

FIRST 5 YUBA COUNTY



Annual Evaluation Report 2015 -2016

Welcome to the 2015-16 Annual Report – First 5 Yuba County

I am pleased to present the 2015-2016 Annual Report for First 5 Yuba County. The First 5 Yuba County Commissioners, staff, community partners and providers have worked passionately and tirelessly delivering services to our community's youngest children and their immediate families.

The Annual Report provides summary results of contracts awarded according to the fiscal calendar year (July to June). The Commission awarded community programs according to its strategic program areas: Improve System of Care, Improve Family Functioning, Improve Child Development, and Improve Child Health. This report marks the end of our 2011 – 2016 Strategic Plan and, as such, reviews all 15 of our Strategic Partners.

Our community partners and providers have demonstrated a strong commitment to serving their communities and they work collaboratively with First 5 Yuba to continuously learn and improve.

Sincerely,

Cynthia Sodari,
Executive Director



About First 5 Commission

Vision

All Yuba County children are healthy and thriving in safe and nurturing family environments and ready to succeed in their educational experiences.

Mission

First 5 Yuba will strategically support the use of community resources and services to enhance the development and well-being of children 0 through 5 and their families.

Background

Proposition 10 was approved by California voters in 1998 and established the California Children and Families Commission, known as First 5 California. It authorized the establishment of county commissions in all fifty-eight California counties. In 2015-16 Prop 10 generated approximately \$460 million¹ from tax on cigarettes and other tobacco products. First 5 California uses 20% of the annual revenues for statewide parent education efforts and administration. The remaining 80 % is divided among county commissions, with county birth rates used to determine annual funding allocations.

First 5 Yuba County is guided by a seven member commission. Commissioners are appointed by the Yuba County Board of Supervisors in compliance with the California Children and Families Act. First 5 Yuba is a public entity legally separate and apart from the County. Commissioners represent the fields of education, health, mental health and local government. The First 5 Yuba County Commission bases decisions on community input. Public comment is invited and welcome.

¹ http://www.cfc.ca.gov/pdf/commission/meetings/handouts/Commission-Handouts_2016-10/Item%209%20-%20Financial%20Update.pdf

First 5 Yuba County Commissioners for 2015 – 2016

Jim Arnold, Chief Probation Officer
Appointee, Yuba County Chief Probation Officer

Josh Harris County Superintendent of Schools
Appointee, Yuba County Office of Education Superintendent

Pam Morasch, Deputy Director
Appointee, Yuba County Health and Human Services Deputy Director

Homer J. Rice, MPH, PhD
Appointee, Yuba County Public Health Administrator

Sally Sokoloski, Educator
Specializing in Early Childhood Development

Melinda Staples, Educator
Specializing in Early Childhood Development

Andy Vasquez, District 1 Supervisor
Appointee, Yuba County Board of Supervisors

First 5 Strategic Focus

First 5 and its community partners focus on one of four result areas to deliver services to the youngest members of the community.

Result Area 1: Improved Child Health
Result Area 2: Improved Child Development
Result Area 3: Improved Family Functioning
Result Area 4: Systems of Care

Target Community Members

Yuba County's Population as of January 1, 2015 was 74,003².

Yuba County Children approximately 7,299 under 6 years of age

Children under the age of 6 years make up approximately 10% of Yuba County's total population

Child Population Gender³

Female = 3564 Male = 3735

Outcomes

During the evaluation period First 5 Yuba County's Strategic Partner programs served

38 % of the target community, or

2,787 total children under the age 0 – 5 and

6,585⁴ members of the Yuba County community

The program snapshots that follow were created using information gathered from the quarterly progress reports each provider filed. Those reports requested the following information:

- Child demographics by age, ethnic background and language
- Parent/guardian demographic by ethnicity and language
- Information on milestones and targets directly related to Provider's scope of work
- The opportunity to provide Family and Provider Success Stories - Success stories are included in the snapshot if the program provided them

If challenges or concerns were found within a program they are explained in the snapshot along with a recommendation on how to alleviate the challenge with future projects.

² State of California, Department of Finance, *E-4 Population Estimates for Cities, Counties, and the State, 2011-2016, with 2010 Census Benchmark*. Sacramento, California, May 2016.

³ Data Source: [As cited on kidsdata.org](http://kidsdata.org), California Dept. of Finance, Race/Ethnic Population with Age and Sex Detail, 1990-1999, 2000-2010, 2010-2060 (Jun. 2015); U.S. Census Bureau, Current Population Estimates, Vintage 2014 (Jun. 2015).

⁴ 2,787 children age 0 – 5 plus 3,798 others (parents, guardians, other family and providers) = 6,585

Summary of Result Area - Improved Child Health

Service Area	Program	2015-16 Accrued Expenditures ⁵	# of Children Served	# of Others ⁶ Served
Nutrition and Fitness	Ponderosa Park	\$74,713	400	150
	Recreation Scholarships	\$5,121	13	0
Safety	Car Seat Safety	\$29,126	757	826
Health Access	Gas Cards	\$10,001	103	202
Oral Health	Happy Toothmobile	\$30,205	386	1038

⁵ Dollar amounts are rounded

⁶ "Others" is defined as parents, guardians, caregivers, other family and providers

Ponderosa Park Refurbishment Yuba Feather Community Services Recreation Committee

Ponderosa Community Park, located in Brownsville, California is managed by the volunteer group, Yuba Feather Community Services (YFCS). The project entailed refurbishing a neglected community park that had become a target for vandalism. It included adding security and fire alarm systems to the park to deter vandalism; renew the upper field including installation of a sprinkler system and grass so it could be used for Little League and other sporting events. This program was originally funded in 2013 as a multi-year project with an original termination date of December 2014. It was extended to an end date of June 30, 2016. The Program's stated goal was to see an increase in use by children and families by increasing safety at the park and providing more recreational opportunities for Brownsville families. YFCS reported the approximate number of children and families using the park on an informal basis as well as for organized activities such as soccer and baseball.

