$30,000
10. Child Development Behavioral Consultation Program - \$24,823



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# Welcome to the 2014-2015 Annual Report



I am pleased to present the 2014-2015 Annual Report for First 5 Yuba County. The First 5 Yuba County Commissioners, staff, and community partners and providers have worked passionately and tirelessly delivering services to our community's youngest children and their immediate family.

The Annual Report provides summary results of contracts awarded according to the fiscal calendar year (July to June). The Commission is redesigning its reporting parameters to align with fiscal year contracts and fiscal year reporting to the State of California First 5. As such, this report does not report on all of the current contracts, because the other contracts were reported in March 2015 for work performed during calendar year 2014. The final page of the report provides a comprehensive list of all First 5 Yuba community partners.

The Commission awarded community programs according to its strategic program areas: Improve System of Care, Improve Family Functioning, Improve Child Development, and Improve Child Health. For the 2014/2015 fiscal year, the Commission expanded its focus to improve delivery of care to children with special needs and children that experienced emotional trauma; to improve access to pediatric dental care, to the development of a co-op educational development preschool, and outreach and educational services for parents with children demonstrating behavioral and physical delays, among many other services.

Our community partners and providers have demonstrated a strong commitment to serving their communities and they work collaboratively with First 5 Yuba to continuously learn and improve.

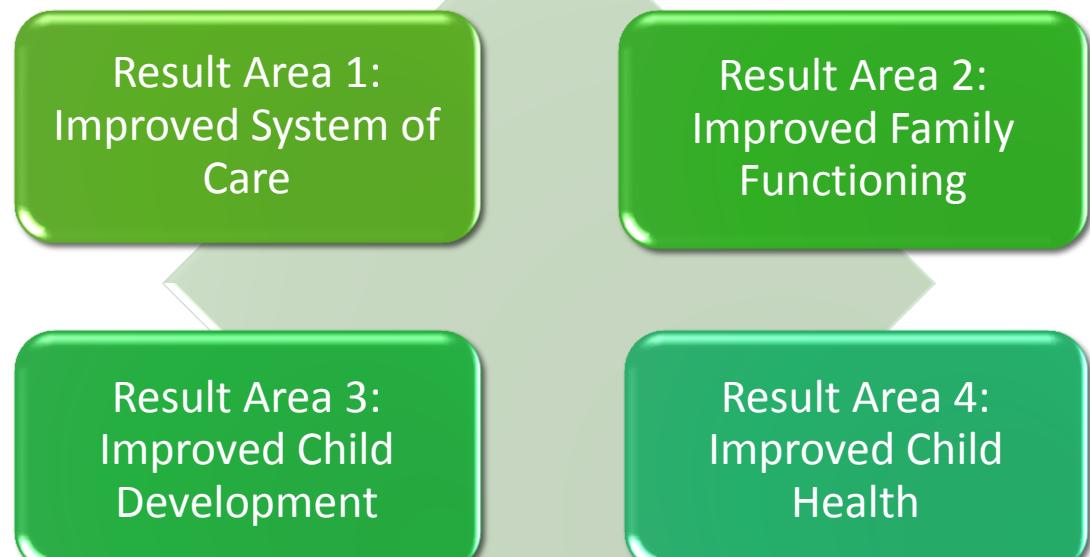
Sincerely,

Cynthia Sodari, *Executive Director*

# First 5 Strategic Focus



First 5 and its community partners focus on one of four result areas to deliver services to the youngest members of the community.



## Target Community Members

Yuba County families

Approx. 5,000 children\* < age 6

## Outcomes

First 5 Programs served more than

**71%**

of the target community, or

**3,527** total children

\* approximately 3,200 males & 2,800 females



# Commissioners

## **Andy Vasquez**

Appointee, Yuba County Board of Supervisor

## **Pam Morasch**

Appointee, Yuba County Health and Human Deputy Director

## **Jim Arnold**

Appointee, Yuba County Chief Probation Officer

## **Scotia Holmes Sanchez**

Representative, Yuba County Office of Education Superintendent

## **Melinda Staples**

Representative, Early Childhood Development

## **Joginder Sekhon**

Representative, Community-Based Organization

## **Sally Sokoloski**

Educator, Early Childhood Development

# About First 5 Commission

## **VISION**

All Yuba County children are healthy and thriving in safe and nurturing family environments and ready to succeed in their educational experiences.

