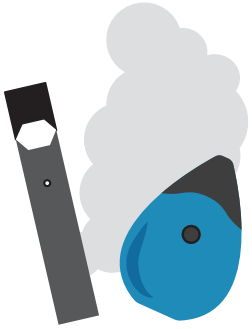


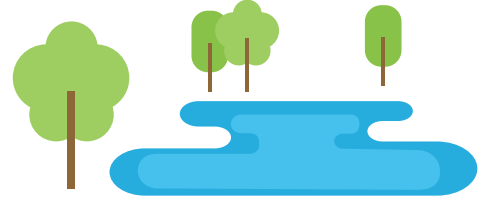
Keep Yuba County Parks Healthy & Clean

YUBA COUNTY RESIDENTS OFTEN SEE PEOPLE SMOKING AND VAPING AT LOCAL PARKS



E-cigarette aerosol is **NOT** harmless “water vapor”—it contains nicotine and toxic chemicals that can cause cancer, heart disease, and lung damage.

SECONDHAND SMOKE IS **UNHEALTHY** EVEN **OUTDOORS**



YUBA COUNTY STAFF FOUND HUNDREDS OF CIGARETTE BUTTS LITTERED IN SIX PARKS IN MARYSVILLE

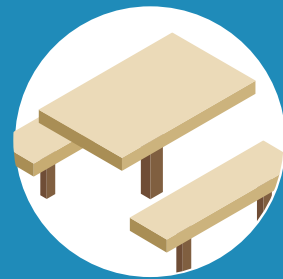
Common areas litter was found:



CHILDREN'S PLAYGROUNDS



WALKWAYS



PICNIC TABLES AND BENCHES

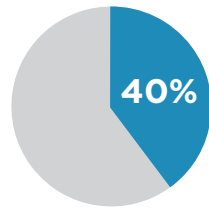


CIGARETTE BUTTS
ARE THE
MAIN SOURCE OF LITTER IN PARKS
CITIES SPEND
THOUSANDS OF DOLLARS
CLEANING UP TOBACCO WASTE

» Cigarette butts cause thousands of fires every year.



REPORTS OF MARIJUANA SECONDHAND SMOKE EXPOSURE ARE RISING IN CALIFORNIA



40% OF CALIFORNIA ADULTS
—REPORT EXPOSURE TO—
SECONDHAND MARIJUANA SMOKE
—ALMOST DOUBLING IN TWO YEARS—

» Marijuana secondhand smoke is harmful just like cigarette smoke. It has many of the same toxic chemicals that can cause cancer and other illnesses.

» People who do not smoke marijuana report feeling the effects of secondhand marijuana smoke. Also, the active ingredient THC, can be found in their blood and urine.

THERE IS STRONG COMMUNITY SUPPORT FOR SMOKE-FREE POLICIES

In a recent survey of Yuba County residents

93%

believe reducing secondhand smoke at community parks is important.

85%

support policies to make Yuba County parks tobacco-free.

72%

agreed that e-cigarettes and vaping devices should not be used in Yuba County Parks.

HOW ARE SMOKE-FREE POLICIES ENFORCED?



- » Education and signage are used to let people know where they can and cannot use tobacco.
- » Citations can be issued, but most people follow the rules when they know them.

THERE IS NO SAFE LEVEL OF EXPOSURE TO SECONDHAND SMOKE

For more information on how you can help, please contact:

(530)749-6366

hhsd_tobacco@co.yuba.ca.us

Sources:

1. Yuba County Tobacco Education Program. Park Observation Survey. 2018.
2. Yuba County Tobacco Education Program. Public Opinion Surveys. 2017.
3. California Department of Public Health. Online California Adult Tobacco Survey. 2018.
4. Holitzki, H, et al. Health Effects of Exposure to Second- and Third-hand Marijuana Smoke: A Systematic Review. CMAJ Open. 5.4 (2017): E814-22.



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