Accomplishments

- Over the term of the contract the provider indicated that vandalism was reduced, the field had been leveled, new sprinklers and fencing installed and hydro-seeding had been chosen as the method for grass installation. Ongoing maintenance and repairs will continue to be performed by community volunteers
- Served 400 children between the age of 0 – 5 and 150 other family members
- Several family oriented events were held at the park including:
 - Soccer games through the Oroville Youth Soccer League – Fall 2015
 - North Yuba Little League – Spring 2016
 - Easter Egg Hunt – Spring 2016

2015 – 2016 Budget \$74,713

100% utilization

Recreation Scholarships Yuba County Public Works



Since 2008, Yuba County Public Works and the Commission have partnered to increase the opportunity of physical fitness and enrichment activities for young children and their families in Yuba County. However, due to unforeseen organizational changes within Public Works and the Commission the original plan reduced down from the original proposal developed in 2008 to simply granting scholarships to low income children aged 0 – 5 and their siblings for existing recreational activities. This was accomplished by maintaining an active list of service providers throughout the Yuba-Sutter area and distributing vouchers to qualifying families during the application process for public assistance at the Health and Human Services Division in Linda, Ca. The agreement was originally set to end in 2014 but was extended to June 30, 2016. Families completed a recreation program feedback form to gauge engagement and success of the program.

Accomplishments

- Served 13 children
- Provided an opportunity for families who may not have the means to pay for recreational activities
- Included activities such as dance, martial arts, soccer and little league opportunities

Challenge The provider found that once the vouchers were issued many families did not utilize the vouchers and unfortunately procedures were not thoroughly established to track vouchers issued.

Recommendation If a similar project is funded in the future, steps should be in place to track recipients who are issued a scholarship by collecting parent contact information and establishing procedures to relinquish the scholarship if not used within a specified timeframe so it can be issued to another child.

2015 – 2016 Budget \$10,591

48% Utilization

Car Seat Safety Program

Yuba County Health and Human Services, Division of Public Health



The Car Seat Safety Program was a two year contract ending June 30, 2016. It provides life and safety educational car seat workshops and car seat safety check locations throughout the county. Workshops are held monthly in English, Spanish and Hmong. Properly harnessed children increase the chance of surviving a car accident and minimize injuries. Through the workshops parents and guardians learned the importance of car seat safety and received lessons on how to properly install car seats to maximize child safety. They also learn how to determine when a new or larger car seat is needed for their child. They learned that different ages and weights have different car seat requirements. Participants completed pre and post workshop tests to gauge their increase in knowledge and awareness.

Accomplishments

- Provided 494 car seats to Yuba County families
- Provided one (1) low birth weight car seat
- Provided car seat safety workshops to more than 450 parents

Success Stories

A first-time mom gave birth to a premature baby. While the baby spent its first month in NICU, Mom contacted several community agencies and was referred to the Car Seat program. Mom attended the safety class and the Child Passenger Safety Technician/Instructor went over the different types of car seats available. Mom was provided with a car seat that would accommodate babies such as hers up to 30 pounds. Because her baby was small in comparison to other, she was given proper instruction in the way to set the base, the seat and the baby itself. Being a first-time mother, Mom was given plenty of information and training on how to care for a premature baby when dealing with car seats. Based on the weight standards, the seat provided through the program will serve them for at least 18 months and possibly the first 2 years. Through proper counseling from our Yuba County Child Passenger Safety Technicians, Mom will be able to drive safely knowing her baby is properly buckled in. In a follow-up call, Mom reported she was very happy with the car seat and the baby has grown into the seat. The classes and assistance given to her really helped her making sure her baby is secure.

Another success story is for a 38 year old single father with two children under 6 years of age. He discovered that the car seats his daughters rode in were used, too old, and did not fit them. At the time he attended the workshop, the expense for car seats was something he could not afford. He shared with program staff that his budget was so tight it would have taken literally take 3-4 months to gather \$150-200 to buy new car seats without subjecting the family to additional hardships. Thanks to the car seat program his children are safe and secure in their car seats that were provided to them. The true success to this story is that this father has referred other individuals that are in true need of car seats to come to the class not only to receive a car seat, but to learn about how to keep little children safe. Because of such word-of-mouth advertising, the Car Seat Safety program continues to succeed.