## **MISSION**

First 5 Yuba will strategically support the use of community resources and services to enhance the development and well-being of children 0 through 5 and their families.

## **BACKGROUND**

Proposition 10 was approved by California voters in 1998 and established the California Children and Families Commission, known as First 5 California. It authorized the establishment of county commissions in all fifty-eight California counties. Prop 10 generates approximately \$450 million annually from tax on cigarettes and other tobacco products. First 5 California uses 20% of the annual revenues for statewide parent education efforts and administration. The remaining 80 % is divided among county commissions, with county birth rates used to determine annual funding allocations.

First 5 Yuba is guided by a seven member commission. Commissioners are appointed by the Yuba County Board of Supervisors in compliance with the California Children and Families Act. First 5 Yuba is a public entity legally separate and apart from the County. Commissioners represent the fields of education, health, mental health and local government. The First 5 Yuba Commission bases decisions on community input. Public comment is invited and welcome.

# Improved Family Functioning

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# Summary of Result Area - Family

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The total funds spent per Result Area and Service Area Category:

Program/Agency	Service Area Category	2014-2015 Accrued Expenditures	# of Children Served	# of Others Served
<b>Result Area : Improved Family Functioning</b>				
Parent Kits	Distribution of Kit for New Parents	\$ 0	0	368
Bring Me A Book*	Family Literacy Programs	\$ 47,865	723	468
Yuba County Library*				
Family Crisis Center's Children's Program*	Targeted Intensive Support Services	\$ 73,000	18	18
Little Otters Swim				
Family Soup				
Harmony Health Family Resource Centers*	General Parenting Education Programs	\$ 397,187	550	871
School Readiness *				
Child Development Behavioral Consultation				
Sutter Bereavement				

\* Covered in the 2014 Evaluation Report

# Little Otters Swim Program



Little Otters Swim Program offered by Butchie's Pool provides a free, safe, and 100% handicap-friendly environment where children with disabilities ages 3 months to 5 years old and their parents can engage in physical and educational swim programs. Little Otters Swim Program seeks to improve balance, speed, agility, power, strength and flexibility.

A parent or guardian completes a pre-and post- assessment that measures the child's communication, gross motor skill, fine motor skill, problem solving, and personal and social skills.

- The children participating in the program demonstrated an improvement in at least one of the target improvement areas, improving their pre-assessment score by 5 to 10 points. The children also developed an enjoyment of swimming and playing in water, safely.
- Parents expressed appreciation for the swim program, noting that it provided interaction opportunities with their disabled child that is unavailable outside of water.

## Goals Accomplished 2014/2015

- Served 11 children with varying disabilities
- Helped children learn to enjoy the water, learn safety skills, and improve overall motor skills
- Educated 12 parents or guardians on how to use water as an interactive tool with their child
- Adapted program sessions to meet the unique disabilities of each child
- Completed five 6-week sessions

Fiscal Year 2014/2015 Budget: \$33,971

# Little Otters Swim Program

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# Children's Bereavement Program

The Sutter North Children's Bereavement Program, administered by Sutter Medical Foundation, provides bereavement services to children under the age of five and their siblings by providing a safe, nurturing environment to families as they move through the grief process. The Bereavement Program utilizes The Dougy Center bereavement program from the National Center for Grieving Children & Family. Ten (10) week bereavement programs are conducted throughout the year offering art therapy, horse therapy, and group therapy sessions.

Parents or guardians complete pre- and post- assessments to measure each child's progress through the program. The Sutter North's Bereavement Coordinator prepares a summary participation report for the parent or guardian that includes an assessment of the child's coping skills and provides recommendations or referrals for additional grief assistance.

- The participants in the bereavement program demonstrated improved emotional control, sleeping patterns, and acceptance of the loss in their lives. At the end of the program, the children appeared to be more emotionally secure and better equipped to process their grieving emotions and thoughts.



