

## For Yuba Sutter Families With Children Ages 0-7

**"The No Parent &  
The Yes Parent"**

**Finding the Balance  
Between  
Kind and Firm**

29 September

**Oopsies & Bloopers:**

**Understanding the  
Stages That Affect  
Children's Behavior**

6 October

**Why We Sometimes  
Lose Our Cool:**

**Brain Basics You Can  
Teach Your Kids**

13 October

**"Going From Chaos  
to Calm"**

**Brain Strategies to  
Soothe and Connect**

20 October

**"I've Told Them a  
Thousand Times"**

**Help Your Child  
Listen to Learn &  
Learn to Listen**

27 October

**"He Hit Me,  
She Took My Toy"**

**Coaching Your  
Children Through  
Sibling Squabbles**

3 November

**My Shirt is Scratchy  
& My Socks Are  
Too Tight**

**Supporting The 8  
Senses That Affect  
Behavior**

10 November

# ZOOM POSITIVE DISCIPLINE 2021

With: Thelma Amaya, MSW & Jennifer Ybarra  
Join any week Wednesdays 1:00PM to 2:30PM

Earn a certificate of participation after every 4 sessions

**Life Hacks for  
Living with Little  
Ones:**

**Our Favorite Tips  
and Tricks**

17 November

For more information call 749-4040 or 530-301-1654

### Registration Options

Scan QR code with your phone's  
camera app or click on/enter this link  
address to get to the registration page

<https://tinyurl.com/fall21pd>