2015 – 2016 Budget \$30,000

97% utilization

Gas Cards to Assist with Specialty Medical Care Yuba County Office of Education – Family Resource Center



Through the Special Education Department of Yuba County Office of Education (YCOE) gas cards were provided to families who had to drive out of county to receive specialty medical care for their child with special needs. All of the First 5 Yuba County grant dollars went directly for the gas cards or vouchers as YCOE covered the administrative costs. The program outreached to targeted agencies, programs and hospitals in Yuba County that serve these families to increase awareness of the opportunity for referrals to the program. The FRC kept records of families referred to and enrolled in their program and tracked requests for and use of the gas cards. They reported quarterly on the verified medical, therapy and assessment visits.

Accomplishments

- Assisted families with accessing 207 health services
- Assisted families with accessing 19 therapeutic services
- Assisted families in accessing diagnosis and/or treatment of a variety of medical concerns including but not limited to the following: Premature infants as young as 24 weeks, high risk pregnancy, autism, behavioral issues, chromosome/heart/palate issues; Blount’s disease, tubular sclerosis, global delays, cognitive & speech delays, and vision/blindness
- Accepted over 50 unduplicated referrals to the program and contacted each one to advise them of what services were available
- Enrolled over 30 families

2015-2016 Budget \$10,001

100% utilization

Happy Tooth Mobile Dental Van Marysville Joint Unified School District and Peach Tree Health



The Yuba County Mobile Dental Van, Happy Tooth Mobile, partnership between Marysville Joint Unified School District (MJUSD) and Peach Tree Health provides dental care services to children. Dental care is brought directly to MJUSD school sites providing dental services to children that might otherwise not receive dental care. Dental services include on-site school visits with dental hygiene presentations, classroom training, care coordination, dental examinations and cleanings, and freebie Friday activities where free dental hygiene items are given away to students.

Information was reported from event logs, patient records, and feedback forms.

Accomplishments

- Provided over 4,000 dental procedures
- The mobile clinic was in service 225 days
- Provided over 1600 referrals for follow up appointments
- Over 900 children completed treatment
- Held 44 classes in oral health education to 1072 preschool students

Provider Success Story

The mobile dental clinic exceeded previous years' totals with regard to service and outreach. They strive to reach more of the zero to six population by continuing to educate families about oral health. The biggest challenge remains convincing parents that baby teeth DO matter.

2015 -2016 Budget \$44,822

67% utilization



Summary of Result Area - Improved Child Development

Service Area	Program	2015-16 Accrued Expenditures	# of Children Served	# of Others Served
Infants, Toddlers and all-age early learning programs	1,2,3, Grow	\$20,356	31	28
Preschool for 3 & 4 year olds	Fusion Co-op	\$59,110	32	81
ECE Provider Program	CARES Plus	\$18,699	0	60

1, 2, 3 Grow Camptonville Community Partnership



"1, 2, 3 Grow" parent participated preschool program provided through the Camptonville Community Partnership (CCP) offers a comprehensive range of early childhood enrichment activities for children in the rural community of Camptonville. Children participating in the program benefit from school readiness activities that include literacy, language, math, science, social development, music and art. All children are screened for health insurance, immunization status, and dental care, referrals to preventive services as provided as needed. Additionally, the location is utilized as a Family Resource Center. Data was collected through, participant counts, health screening records, kindergarten teacher interviews, and family satisfaction surveys.

Accomplishments

- 750 available hours for the Family Resource Center serving 88 families
- Provided Parent Enrichment services covering a variety of topics including "Turning Conflict Into Teaching"; a workshop which focused on the necessity of direct communication and offered parents and caregivers insights and strategies to support their children's unique gifts and abilities
- Staff development included in-depth Enneagram Workshops, presentation on Substance Exposed Infants, SIDS training, and updating infant/toddler CPR certification.

Success Stories

One mom shared, "My daughter has been going to 123 grow for a year now This year she is turning three She is becoming more independent, she is feeling more comfortable not always having mom by her side. She is bringing home many new things. Table manners have become a big part of home since she started sitting with others. Waiting for conversation to end before interrupting is another. Reading stories during quiet time. Interacting more with children, and playing board games, and tag games, playing games, and taking turns during them. She's learned to share, trade, or wait her turn for a particular item.

Another mom shared, "The teachers demonstrate patience all day, every day and it helps me to do the same in our home life. Socializing with other kids and parents is huge because we live so far away."

1, 2, 3 Grow Staff shared, "It is the social growth and development of our toddler class members that is truly inspiring. Infants and toddlers alike engage with friends, know and trust their teachers. They are comfortable with, accept help from, and respond to other parents. In short, they have a widening circle of age-mate friends and trusted adult caregivers and friends. Even more, they feel the school environment is theirs – interesting, fun and safe to explore.

2015-16 Budget = \$20,356

100% utilized

Co-op Preschool Fusion Kids, Inc.



In response to the community need of additional preschool slots in the unincorporated areas of Yuba County, Fusion Kids, Inc. opened a parent co-op preschool facility in Olivehurst. As a co-op, parents agree to volunteer at the preschool, which keeps the tuition affordable for parents.

The model also facilitates parent participation in the child's learning experience. The preschool has an enrollment capacity of approximately 75 students between the ages of 3 and 5. The program utilized the award winning Fusion Early Learning Curriculum, which incorporates the popular philosophies of Montessori and Waldorf educational programs combined with online teaching. Data was collected using Teaching Strategies GOLD Assessments and enrollment records.