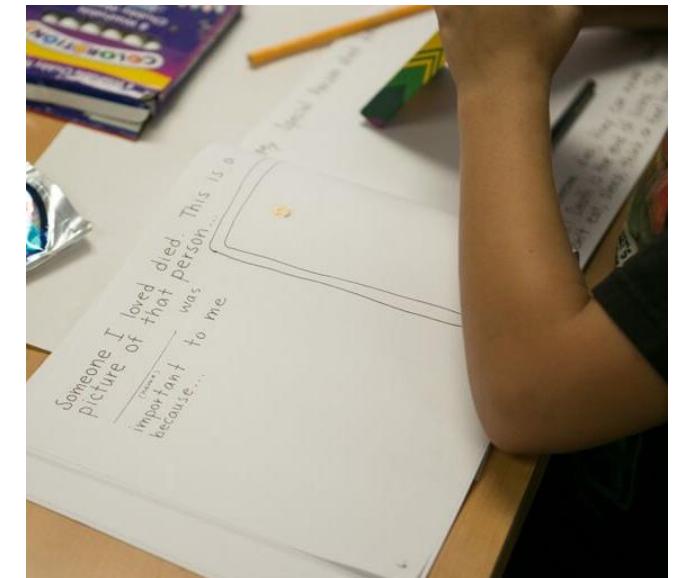
## Goals Accomplished 2014/2015

- Served 19 children, 20 parents or guardians, and 15 additional family members
- Conducted group therapy sessions, art therapy, and horse therapy
- Provided bereavement workshops at two local Yuba County schools: Covillaud and Kynoch Schools
- Conducted 22 community outreach workshops

## Fiscal Year 2014/2015 Budget: \$24,554



# Children's Bereavement Program



# Family Soup



Yuba Family Soup supports the Yuba County community by providing support services to families with children with disabilities between the ages of 0 and 5. Many programs are available at local, State, and federal levels, but are often not well communicated or advertised to families that need the services.

Yuba Family Soup helps to bridge the communication gap by providing valuable resource and referral information, counseling, specialized training, workshops, support groups and referral services. The program coordinates with numerous Yuba County programs and services and helps direct families to these services, such as specialized medical providers or Medi-Cal.

- Families felt better equipped to navigate the special needs programs and support systems.
- Parents and guardians reported improved confidence in program offerings and felt that they had an advocate in their pursuit to provide for their special needs child.

## Goals Accomplished 2014/2015

- Assisted nearly 60 parents in identifying programs for their family's special needs
- Conducted fifteen (15) special needs workshops and training with 66 parents and guardians in English and Spanish
- Provided 15 referrals to other county programs and services to families in need of those services
- Facilitated the needs of 18 special needs children

Fiscal Year 2014/2015 Budget: \$24,554

# Family Soup

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# Child Development Behavioral Consultation



Yuba County's Child Development Behavioral Consultation Program (CDBCP) offers intensive intervention, brief intervention and support, community consultations, community behavioral workshops, and behavioral education for successful teen parenting. The CDBCP addresses both prevention and intervention for the child and parent or guardian. The broad reaching arm of the CDBCP touches the lives of many parents and children throughout the county.

Pre/post temperament and atypical behavior scale assessments are conducted on each children receiving brief or intensive intervention services. Parents or guardians complete pre/post assessment and workshop surveys.

- Families received parenting techniques and felt better equipped to support the social, emotional, or developmental needs of their child.
- Children were assessed using the Temperament and Atypical Behavior Screen Scale (TABS) and Ages & Stages Questionnaires: Social-Emotional (ASQ:SE), depending on age. Parents reported significant reduction in challenging behavior.

## Goals Accomplished 2014/2015

- More than 50 children and 29 parents participated in intervention programs or parenting workshops
- 245 consultations with parents conducted
- 29 parenting and child behavior workshops offered to parents throughout the County
- 13 teen parents participated in Successful Teen Parenting sessions
- 2 sessions conducted to support children experiencing a family separation or divorce

Fiscal Year 2014/2015 Budget: \$24,823

# Child Development Behavioral Consultation



# Improved Child Development

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# Summary of Result Area - Education

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The total funds spent per Result Area and Service Area Category:

Program/Agency	Service Area Category	2014-2015 Accrued Expenditures	# of Children Served	# of Others Served
<b>Result Area : Improved Child Development</b>				
1,2,3 Grow*	Early Education Programs for Children	\$ 19,578	81	86
Fusion Kids	Preschool for 3 and 4 yr olds	\$ 60,000	0	0
CARES Plus	Early Education Provider Program	\$ 16,780	0	38

\* Covered in the 2014 Evaluation Report

# CARES Plus



The CARES Plus Program offers financial incentives to early education professionals in Yuba and Sutter County. Participants attend and complete training and professional development, such as entry level child development permits and college-level coursework (i.e., associates and bachelors degrees), in early childhood education. The program encourages educational providers to continuously improve their teaching skills and work to standardize and instill quality in the educational framework in the community (i.e., CLASS, ECERS/FCCRS/ITERS). Many of the participants are employed by State preschools, migrant education, head start programs, and other child care programs.

- First year participants gained knowledge of CORE components, English as a Second Language (ESL) courses, and utilized ECERS self-assessments for their classrooms.
- Returning participants developed Quality Improvement Plans based on ECERS assessments.

## Goals Accomplished 2014/2015

- 38 total providers participated in the CARE Plus Program in pursuit of their additional educational training and professional development.
- Participants represented various areas of the county, to include Beale Air Force Base, Linda, Marysville, Olivehurst, and Plumas Lake.

## Fiscal Year 2014/2015 Budget: \$23,676

# CARES Plus

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# Fusion Kids Co-Op Preschool



Fusion Early Learning, Inc. opened a parent co-op preschool facility in Olivehurst. As a co-op, parents agree to volunteer at the preschool, which assists in keeping the tuition affordable for parents and facilitates participation in the child's learning.

The new preschool will enroll approximately 75 students between the ages of 3 and 5. The program will utilize the award winning Fusion Early Learning Curriculum, which incorporates the popular philosophies of Montessori and Waldorf educational programs combined with online teacher assessments.



## Goals Accomplished 2014/2015

- Obtained community support
- Renovated facility and playground
- Created non-profit for preschool co-op
- Developed Board of Directors
- Trained teachers
- Enrolled 10 students for opening day, with more than 20 families scheduled for walk-throughs

## Fiscal Year 2014/2015 Budget: \$60,000



# Fusion Kids Co-Op Preschool



# Improved Child Health

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# Summary of Result Area - Health

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The total funds spent per Result Area and Service Area Category:

Program/Agency	Service Area Category	2014-2015 Accrued Expenditures	# of Children Served	# of Others Served
<b>Result Area: Improved Child Health</b>				
Recreation Scholarships*	Nutrition and Fitness	\$ 14,280	141	140
Ponderosa Park Improvement Project*				
Special Needs Gas Cards*	Health Access	\$ 10,001	110	0
Happy Toothmobile	Oral Health	\$ 5,178	400	685
OPUD Aquatics Program*	Safety Education & Intentional and Unintentional Injury Prevention	\$ 44,408	1504	4752
Yuba County Car Seat Program				

\* Covered in the 2014 Evaluation Report

# Car Seat Safety Program



The Yuba County Public Health Department Car Seat Safety Program provides life and safety educational car seat workshops and car seat safety check locations throughout the county. Properly harnessed children increases the chance of surviving a car accident and minimizes injuries. The program offers car seat safety workshops in English, Spanish, and Hmong every month.

- Parents and guardians that attend the workshop learned the importance of car seat safety and received lessons on how to properly install car seats to maximize child safety.
- Parents and guardians learned how to determine when a new or larger car seat is needed for their child. They learned that different ages and weights have different car seat requirements.

## Goals Accomplished 2014/2015

- Provided more than 380 car seats to Yuba County families
- Conducted car seat safety workshops
- Provided one (1) low birth weight car seat
- Provided car seat safety workshops to more than 500 children and 400 parents
- Interacted with and supported approximately 10% of Yuba County's target population of children under the age of 5 years old.

Fiscal Year 2014/2015 Budget: \$30,000

# Car Seat Safety Program



# Happy Toothmobile



The Yuba County Mobile Dental Van, Happy Toothmobile, provides dental care services to children. Dental care is brought directly to Marysville Joint Unified School District school sites providing dental services to children that might otherwise not receive dental care. Dental services include on-site school visits with dental hygiene presentations, classroom training, care coordination, dental examinations and cleanings, and freebie Friday activities where free dental hygiene items are given away to students.