Accomplishments

- This was the first year for the school to be open and operating
- 11 students enrolled and 22 parents participated
- 3 Teaching Strategies GOLD Assessments were completed
- 3 students graduated

Success Story

One student had a severe stutter when first arriving. After three months at Fusion Co-op his stutter has completely disappeared and his vocabulary has increased exponentially. All of the students are well on their way to being ready for Kindergarten. All the children are recognizing their numbers and letters. They are writing and have a real excitement for learning. They are all well on their way to being ready for kindergarten.

Budget \$59,110

100% utilized

CARES (Plus)
Child Care Planning Council of Yuba and Sutter Counties



**Child Care
Planning Council**
of yuba and sutter counties

The Child Care Planning Council of Yuba and Sutter Counties administered the First 5 California CARES (Plus) Program with matching funds provided by First 5 Yuba. This program worked to increase the quality of early child care and education by providing stipends for providers to participate in continuing education and training. To receive the stipend a provider had to be enrolled in a qualifying class or program and provide proof of satisfactory completion each term.

Accomplishments

- Providers participated in CARES Plus completing training to either maintain their current level of certification or earn a higher level certification
- Beale Air Force Base and Marysville are the highest represented areas followed by Linda, Olivehurst, and Wheatland

2015 – 2016 Budget \$26, 896 70% utilized

Summary of Result Area - Improved Family Functioning

Service Area	Program	2015-16 Accrued Expenditures	# of Children Served	# of Others Served
Distribution of new parent kits	New Parent Kits	\$0	0	435
Family Literacy Programs	Literacy at the Library	\$7,000	451	464
Targeted Intensive Parent Support	Family Crisis Center Children's Program	\$73,000	40	47
General Parenting Education	Little Otters Swim Program	\$25,944	24	33
	Family Soup Special Needs Project	\$55,603	141	294
	Sutter Hospice Children's Bereavement Program	\$48,000	28	20
	Child Development Behavioral Consultant	\$94,922	39	152
	Harmony Health Family Resource Centers	\$98,297	31	57
	MJUSD School Readiness	\$125,000	311	346

Early Literacy at the Library Yuba County Library



This program provides early literacy activities for children from birth through age 5 and their families. It provides an opportunity for parents-child bonding and teaches parents literacy activities to improve their child's learning. The Library offers two programs according to the age of a child: "Tiny Tots Story Time" is available for infants up to age 2 and "Learn and Grow" story time is designed for children age 3-5. Families completed seasonal family surveys to indicate amount of reading at home and frequency of visits.

Accomplishments

- 151 Learn & Grow Story Time events were held
- 151 Tiny Tots Story Time events were held
- 4 parent workshops were conducted using the *Every Child Ready to Read* resources
- Increased and strengthened family connections to community resources

Success Stories

A mother of two stated she was very happy for this free program to the community. The family had recently moved from another state and the children did not have any children their age to socialize with. Mom explained that coming to the programs has helped her gain new 'mommy' friends as well as her two young children now having regular 'play' dates with some of the other children who have also attended the First 5 programs.

The program coordinator always looks for feedback from parents as to what they would like to see in the programs. For example, parents shared they would like to see more music and movement. The program coordinator implemented this in the Tiny Tots program and the little ones love it. It broke up the session and the children were able to burn off energy before they were being read to. A few parents shared that their 'shy' children love coming to the program knowing that they will be 'dancing' with the teacher. During the Tiny Tots program even the most reluctant child was eager to join in and move with the other children.

2015 – 2016 Budget \$7,000

100% utilized



The Depot Children's Center Program The Salvation Army



The Salvation Army Depot Family Crisis Center, a residential treatment program, provides a range of mental health, child care, parenting classes, and health access services for parents seeking treatment. The parents enrolled in the program do not always have custody of their child and may work to regain custody during their treatment. The intensive services offered through this program assist parents in learning and practicing healthy parenting behaviors. Parents completed linked family surveys at program enrollment, 90-days, 180-days and at program exit.

Accomplishments

- Provided over 200 hours of individual counseling and 1,500 hours of group counseling to parents of children age 0-5
- Provided over 800 hours of School Readiness sessions
- Provided supervised 21 family outings both on and off premises including a visit to the Sacramento Zoo
- Staff received training in child safety, child behavior, creative arts, suicide prevention, substance abuse
- Encouraged and provided opportunities for parents to support their children by reading, participating in literacy activities, singing songs and storytelling

Success Stories

"To Whom It May Concern, I'm writing these lines to thank and show appreciation to those who made our zoo day possible. It gave us an opportunity to spend a wonderful day with our 6 month old son. Even though he was a little young for a zoo trip we did enjoy the day. Thank you and God Bless - A."

"I just want to thank you for taking us to the zoo. We had a wonderful time. It was our first extended visit with Jr. We enjoyed looking at all the animals and we were very grateful for lunch. We appreciate you taking the time to take us. If it wasn't for you we wouldn't have gotten 8 hours with our son. So, we are very grateful. Our favorite exhibit was the lions and the monkeys. Our little guy wouldn't stop staring at the monkeys and he laughed. It was awesome to see! We enjoyed our day so thanks again. God Bless, Sincerely, S."

2015 – 2016 Budget \$73,000 100% utilized

Little Otters Swim Program Butchie's Pool



Little Otters Swim Program offered by Butchie's Pool provides a free, safe, and 100% handicap-friendly environment where children with disabilities ages 3 months through 5 years old and their parents can engage in physical and educational swim programs. Little Otters Swim Program seeks to improve balance, speed, agility, power, strength and flexibility.