- Children learned how to properly clean their teeth, participated in fun and enjoyable dental cleanings, and explored the dental van and common equipment used to clean teeth.
- The program coordinated follow-up services or referrals for children needing such services.

## Goals Accomplished 2014/2015

- Hired a new dentist and dental assistant
- Provided dental treatment to more than a thousand children via school recess appointments and same day appointments
- Refreshed the mobile dental clinic with new, brighter logos
- Provided classes and hands-on activities to more than 1,085 children
- Provided dental hygiene activities in over 20 kindergarten classes

Fiscal Year 2014/2015 Budget: \$25,000

# Happy Toothmobile

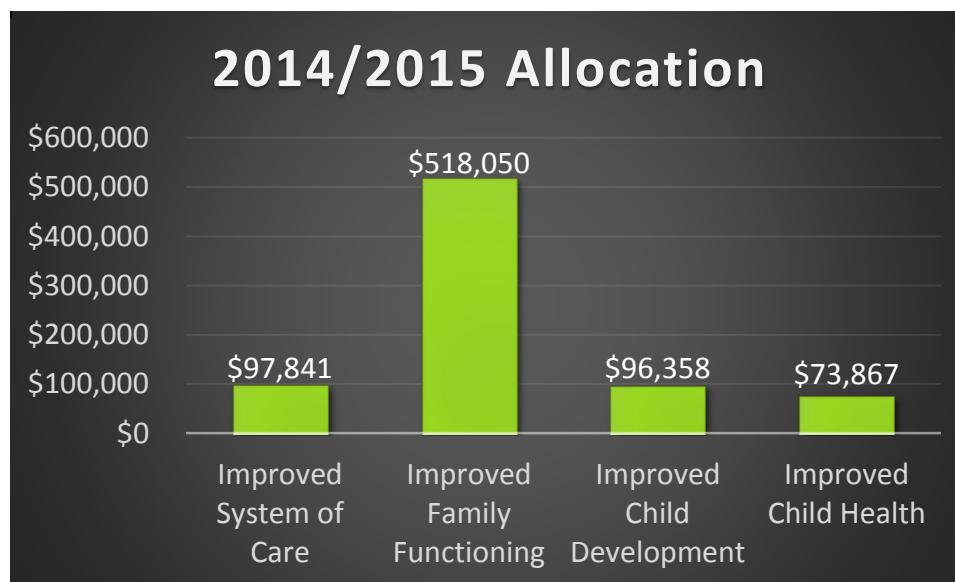
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# Financial Report



Commission Priority Focus Area	2014/2015 Allocation
Improved System of Care	\$97,841
Improved Family Functioning	\$518,050
Improved Child Development	\$96,358
Improved Child Health	\$73,867



## Fiscal Year 2014/2015

Total Revenues and Expenditures

<b>BEGINNING YEAR FUND</b>	<b>\$3,151,049</b>
Proposition 10 Tobacco Tax	\$824,114
County Interest	\$20,676
Other Funds	\$257
<b>Total Revenue</b>	<b>\$845,047</b>
Program Expenses	\$786,116
Administrative Expenses	\$258,566
Evaluation Expenses	\$39,515
<b>Total Expenditures</b>	<b>\$1,084,197</b>
<b>END OF YEAR FUND</b>	<b>\$2,911,899</b>

# Community Partners

*First 5 Yuba thanks its providers for the invaluable services and programs offered to the community.*



Bring Me A Book  
Butchie's Pool  
Camptonville Community Partnership  
Child Care Planning Council of Yuba and Sutter Counties  
Family SOUP  
Fusion Early Learning, Inc.  
Harmony Health Family Resource Center  
Marysville Joint Unified School District, Child Development Program  
Marysville Joint Unified School District, Student Services  
Sutter Health Foundation  
The Salvation Army  
Yuba County Public Health Department  
Yuba County Public Works Department  
Yuba County Library  
Yuba County Office of Education, Special Education  
Yuba Feather Community Services





First 5 is a Tobacco Tax Program, California Proposition 10 (1998)  
1114 Yuba Street, Suite 147, Marysville, California 95901 (530) 749-4877