Accomplishments

- Helped 24 children with a variety of disabilities learn to enjoy the water, learn safety skills, and improve overall motor skills
- Educated parents or guardians on how to use water as an interactive tool with their child
- Adapted program sessions to meet the unique disabilities of each child
- Completed five 6-week sessions

Success Story

Rather than turning away clients we have increased the number of classes to accommodate the need for more one to one sessions.

Challenge The board of directors opted to temporarily close Butchie's Pool due to financial reasons at the end of March 2016. Aside from grants like First 5 Yuba provided the pool operated on deficit spending and needed to take a serious look at long term funding options.

2015-2016 Budget \$30,986

84% utilized

Special Needs Project Family SOUP



Yuba Family SOUP supports the Yuba County community by providing support services to families with children with disabilities between the ages of 0 and 5. Family SOUP helps to bridge the communication gap by providing valuable resource and referral information, counseling, specialized training, workshops, and support groups for parents and siblings. Information was collected from event logs, workshop evaluations, family surveys and pre-post therapy assessments.

Accomplishments

- Assisted 181 parents/caregivers and children age 0 – 5 in navigating the special needs system including providing referrals, instruction and follow-up contact throughout the process
- Provided 23 music therapy sessions and sand play therapy sessions to children
- Provided 13 psycho-educational counseling sessions and support to 15 parents
- Provided special needs workshops in English and Spanish

Success Story

One mother shared that she was frustrated and alone when she was finally told by a clinician about Family SOUP. At first she said she was wary at the idea of how a free resource center could help but she was desperate, and out of options. The mother shared, "I called Family SOUP and the day I made this phone call, was the day the completely changed our lives. The staff was extremely friendly, they transferred me over to Mary, while speaking with her I felt like, for the first time someone was actually listening and understanding...Not only did she give me resources, she and Family SOUP, went out of their way, to make phone calls, made sure I stayed at the top of the list..."

Another mother was referred by primary care provider for help with obtaining services for her son. Her son had recently been "expelled" from preschool, and she was having a lot of trouble managing his behaviors at home. Mom further reported that her son had trouble falling and staying asleep, is a picky eater, and doesn't follow directions. When frustrated, he becomes physically aggressive towards his mother, his brother, and the family cat. Mom said she had been looking for help for over a year, but was unsuccessful. Family SOUP intake and assessment information was used to direct case management and facilitated referrals for this family. The son was referred to MJUSD and Alta California Regional Center for disability assessments. Family SOUP followed up on both referrals to ensure contact and follow-through with parent. Family SOUP also provided transportation for part of the school district assessment. FS also provided support to Mom as she was learning about her son's disability and helping her with parenting strategies for managing his behavior. In the beginning, Mom called Family SOUP 3-4 times a week in need of support and information. She did an excellent job keeping track of and following through with Alta and school district appointment during the assessment period. She quickly learned the IEP process and is an active advocate for her son. Mom's calls to FS are much less frequent now, but she checks in occasionally and reports that she and her son have made a lot of progress.

2015-2016 Budget \$55,603

100% Utilization

Children's Bereavement Program Sutter North Hospice

The Sutter North Hospice Children's Bereavement Program, provides bereavement services to children under the age of five and their siblings by providing a safe, nurturing environment to families as they move through the grief process. The Bereavement Program utilizes The Dougy Center bereavement program from the National Center for Grieving Children & Family. Parents completed pre and post workshop evaluations indicating areas of concern and the level of improvement after participating in the program.



Accomplishments

- Served 27 children and 21 parents through art therapy, horse therapy, and group therapy sessions
- Expanded from 1 to 3-school based services by adding Yuba Gardens and Covillaud elementary schools in Yuba County
- The Bereavement Coordinator prepared a summary participation report for the parent or guardian that includes an assessment of each child's coping skills and provided recommendations or referrals for additional grief assistance
- Worked with several community agencies including Trauma Intervention Program, Victor Counseling Services, Yuba-Sutter United Way, school based mental health services and Sutter Yuba Behavioral Health

Success Stories

The Children's Bereavement Program provided services for two children who lost their father in a very tragic care accident. The family was very traumatized by the loss of their father and could not openly communicate their feeling about the loss. Through The Children's Bereavement Program the mother and her children learned coping skills around grief and loss and learned to work together as a family and as a result on a journey to healing and increased family functioning.

Child was referred by school counselor due to death of child's father. At the initial assessment the child's mother could not rate his coping skills due to the fact that the child never talked about his father's death but was having sleep disturbances nightmares, restlessness acting out anger outbursts and reluctance to talk about his father's death. After the child graduated from the program the child's mother reported on his Post Test that his acting out behaviors have significantly decreased and the child is learning to keep a note book where he continues to express his feelings through his artwork and drawing. The child opened up in group and was able to express his feeling with his fellow peers and has enhanced his overall coping skills.

2015 – 2016 Budget \$48,000

100% utilized

Child Development Behavioral Consultant Program (CDBCP) Yuba County Office of Education



Yuba County's Child CDBCP offers intensive intervention, brief intervention and support, community consultations, and community behavioral workshops. The CDBCP addresses both prevention and intervention for the child and parent or caregiver. The broad reaching arm of the CDBCP touches the lives of many parents and children throughout the county. Pre/post temperament and atypical behavior scale assessments are conducted on each child receiving brief or intensive intervention services. Parents or guardians complete pre/post assessment and workshop surveys.

Accomplishments

- 21 children received brief intervention services
- 21 students received intensive intervention services
- Completed over 300 new consults
- Held 77 workshops with 377 attending
- Held 14 Teen Parenting class sessions with 25 teen parents attending

Success Story

An example of how strengthening a family strengthens the community was shared through a community based letter from a Commander in the US Air Force. The family addressed in the letter was served during the 2nd and 3rd quarters of 2015-2016 and included a four year old male as the primary client with support services also provided to his one year old brother. Excerpts from the letter follow:

"Captain was experiencing some challenging behavior with her oldest son during her husband's year-long deployment. During this critical time, Ms. Amaya was able to give Captain the tools as a parent that she needed to help her son grow at home and assisted with son's preschool education. Ms. Amaya was there as an expert to provide mentorship and guidance at a very vulnerable period in Captain's life. As (her) Commander, I appreciate the support because it helped her balance her home and work duties... Thank you for your support to my organization."

2015 – 2016 Budget \$95,177

99% utilized

Family Resource Center and Home Visitors Harmony Health



Harmony Health is a Medical Clinic and Family Resource Center. The Commission partnered with Harmony Health to offer intensive support services for children ages 0-5 and their families at three Family Resource Centers located at Cedar Lane Elementary School, Ella Elementary School and Linda Elementary School. Parents completed post counseling surveys, FRC Quick feedback form, and pre/post home visitation family surveys to assess effectiveness and satisfaction with the program.

Accomplishments

- Provided home visitation to 27 new families
- Provided 45 families with 3 to 9 months of HV services and 22 families with 9+ months
- Served over 550 families through drop in services at FRCs
- Provided 160 parent education workshops
- Provided 38 behavioral health workshops
- Provided 47 community events

Success Stories

Mom came into the program very shy and overwhelmed. She doubted herself and didn't disclose too much information. As staff worked with her, she was able to let her guard down. During this process, she was going through a separation with her partner. She became distracted with her emotions, but was even more determined to accomplish her goals. Her goals were to learn how to ride the bus and establish counseling services. Instead of learning how to take the bus, she got her driver's license. On top of that, she got herself a car. Counseling services were established and she continued attending her appointments.

L.V. was new to the community and knew no one, she felt often alone and isolated. LV was connected to resources in the community and she set her goal on meeting her neighbors. When breaking down the steps LV was not sure what her strengths were. LV learned that she enjoyed talking, so LV put herself out there to make it a point to talk to her neighbors. Today LV has 3 new neighbor friends and does not feel so isolated. She shared that one of her neighbors had spent Father's day with them for a BBQ!

2015 – 2016 Budget \$98,297

100% utilization

School Readiness Marysville Joint Unified School District



Marysville Joint Unified School District (MJUSD) administered the School Readiness (SR) initiative that provided outreach and other direct services to young children and their families. They currently have sites at Cedar Lane, Ella, and Linda Elementary Schools. The activities of this program include delivering Parents as Teachers community workshops and home visiting (HV) services; Raising a Reader early literacy program; and annual health screenings and referrals. Information was gathered using pre/post surveys, event logs, health survey, and referral logs.

Accomplishments

- Served 30 families in the Parents as Teachers HV program with 378 actual home visits
- Served over 300 preschool children in the Raising a Reader
- Screened 498 children for full immunization at Kindergarten with 459 of them meeting that requirement
- Screened over 450 children for dental, vision, hearing, BMI, and other health services. Additional referrals were needed for less than 100 children

Success Story

This year School Readiness had the amazing opportunity to work with a local optometrist, who has volunteered his time to screen the vision of all of our preschoolers. 20% of the children screened were referred to the eye doctor of their choice for a secondary screening. Of the 99 children referred, SR documented 12 who were prescribed glasses. For one of the preschoolers and her parents the vision exam was a life changing gift. The doctor, using his mobile vision equipment screened her for distance vision and performed a retinoscopy. During that screening he found that her vision was 20/750 in both eyes. Normal vision for a child of three or four can range from 20/20 to 20/40 for distance vision. In adults, normal is considered 20/20. When he finished the exam, he asked our Cedar Lane liaison, to tell the mom the details of the exam. Veronica told the doctor that she would bring mom over to talk to him later in the day when she came to pick her daughter up from preschool. Doctor had a conversation with mom, and then checked mom's eyes as well to rule out a hereditary problem. Mom's eyes checked out fine. At that point the doctor was finished at school for the day and asked mom to bring her child to his medical office for an exam that day. He told me later that it was too serious a problem to NOT see her immediately. He said that she could only see about 12 inches in front of her, and was thrilled she had been at school for the screening. Since then, our little girl with the challenging vision problem has gotten glasses, pink, and is doing well, and getting used to her new glasses. Dad told me he tries to test her to make sure she can see and she passes every time. A new adventure awaits her every day that she wears them, and we have our wonderful program to thank for that.

2015 -2016 Budget \$125,000

100% utilization

Summary of Result Area - Improved System of Care

Service Area	Program	2015-16 Accrued Expenditures
Policy and Broad System Change	Early Developmental Screening and Intervention Initiative	\$13,573
Public Education and Information	First 5 Mini Grant Program First 5 Sponsorship Program	\$43,547

Policy and Broad System Change Early Developmental Screening and Intervention Initiative



The Early Developmental Screening and Intervention (EDSI) Initiative was born out of an Advisory Committee proposal to implement an early developmental screening system in Yuba County to strengthen the existing care system for children. Through a review of screening models and meetings with community organizations collaboration emerged between First 5 Yuba County and Yuba County Public Health. EDSI was formally adopted by the Commission in December 2015.

The national Help Me Grow (HMG) model was discussed as an essential component to strengthen countywide resources. HMG does not provide direct services but serves as a connecting point to improve access to existing community resources⁷. It is designed to build collaboration across child health care, early care and education and family functioning. This made it a perfect fit with the overall goals of First 5 Yuba County.

Through EDSI a system is being established to identify children with delays as early as possible and connect them with the appropriate and effective services and interventions. Systems like this have proven to boost the child's success and reduce health and education system costs.

Accomplishments

- Applied for and was granted status as a Help Me Grow Affiliate
- Acquired Community *Champions* to act as the HMG Yuba Leadership Team
- Identified vendor for HMG contact tracking

2015 -2016 Budget \$20,000

68% utilization

⁷ <http://helpmegrownational.org/pages/what-is-hmg/what-is-help-me-grow.php>

Public Education and Information Mini Grants

Mini grants range between \$1,000 and \$5,000 and are available to individuals, groups, government agencies, community based organizations, licensed child care providers, associations, health care organizations, corporations, nonprofit and for-profit organizations. Projects must focus on one of the four result areas (improved child health, child development, family functioning and systems of care). Grant recipients were required to complete a final project report describing any barriers encountered and if, and how, they overcame those barriers; any significant achievements; and story or example of how their funded project or activities had a positive impact on the children and families they serve.

In 2015-16 First 5 Yuba funded seven (7) new grants and extended one from the previous fiscal year. The extended grant was aimed at preventing accidental poisoning by educating children, families, and caregivers about the abuse of prescriptions drugs. It also provided families with medicine lock boxes. The projects included a drowning prevention program, scholarships to Playzeum for low income families, purchasing additional items for the YCOE Family Resource Center lending library, allowing and allowed an ECE instructor to complete additional training through the Napa Infant Parent Mental Health Fellowship.

2015 – 2016 Mini Grant Recipients

Program	Provider
Prescription Drug Awareness	Mid-valley Recovery/Pathways
Happy the Otter Drowning Prevention	Butchie’s Pool
Road to Readiness	CCP
First 5 Family membership	Playzeum
Yuba Co. Schools Children’s Bereavement Program Extension	Sutter North Hospice
YCOE –FRC Lending Library	Yuba County Office of Education
Napa Infant-Parent Mental Health Fellowship	Maris Wagener, Yuba Community College
Healthy Food for Low Income	Yuba Sutter Gleaners

Success at Road to Readiness *Items are well used by infant/toddlers, preschoolers, and by the transitional and traditional kindergarteners, with a system in place for tracking the, “who, when and how” of such use. From helmets and safety, to following the road course and signs to go shopping for fruit at the fall farmers fruit stand (set up in the cafeteria and taking turns being shopper and farmer), to just plain fun, the new equipment’s a big hit. We’ve got ideas to spare on how to use our equipment and not enough words to express our gratitude for the grant that made them possible.*

Success at Lending Library: *During a home visit a parent was eager to share how her 2 year old could repeat the animal sounds from the wooden animal farm puzzle they borrowed. Mom said it was her child’s favorite toy. As staff listened to this mom share her story it the benefits of this program became clear. Empowering families to “play” with their child creates opportunities for all engaged to develop language, learn concepts and enrich family environments.*

Public Education and Information Community Education Outreach and Sponsorship

Through this area First 5 Yuba County provides stipends to individuals, groups, government agencies, community based organizations, licensed child care providers, associations, health care organizations, corporations, nonprofit and for-profit organizations. Stipends are usually \$750 but on occasion may be up to \$1,000. Recipients are asked to complete a post activity report describing the event, feedback from attendees, challenges they encountered and how they overcame them.

For 2015 -2016 the CEOS program supported the following projects:

- Family Enrichment opportunities through Yuba County Friends of Drug Court. These opportunities included one to one grocery shopping to teach parents how to make better nutrition choices, passes to Playzeum and other recreational outings
- Panacea Circle through CORE Camptonville Academy. This sponsorship provided materials for students to sew baby blankets and beanies that were then provided to Yuba County Public Health to give to families in need
- Keys to Quality Conference through the Child Care Planning Council of Yuba and Sutter Counties. This conference allowed 146 ECE providers to receive training on best practices and the importance of continuous quality improvement
- Assisted LCSW with Family SOUP to gain additional education in Sand Play Therapy. This provided continuing education for the therapist who has been successfully utilizing this method for several years with First 5 Yuba population
- Sponsored the 2016 Baby Fair hosted by Yuba County Maternal Child Adolescent Health which is part of the Yuba County HHSD, Public Health Division. This assisted with providing age appropriate developmental toys for families and providing a photo booth for families to enjoy. The event was a huge success for parents and partner organization alike
- Supported Tri Counties Breast Feeding Alliance in completing the process to become a 501(C) 3 non-profit. They were granted non-profit status as an educational entity in January 2016

Public Education and Information KVIE – Ready to Learn



Ready To Learn is a nationwide effort using free universally available children’s educational television, online and print resources, and community outreach to help parents and educators prepare young children for success in school. Ready To Learn is funded in part by the Corporation for Public Broadcasting and the California Department of Education⁸. Ready To Learn taught parents how to take an idea and teach it to their children through viewing, reading and activity. First 5 Yuba participated as a Community Partner. KVIE provided workshop materials and training and F5Y provided a workshop facilitator. Parents were asked to completed post workshop surveys rating the overall experience, what they learned, and what they might use with their family.

Accomplishments:

- During the year 6 workshops were held throughout the area
- Workshops were available as part of Kinship Care program
- Workshops covered a variety of topics including Math and Science
- Workshops focused on teaching parents to positively interact with their children

Success Stories

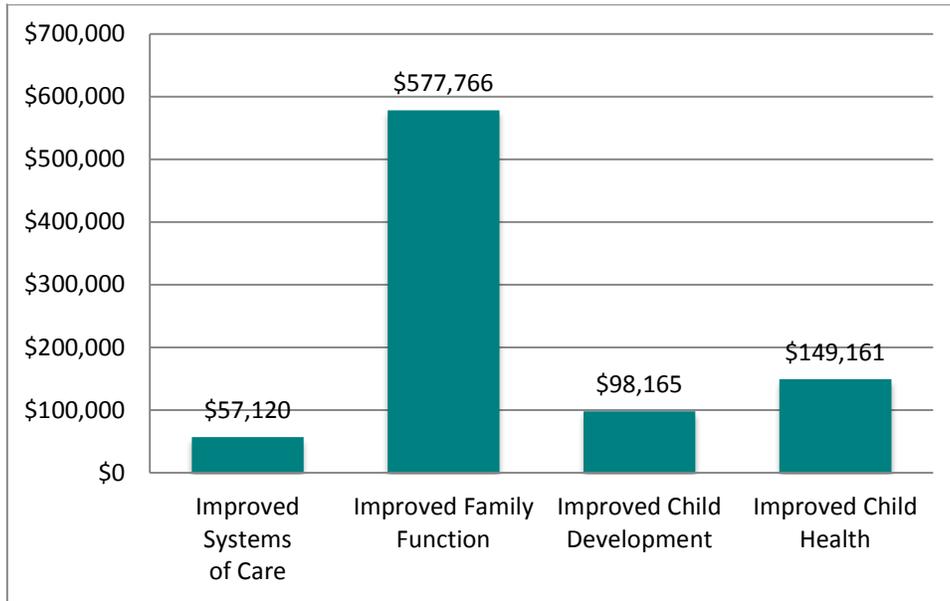
From the parents – It helped parents realize they aren’t alone, “this parenting thing doesn’t come with a how to guide” and when parents feel support from not only First 5 but other members of the community who are attending the workshops they feel empowered that they are making good choices for their little ones.

From the facilitator – Something I enjoyed brining to my workshops was an activity that the parents could take home to their children so they could practice what they learned right away. For example, for the Science workshop I included a science project of carnations and colored water. Each parent took home a worksheet on KVIE programs that would teach their children about various sciences, a community guide with little to no cost locations in our community and its surrounding areas that focus on science and nature, a book that went along with the curriculum, and a white carnation with a mini bottle of colored water for each child in their home.

⁸ <http://www.kvie.org/about-us/what-we-do>

Financial Reports

Commission Priority Focus Area	Cost Allocation
Improved System of Care	\$57,120
Improved Family Functioning	\$577,766
Improved Child Development	\$98,165
Improved Child Health	\$149,161



Total Revenues and Expenditures

BEGINNING YEAR FUND	\$2,911,899
Proposition 10 Tobacco Tax	\$851,978
County Interest	\$21,893
Other Funds	\$2,856
Total Revenue	\$876,727
Program Expenses	\$989,187
Administrative Expenses	\$128,924
Evaluation Expenses	\$93,150
Total Expenditures	\$1,211,261
END OF YEAR FUND	\$2,577,365

2015 -2016 Community Partners

Butchie's Pool Little Otters Swim Program
Camptonville Community Partnership 1, 2, 3 Grow
Child Care Planning Council of Yuba and Sutter Counties CARES Plus
Family SOUP Special Needs Project
Fusion Kids, Inc. Parent Preschool Co-op
Harmony Health Family Resource Center
Marysville Joint Unified School District, School Readiness Program
Marysville Joint Unified School District Happy Toothmobile Dental Clinic
Sutter North Hospice Children's Bereavement Program
The Salvation Army's Depot Family Crisis Center Children's Program
Yuba County Health and Human Services, Public Health Car Seat Safety Program
Yuba County Public Works Department Recreation Scholarship Program
Yuba County Library Family Literacy Program
Yuba County Office of Education Special Education, Child Development Behavioral
Consultation Program
Yuba County Office of Education Special Education Family Resource Center Gas
Card/Voucher Program
Yuba Feather Community Services Ponderosa Park Renovation Program

***Thank you for the invaluable services and programs offered to our
community's youngest members and their families.***



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